

1 **Shade trees: a determinant to the relative success of organic**  
2 **versus conventional coffee production**

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29 **Abstract**

30 Greater understanding of the influences on long-term coffee productivity are needed to develop systems  
31 that are profitable, while maximizing ecosystem services and lowering negative environmental impacts.  
32 We examine a long-term experiment (15 years) established in Costa Rica in 2000 and compare intensive  
33 conventional (IC) coffee production under full sun with 19 agroforestry systems combining timber and  
34 service tree species with contrasting characteristics, with conventional and organic managements of  
35 different intensities. We assessed productivity through coffee yield and coffee morphological  
36 characteristics. IC had the highest productivity but had the highest yield bienniality; in the agroforestry  
37 systems productivity was similar for moderate conventional (MC) and intensive organic (IO) treatments  
38 (yield 5.3 vs 5.0 t/ha/year). Significantly lower yields were observed under shade than full sun, but coffee  
39 morphology was similar. Low input organic production (LO) declined to zero under the shade of the  
40 non-legume timber tree *Terminalia amazonia* but when legume tree species were chosen (*Erythrina*  
41 *poepiggiana*, *Chloroleucon eurycyclum*) LO coffee yield was not significantly different than for IO. For  
42 the first 6 years, coffee yield was higher under the shade of timber trees (*Chloroleucon* and *Terminalia*),  
43 while in the subsequent 7 years, *Erythrina* systems were more productive, presumably this is due to  
44 lower shade covers. If IC full sun plantations are not affordable or desired in the future, organic  
45 production is an interesting alternative with similar productivity to MC management and in LO systems  
46 incorporation of legume tree species is shown to be essential.

47

48 Keywords: Agroforestry systems; Coffee yield; Coffee morphology; Sustainable production; Shade  
49 trees; Biennial bearing

50

## 51 **1 Introduction**

52 Conventional coffee management under full sun conditions has been promoted over agroforestry  
53 and/or organic practices, due to the belief that it yields higher coffee production (Beer et al. 1998; Haggar  
54 et al. 2011). This gain in productivity has been achieved by the high use of external inputs of  
55 agrochemicals, shortcutting ecological cycles (Haggar et al. 2011) which contributes to environmental  
56 pollution, degradation of soils (DaMatta 2004) and health hazards e.g. nitrate in waste water (Tully et al.  
57 2012). These high inputs, moreover, generate a high annual cost that cannot easily be reduced leading to  
58 greater vulnerability of coffee farmers to the volatile international coffee market (Haggar et al. 2011). In  
59 general, organically grown coffee was reported to yield lower than conventional on coffee farms in Costa  
60 Rica, but a subgroup of farms showed a similar or even higher productivity (Lyngbæk et al. 2001). Our  
61 first hypothesis is therefore, that organic management can be highly productive, under appropriate shade  
62 trees, and with sufficient levels of nutrient inputs.

63 Agroforestry systems as an alternative to full sun production are proposed to have numerous  
64 benefits including protection of soil and water resources (Beer et al. 1998), reduced erosion and nitrogen  
65 leaching (DaMatta 2004; Tully et al. 2012), buffering of climate extremes (Lin 2007), less microclimatic  
66 variation (Gomes et al. 2016), higher carbon storage as well as higher local biodiversity (Tschardt et  
67 al. 2011; Ehrenbergerová et al. 2016) and enhanced resource capture, such as light (Taugourdeau et al.  
68 2014). Legume shade tree species have been also shown to compensate for lower external inputs (Nygren  
69 et al. 2012) and under sub-optimal growing conditions shaded coffee out-produced full sun and had lower  
70 yield bienniality (DaMatta 2004; Vaast et al. 2005). However, competition for growth resources such as  
71 light, water and nutrients (e.g. Beer et al. 1998) can be serious drawbacks for coffee plantations. For  
72 example light limitation led to less floral initiation and lower yields under optimal growing conditions

73 (Beer et al. 1998; Campanha et al. 2004). In contrast, Defrenet et al. (2016) showed a high  
74 competitiveness of coffee roots in the top soil and no negative effect through tree root competition. This  
75 leads to our second hypothesis that coffee productivity will be greater under legume trees compared to  
76 non-legume timber trees or full sun under low-input conditions but not at high inputs.

77 In contrast to yield, vegetative growth can be similar or even higher under shade (Morais et al.  
78 2003; Vaast et al. 2005), which demonstrates different responses of vegetative and reproductive coffee  
79 development to shade. The complex interaction between the tree and coffee component and management  
80 practices on the ecophysiology of coffee has been attempted to be explained through the number of nodes  
81 and lateral growth (Campanha et al. 2004), height and diameter development (Morais et al. 2003; Coltri  
82 et al. 2015) and their relationships to coffee yield (Carvalho et al. 2010), however, these studies were  
83 carried out over short time periods. Coffee crop-models were designed to estimate yield, as a function of  
84 system structure, microclimate and management and require long-term field data for verification (van  
85 Oijen et al. 2010; Rodríguez et al. 2011). However, yield is a labour intensive and costly variable to  
86 assess, long-term observations are scarce and alternatives are required. Our third hypothesis is that coffee  
87 yield and coffee morphology may change along time with the development of the shade trees: hence  
88 extensive long-term data on coffee yield, coffee morphological characteristics, their relationships, as well  
89 as proxies for yield would be extremely useful and are currently lacking.

90 In the search for more ecologically and economically sustainable coffee production, the Centro  
91 Agronómico Tropical de Investigación y Enseñanza (CATIE) and local partners in Costa Rica  
92 established a long-term coffee experiment in 2000 using both conventional and organic managements of  
93 different intensities in plantations under full sun and under the shade of timber and service tree species  
94 with contrasting characteristics (e.g. legume vs non-legume). The aim was to determine what levels of

95 shade and which species characteristics were beneficial for different types and levels of agronomic  
96 inputs.

