

**Supplementary file 1 MMAT Quantitative Quality Appraisal (descriptive)**

Table 1. Listing the appraised quantitative studies using the MMAT tool

Study no.* ↓	Category →	4.1	4.2	4.3	4.4	4.5
1		Yes	Yes	Yes	Yes	Yes
2		Yes	Yes	Yes	Yes	Yes
3		Yes	Yes	Yes	Yes	Yes
7		Yes	No	Yes	Yes	Yes
9		Yes	No	Yes	Yes	Yes
10		Yes	No	Yes	No	Yes
11		Yes	No	Yes	No	Yes
12		No	Yes	Yes	Yes	Yes
15		Yes	Yes	Yes	Yes	Yes
16		Yes	No	Yes	No	Yes
18		Yes	No	Yes	No	Yes
19		Yes	Yes	Yes	Yes	Yes
20		Yes	Yes	Yes	No	Yes
21		No	Yes	Yes	No	Yes
22		Yes	Yes	Yes	No	Yes
27		Yes	No	Yes	No	Yes
Total:		14/16	10/16	16/16	8/16	16/16
*study number equates to study no in extraction table						

Figure 1. Representing the assessed quality of appraised quantitative studies

