


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Our Changing Relationship with Tech

As the new year begins Click looks at our changing relationship with technology and how it might evolve in the coming year. We've moved from tech worship to tech fear. Can we learn how to manage our technology and learn to evolve with it?

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Click discusses how much time we spend with technology and what some organisations know about us - should we all consider a data detox programme in the New Year?

Biometrics and AI are beginning to develop into everyday tech - are we ready to deal with the benefits and the potential problems these may bring?

Producer: Ania Lichtarowicz

Image: Digital detox data tunnel

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