97 Therefore, in the present study we review current field data from the trial at CATIE and aim to 1)  
98 explain the impact of shade and management treatments on coffee yield and coffee plant morphology up  
99 to 15 years after planting and to 2) explain the interaction between reproductive and vegetative coffee  
100 components using relationships between yield, morphological characteristics, pruning and shade cover.  
101 In addition, we aim to develop general recommendations for coffee agroecosystems that sustain yields  
102 over time whilst reducing external impacts as far as practically possible.

## 103 **2 Materials and methods**

### 104 2.1 Experimental design

105 The experiment was established in 2000 at CATIE (Tropical Agricultural Research and Higher  
106 Education Center), Turrialba, Costa Rica (9°53'44'' N, 83°40'7'' W, CATIE, Turrialba, Costa Rica),  
107 which is defined as a low altitude (600 m.a.s.l), wet coffee zone without a marked dry season. Average  
108 annual rainfall, temperature, relative humidity and solar radiation were 2,915 mm yr<sup>-1</sup>, 22°C, 90.2 % and  
109 15.9 MJ m<sup>-2</sup> d<sup>-1</sup> (2000-2013, metrological station of CATIE, Turrialba, Costa Rica).

110 Twenty systems with different “shade types” and “managements” consisting of an incomplete  
111 randomized block-design with shade type as main effect and subplots represented by management were  
112 set up (Table 1). For each system, three replicates were established. Shade type (initially 417 trees per  
113 ha<sup>-1</sup> (6m x 4m spacing)) consisted of timber and service tree species with contrasting characteristics  
114 (Table 2). Trees were progressively thinned to maintain a reasonable shade environment for coffee  
115 production (Table 3).

116

117 **Table 1** Agroforestry systems with main plot (shade type) and subplot (management) treatments.

Shade types *	1	2	3	4	5	6	7
	E	T	C	C+T	E+T	C+E	Full Sun
Managements **	IC	IC				IC	IC
	MC	MC	MC	MC	MC	MC	MC
	IO	IO	IO	IO	IO	IO	
	LO	LO				LO	

118 \* *E: Erythrina poeppigiana*, *C: Chloroleucon eurycyclum*, *T: Terminalia amazonia*; \*\* *IC: Intensive conventional*,

119 *MC: Moderate conventional*, *IO: Intensive organic*, *LO: Low organic*; (n=3)

120

121 **Table 2** Characteristics of shade trees, adapted from Hagggar et al. (2011).

Species	Phenology	Canopy	N-fixer	Use
<i>Erythrina poeppigiana</i> (E)	Evergreen	Low compact	Yes	Service
<i>Chloroleucon eurycyclum</i> (C)	Deciduous *	High spreading	Yes	Timber
<i>Terminalia amazonia</i> (T)	Deciduous *	High compact	No	Timber

122 \* *deciduous for about 20-30 days per year*

123

124 **Table 3** Mean shade tree density after thinning.

Agroforestry system		Tree density per ha <sup>-1</sup>		
System	Tree species	2008	2011	2013
Monocultures				
E	E	360	285	241
C	C	381	154	65
T	T	317	167	73
Polycultures				
C+E	C	183	100	45
	E	181	134	115
C+T	C	166	77	39
	T	170	77	34
E+T	E	147	143	109
	T	158	81	34

125

126 Intensive conventional (IC) *Erythrina* trees were biannually pollarded to a 1.8-2.0 m main trunk. Whilst

127 this is normal practice in Costa Rica, Muschler (2001) found that coffee quality benefited from increased

128 *Erythrina* shade levels, therefore, for all the other treatments with *Erythrina*, trees were pollarded to 4 m  
 129 leaving three branches for partial shade. Temporary shade was planted in form of *Ricinus* in organic  
 130 treatments, a year after the coffee plants, to improve coffee plant survival and impede weed growth.  
 131 Lower branches of the timber trees were pruned annually (year 1-7) to improve stem quality. In all  
 132 pruning scenarios, pruning residuals from coffee trees and shade trees were left on the ground (trunks  
 133 were removed). Management consisted of fertilization, weed, disease and pest control, detailed in Table  
 134 4.

135

136 **Table 4** Mean input levels of fertilizers, weed, disease/pest control since 2006, adapted from Haggar et  
 137 al. (2011); Nojonen et al. (2012).

Management	Fertilization N:P:K **	Weed control	Disease/Pest control
IC	287:20:150	6* Herbicides	3-4* Fungicides/ Insecticides
MC	150:10:75	5 Herbicides	1-4 Fungicides/ Insecticides as required
IO	248:205:326	4 Manual	Organic substances as required
LO	66:2:44	4 Manual	No

138 \* Number of treatments applied per year.

139 \*\* Fertilization levels ( $\text{kg ha}^{-1} \text{ yr}^{-1}$ ) are 7 year means (2003-2009), from the second to fourth year LO systems received  
 140 the same fertilization as IO ones, due to the site limitations that did not allow organic coffee to establish effectively  
 141 with lower inputs. IO fertilisation: chicken manure  $10 \text{ t ha}^{-1} \text{ yr}^{-1}$  and Kmag  $100 \text{ kg ha}^{-1} \text{ yr}^{-1}$ ; LO fertilisation: Coffee  
 142 pulp  $5 \text{ t ha}^{-1} \text{ yr}^{-1}$

143

144 *Coffea Arabica* L. var. Caturra, was planted at 5000 holes ha<sup>-1</sup> with dead plants replaced each year.  
145 Two plants per planting hole were planted (local practice) but were treated as one plant in every analysis.  
146 The distance between rows and holes were 2 m and 1 m. Sub-plots were 500-600 m<sup>2</sup> of which the central  
147 300-225 m<sup>2</sup> was studied (100 coffee plants and 24 shade trees). Coffee plants were manually pruned  
148 from 2004 leaving 1-4 resprouts per stump, according to the productive potential of each resprout. Every  
149 coffee planting hole thus comprised 1-2 stumps and a total of 1-4 resprouts per stump.

## 150 2.2 Coffee yield and pruning intensity

151 Annual coffee yield (2002-2014) was measured by weighing fresh coffee cherries harvested per  
152 plot. Bienniality (BI) of coffee yield, an index for the intensity of the difference between two successive  
153 years, was as per Cilas et al. (2011) with modifications.

$$154 \quad BI = |y_2 - y_1| + |y_3 - y_2| + \dots + |y_n - y_{n-1}| / N$$

155 *Where: y<sub>i</sub> coffee yield (y) for year i; N Total number of years*

156

157 In each treatment plot, the cumulative percentage of totally and partially (some resprouts only)  
158 pruned coffee resprouts was recorded annually (2004-2014).

## 159 2.3 Coffee morphology

160 Coffee resprout height (H) (from the soil surface to the top), diameter (D) and the total number of  
161 branches (TB) was measured (2002, 2014). In 2014, the number of productive branches (PB) (>60 %  
162 living tissue) was also measured. D was measured 5 cm above the intersection with the main stump or  
163 10 cm above the ground if there was no pruning. Resprout variables (without stump and roots) were  
164 measured as they are the productive fraction of the coffee plant. Twenty-four coffee plants, equally



165 spaced, were selected in each plot in 2002, while twenty-six coffee plants were measured in 2014. The  
166 highest resprouts were measured up to a maximum of 4 resprouts for each planting hole. The highest  
167 resprout was defined as the dominant one, the rest of resprouts were regarded as secondary ones. The  
168 variables of dominant and the average of secondary resprouts were recorded separately per plot and  
169 finally averaged to create one single morphological variable.

#### 170 2.4 Shade cover

171 Absolute and average shade cover (%) over seven months per plot was estimated monthly (January  
172 2014 – August 2014, without May) using a densiometer, following Lemmon (1956). Four measurement  
173 points equally spaced, were selected along with the East-West diagonal of each plot. Shade cover was  
174 recorded in each detecting point from four directions (North, South, West and East).

#### 175 2.5 Statistical analysis

176 Data was analysed using mixed linear models (LMM) for a block-design with 3 repetitions,  
177 treatments as fixed effect and blocks as random effect. In case of repeated measurements, years and the  
178 interaction between treatments and years were incorporated as fixed effects. Heteroscedasticity was  
179 modelled through variance functions. The model presenting the lowest AIC was chosen in all analysis.  
180 The experimental design consisted of shade types as main plot and subplots represented by managements  
181 but with an unbalanced structure due to not all managements being represented under all shade types  
182 (Table 1). Therefore, specific pre-planned contrast models were used to test for shade type and  
183 management effects (Haggar et al. 2011), (Table 5).

184 Linear regression analysis was used to explore the relationships between coffee yield, yield  
185 bienniality, coffee pruning intensity (%), coffee morphology and shade cover (%). Data was compared

186 at the end of the observations (2014) for regressions including morphological variables and/or shade  
 187 cover (%). For variables with repeated measurements, values integrated over the whole time span (2002-  
 188 2014) were used. For all linear regression analysis, mean values per treatment were used. Normality and  
 189 homogeneity of variance were tested and, if necessary, data was log-transformed. INFOSTAT (Di  
 190 Rienzo et al. 2011) was used for statistical analysis with a significance level of  $\alpha = 0.05$ .

191

192 **Table 5** Principal contrasts used in the analysis of shade type and management effects.

Contrast	Treatments compared
<b>Management</b>	
IC vs. MC	IC(FS, E, T, CE) vs. MC(FS, E, T, CE)
MC vs. IO	MC(E, T, C, CE, CT, ET) vs. IO(E, T, C, CE, CT, ET)
IO vs. LO	IO(E, CE) vs. LO(E, CE)
IC vs. IO	IC(E, T, CE) vs. IO(E, T, CE)
<b>Shade type</b>	
Full sun vs. shaded	FS(IC, MC) vs. E(IC, MC) + T(IC, MC) + CE(IC, MC)
<i>Erythrina</i> vs. full sun*	E(IC, MC) vs. FS(IC, MC)
Service vs. timber	E(MC, IO) vs. T(MC, IO) + C(MC, IO) + TC(MC, IO)
Legume timber vs. non-legume timber	C(MC, IO) vs. T(MC, IO)

193 \* *Erythrina* was regarded as a low canopy tree with low shade cover and compared with full sun (FS).

## 194 **3 Results**

### 195 3.1 Coffee yield and pruning intensity

196 Coffee yield and coffee pruning intensity were significantly different between treatments  
 197 ( $p < 0.0001$ ) and between years ( $p < 0.0001$ ). Integrated mean coffee yield was significantly higher under  
 198 IC than under MC or IO managements, with 30 % and 31 % lower yields, respectively (Table 6). No  
 199 significant difference could be found between MC and IO treatments (mean yield 5.3 and 5.0 t/ha/year)  
 200 (Table 6). The integrated mean pruning (%) of coffee plants was significantly higher under IC compared  
 201 to MC while the difference between IC and IO was not significant (Table 6). Mean coffee yield of LO

202 management was not significantly different from IO, under the shade of the legume tree species *Erythrina*  
 203 (E) and *Chloroleucon* (C) (Table 6). The yield of LO under the timber species *Terminalia* (TLO) began  
 204 to fail in 2008 and collapsed totally in 2010 (Fig. 1 (c)).

205

206 **Table 6** Contrast results for the variables integrated coffee yield (t ha<sup>-1</sup> year<sup>-1</sup>), bienniality index (BI) of  
 207 coffee yield, integrated pruning (%) and shade cover (%). Values are presented as mean, standard error  
 208 of the contrast difference (S.E.D) and significance of the difference (p-value). P-values < 0.05 are printed  
 209 in bold.

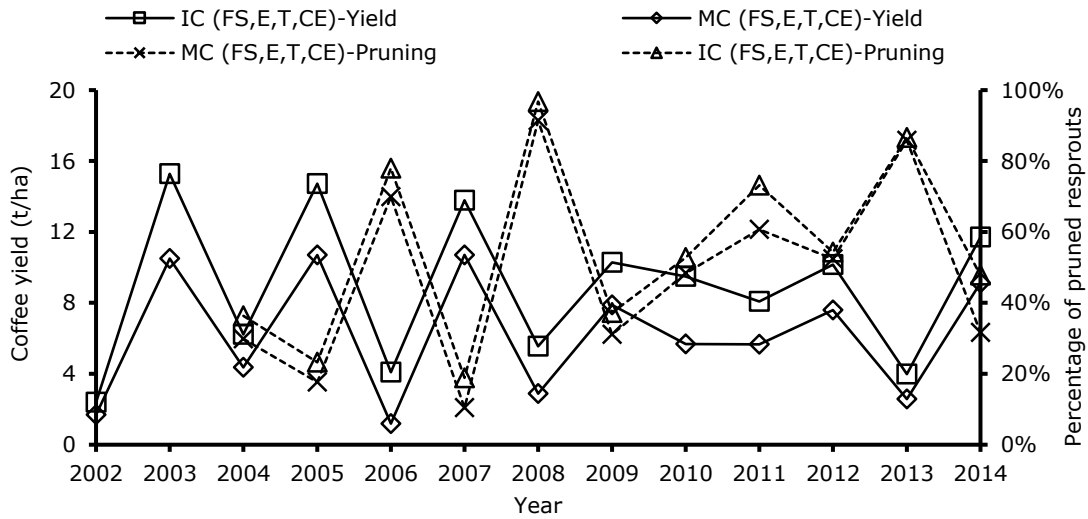
Contrast	Coffee yield			BI yield			Pruning			Shade cover		
	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value
Managements												
IC vs MC	8.9			7.2			55.0			37.2		
	6.2	0.6	< <b>0.0001</b>	6.0	0.5	<b>0.0240</b>	48.1	2.4	<b>0.0035</b>	40.4	2.7	0.2417
MC vs IO	5.3			5.7			49.4			45.9		
	5.0	0.3	0.3372	4.6	0.4	<b>0.0101</b>	47.9	1.9	0.4589	46.1	1.9	0.9074
IO vs LO	5.8			4.8			49.1			32.6		
	4.8	0.6	0.1048	3.8	0.7	0.1720	44.8	3.2	0.1831	33.7	3.3	0.7422
IC vs IO	8.1			6.8			55.2			37.2		
	5.6	0.6	<b>0.0002</b>	5.1	0.6	<b>0.0051</b>	49.8	2.8	0.0600	38.8	2.7	0.5731
Shade types												
Full sun vs shade	10.4			8.0			53.2			-		
	6.6	0.9	< <b>0.0001</b>	6.1	0.6	<b>0.0022</b>	51.0	2.8	0.4796	-	-	-
Erythrina vs full sun	8.0			6.2			50.1			-		
	10.4	1.0	<b>0.0203</b>	8.0	0.7	<b>0.0165</b>	53.2	3.4	0.3994	-	-	-
Service vs timber	6.5			5.3			47.3			18.4		
	4.8	0.5	<b>0.0012</b>	5.3	0.6	0.9992	49.8	2.7	0.3703	56.0	2.7	< <b>0.0001</b>
Legume timber vs non-legume timber	4.9			4.8			51.0			63.1		
	5.0	0.6	0.8888	5.9	0.7	0.1491	50.8	3.4	0.9953	51.7	3.3	<b>0.0014</b>

210

211 Conventional (IC, MC) and organic treatments (IO, LO) reached their close to maximum  
 212 productivity in 2003 and 2005, respectively (Fig. 1). A biennial bearing pattern could be observed for all  
 213 managements in some years, but fluctuations were stronger for conventional ones. Bienniality index (BI)  
 214 was significantly higher under IC than under MC and IO treatments, with BI being also significantly

215 higher under MC than IO (Table 6). While conventional management showed a clear biennial yield  
 216 pattern in the first 8 years of production, organic coffee yield rose steadily in the first 4 years until  
 217 entering a biennial phase (Fig. 1). From 2009 to 2012 all treatments entered a more stable phase with  
 218 medium yields. Yield bienniality led to higher yields in the conventionally managed treatments in years  
 219 of high yields but in years of low yields similar or even higher yields could be observed in the organically  
 220 treated ones (Fig. 1 (b) and (d)).

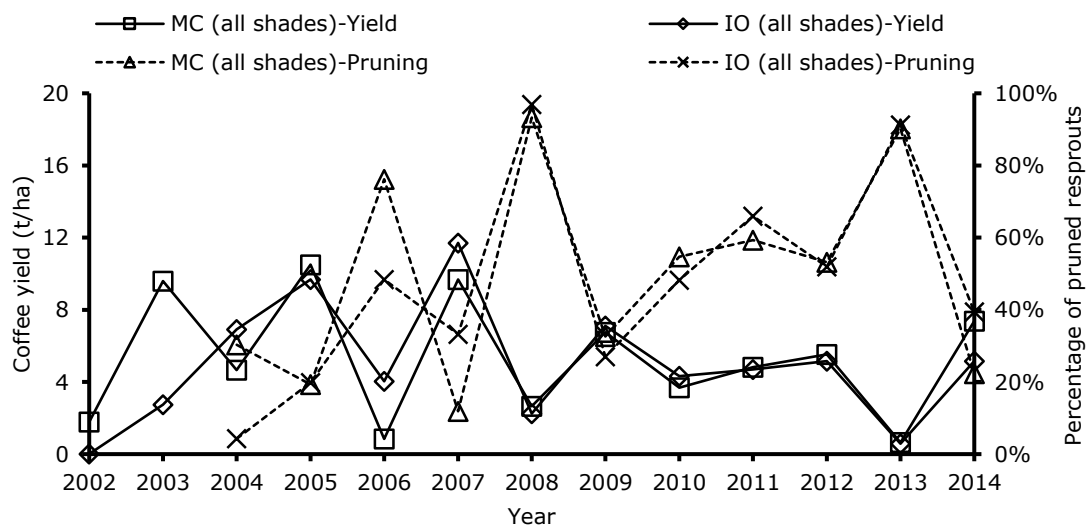
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(a)

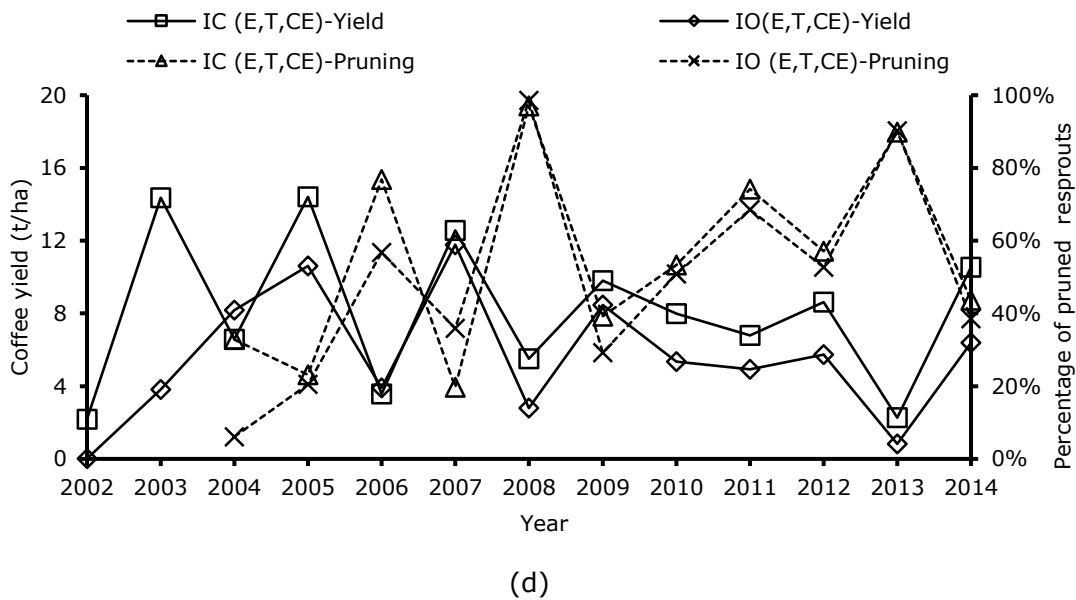
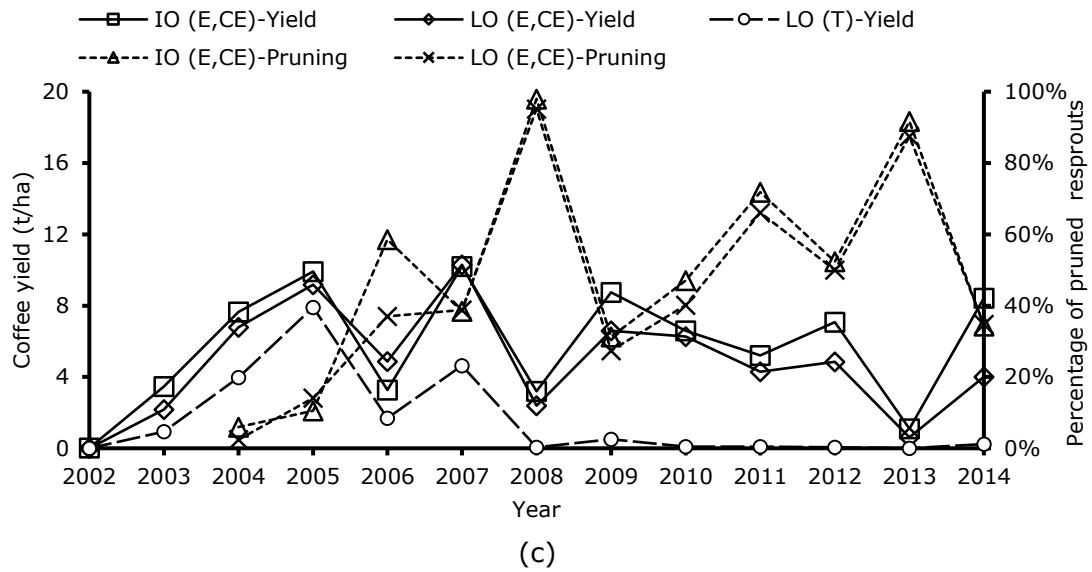


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(b)



231 **Fig. 1** Mean coffee yield and mean pruning intensity (%) of coffee resprouts per year under different  
 232 managements and same shade types. A detailed contrast description can be found in Table 5.

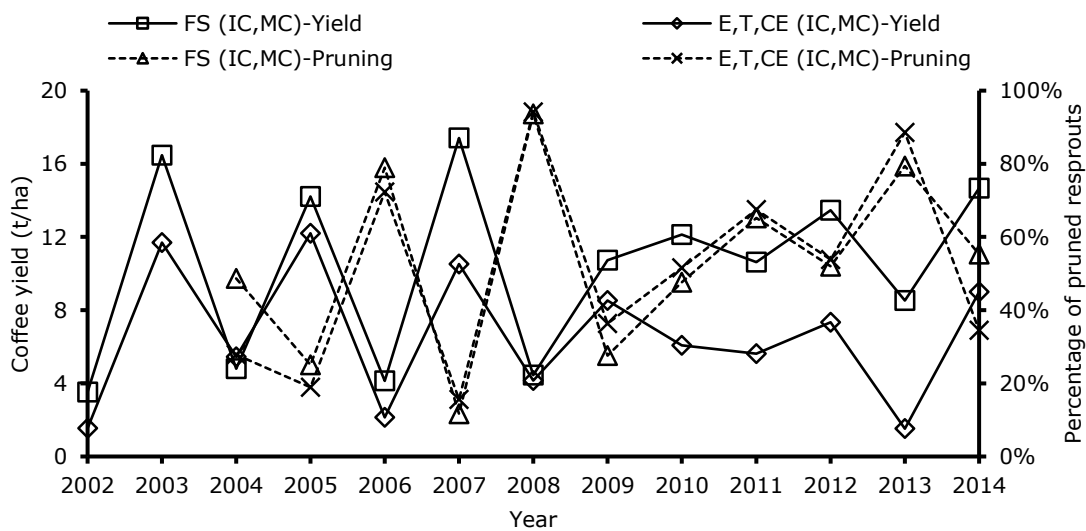
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234 When the different shade types were contrasted under the same managements (Table 5), integrated  
 235 mean coffee yield (over 13 years) was significantly higher under full sun than in the shaded systems,  
 236 with 37 % lower yields under shade (Table 6). Furthermore, coffee under the shade of the service tree  
 237 species *Erythrina* had a significantly higher yield than under the timber species *Chloroleucon* and  
 238 *Terminalia* (26 % lower yield), while still presenting a 23 % significantly lower coffee yield than full

239 sun coffee (Table 6). The integrated mean pruning (%) of coffee plants did not differ significantly  
 240 between the full sun and shaded systems and there was no significant difference for any other shade tree  
 241 combination (Table 6).

242 Shade and full sun coffee began producing high yields in the same years (2002 and 2003) i.e. shade  
 243 type did not affect the onset of production (Fig. 2). Yield fluctuations were larger for full sun coffee  
 244 when compared to shaded systems (Fig. 2 (a) and (b)). In accordance, BI was significantly higher for full  
 245 sun than shade, whereas no significant differences could be detected for BI in between the different shade  
 246 systems (Table 6). Full sun coffee out yielded shade coffee in years of high yields in the biennial phase  
 247 (2002-2009) and in the stable yield phase (2009-2012), while in years of low yields (biennial phase),  
 248 performance of shaded coffee was similar (Fig. 2 (a) and (b)). Furthermore, shade systems with the high  
 249 canopy timber trees (*Chloroleucon* and *Terminalia*) showed a similar or even higher yield than systems  
 250 with the low canopy service tree species *Erythrina* until 2007 but from 2008 onwards systems with  
 251 *Erythrina* appeared to outperform these high canopy systems (Fig. 2 (c)).

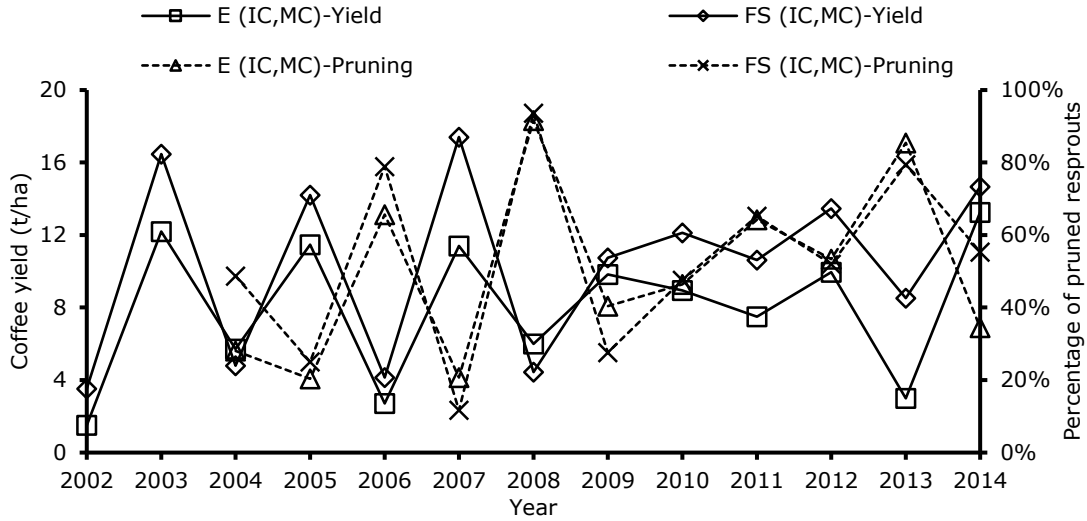
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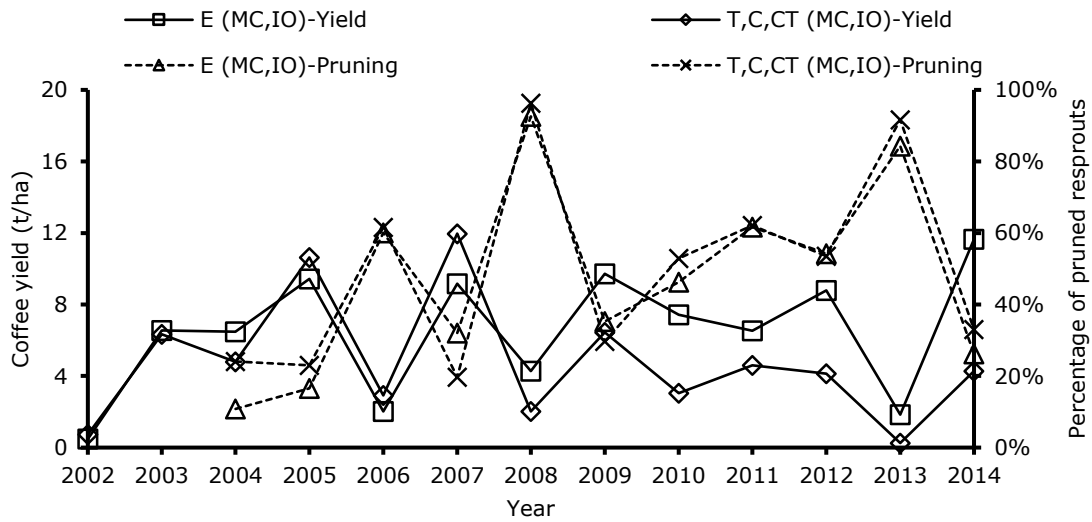
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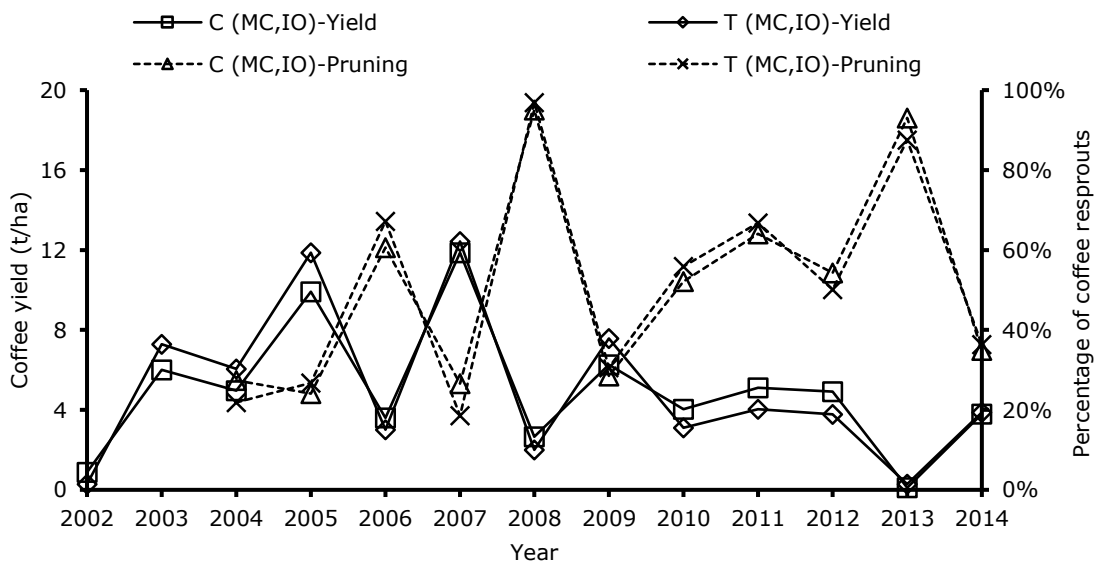
(a)



(b)



(c)



(d)

261 **Fig. 2** Mean coffee yield and mean pruning intensity (%) of coffee resprouts per year under different  
262 shade types and same managements. A detailed contrast description can be found in Table 5.

263

264 Years of high coffee yields were always followed by high pruning intensities in the subsequent  
265 year, especially in the period until 2009 (Fig. 1 and 2). All treatments experienced three drastic falls in  
266 coffee yield (2006, 2008, 2013), especially in 2013 (coffee rust outbreak), that were preceded by very  
267 high pruning percentages in the same year (in February-March) (Fig. 1 and 2). These falls and the  
268 following recovery (2007, 2009, and 2014) were observed in all management and shade systems.

### 269 3.2 Coffee morphology

270 Height (H), diameter (D), total branches (TB) and productive branches (PB) differed significantly  
271 ( $p < 0.0001$ ) between shade and management treatments. Treatment differences depended on the observed  
272 year (2002 or 2014) as shown by the significant interaction of treatment and year for H ( $p = 0.0028$ ), D  
273 ( $p = 0.0001$ ) and TB ( $p = 0.0002$ ). The contrast results for coffee morphology (2002 and 2014) are shown  
274 in Table 7, TLO was excluded as a failed system as most plants were dead in 2014.

275 The only morphological variable in 2002 with significantly higher values under IC compared to  
276 MC was coffee resprout diameter (D), while in 2014 all 4 variables (H, D, TB, PB) had significantly  
277 higher mean values under IC than under MC (Table 7). Moreover, IC treatments led to coffee resprouts  
278 with significantly higher mean values for all 4 variables (H, D, TB, PB) compared to IO treatments in  
279 2002 and 2014 (Table 7). While in 2002 H, D and TB had significantly higher mean values under MC  
280 than IO, no significant difference remained in 2014 (Table 7). In contrast no significant differences  
281 existed between both IO and LO in 2002, while all four variables (H, D, TB, PB) were higher under IO  
282 than LO in 2014 (Table 7).



**Table 7** Contrast results for coffee morphology: The variables height (cm), diameter (cm), N° total branches and N° productive branches for 2002 and 2014. Values are presented as mean, standard error of the contrast difference (S.E.D) and significance of the difference (p-value). P-values < 0.05 are shown in bold.

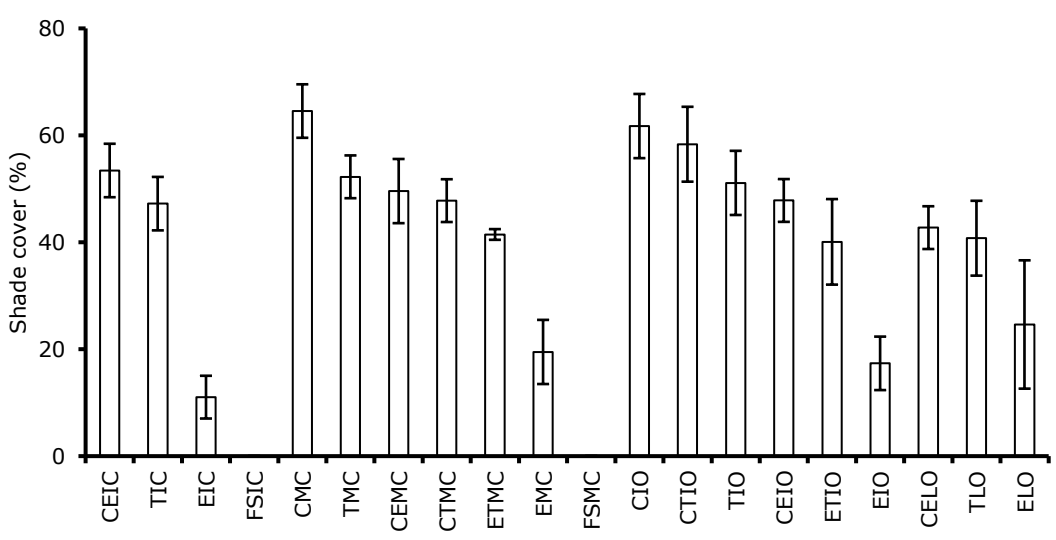
Contrast	Height 2002			Height 2014			Diameter 2002			Diameter 2014			Total branches 2002			Total branches 2014			Prod. branches 2014					
	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value
Managements	103.7	4.2	0.1318	184.3	4.2	<b>0.0002</b>	23.5	1.3	<b>0.0296</b>	22.5	0.8	<b>0.0156</b>	40.1	4.1	<b>0.0696</b>	44.7	1.4	<b>0.0002</b>	42.4	1.1	<b>&lt;0.0001</b>			
IC vs MC	97.4			167.7			20.7			20.6			32.7			39.4			37.0					
MC vs IO	96.4	3.4	<b>&lt;0.0001</b>	164.5	3.4	0.7136	20.1	1.0	<b>&lt;0.0001</b>	20.3	0.6	0.4636	29.9	2.6	<b>&lt;0.0001</b>	38.1	1.2	0.0550	35.7	1.3	<b>0.0307</b>			
IO vs LO	75.1			163.2			13.7			19.9			12.7			35.8			32.9					
	79.8	5.9	0.3093	176.8	5.9	<b>0.0006</b>	15.2	1.8	0.3966	21.3	1.1	<b>0.0026</b>	16.4	3.9	0.6534	39.2	2.1	<b>0.0045</b>	36.9	2.6	<b>0.0021</b>			
IO vs LO	73.8			155.5			13.7			18.0			14.5			33.1			28.4					
IC vs IO	102.3	4.8	<b>&lt;0.0001</b>	183.4	4.8	<b>0.0004</b>	22.9	1.5	<b>&lt;0.0001</b>	22.5	0.9	<b>0.0081</b>	37.1	4.0	<b>&lt;0.0001</b>	44.8	1.6	<b>&lt;0.0001</b>	42.3	1.6	<b>&lt;0.0001</b>			
	77.7			165.6			14.7			20.1			14.8			36.8			33.5					
Shade types																								
Full sun vs shade	106.7	4.8	0.0924	180.1	4.8	0.2626	24.5	1.5	<b>0.0285</b>	21.1	0.9	0.5028	47.2	5.4	<b>0.0098</b>	42.8	1.6	0.5291	41.1	1.2	0.1426			
	98.5			174.7			21.2			21.7			32.9			41.8			39.3					
Erythrina vs full sun	103.3	5.9	0.5582	182.8	5.9	0.6510	21.2	1.8	0.0667	22.6	1.1	0.1589	35.6	6.3	0.0752	45.9	1.9	0.1065	43.7	1.3	<b>0.0489</b>			
	106.7			180.1			24.5			21.1			47.2			42.8			41.1					
Service vs timber	92.1	4.8	0.1138	184.3	4.8	<b>&lt;0.0001</b>	18.9	1.5	0.0874	22.7	0.9	<b>0.0002</b>	26.6	3.9	0.0724	43.4	1.6	<b>&lt;0.0001</b>	41.2	1.4	<b>&lt;0.0001</b>			
	84.3			154.0			16.3			19.2			19.4			34.2			31.2					
Legume timber vs non-legume timber	85.1	5.9	0.6950	155.9	5.9	0.2035	16.9	1.8	0.7562	18.6	1.1	0.8728	20.2	4.3	0.7313	33.7	2.1	0.8976	31.0	2.7	0.5800			
	82.8			148.2			16.3			18.7			18.7			33.9			29.5					

284 When the different shade types were contrasted under the same management (Table 5), no  
 285 significant difference could be found for H, D, TB and PB between full sun and shade in 2014 (Table 7).  
 286 Under the service tree species *Erythrina* coffee resprouts had significantly higher mean values for H, D,  
 287 TB and PB compared to the timber tree systems in 2014 but not in 2012. No significant difference existed  
 288 in both years between systems under the shade of legume timber (*Chloroleucon*) and non-legume timber  
 289 trees (*Terminalia*).

290 3.3 Shade cover

291 Shade cover (%) in 2014 differed significantly ( $p < 0.0001$ ) between the different agroforestry  
 292 systems (Fig. 3). When the different managements were contrasted for the same shade types (Table 5)  
 293 no significant difference was found while significant differences in shade cover existed between the  
 294 shade tree species (Table 6). The service tree species *Erythrina* had a lower shade cover than the timber  
 295 tree species (*Chloroleucon* and *Terminalia*) and their combinations (18.4 vs 56.0 %) (Table 6).

296



297

298 **Fig. 3** Shade cover (% mean ± SD) under the different agroforestry systems in 2014.

299

300 Moreover, shade cover was significantly higher under *Chloroleucon* than under *Terminalia* (51.7  
 301 vs. 63.1 %) (Table 6). In general, shade cover in mixed species systems that incorporated *Erythrina* was  
 302 always lower than in the corresponding timber tree monocultures (Fig. 3).

### 303 3.4 Relationships between coffee yield, morphological characteristics, shade cover and pruning

304 Mean shade cover (2014) per treatment had a significant linear, negative influence on coffee yield  
 305 and on the three morphological variables H, TB and PB (Table 8). Of these models, the one between  
 306 coffee yield and shade cover had by far the best fit ( $R^2$ ). H, TB, PB and to a lesser extent D showed a  
 307 highly significant, positive linear relationship and good model fit with the log-transformed mean coffee  
 308 yield per treatment in 2014 (Table 8). There were no significant relationships between the morphological  
 309 variables and pruning intensity. Integrated coffee yield per treatment (2004–2014) showed a significant  
 310 and positive linear relationship with the integrated pruning intensity (Table 8). Finally, both integrated  
 311 pruning intensity and integrated coffee yield had highly significant positive linear relationships with the  
 312 BI index (Table 8).

313

314 **Table 8** Regression models for coffee yield (t/ha), yield bienniality (BI index), coffee morphological  
 315 variables height (H) and diameter (D) in cm, N° total branches (TB), N° productive branches (PB), shade  
 316 cover (%) and coffee plant pruning intensity (%). Models were calculated (1) at the end of the  
 317 observations (2014) and (2) integrated over the time span of measurements. Models are shown as  
 318 formula, number of observations (n), model fit ( $R^2$ ) and significance of relationship (p-value). Bold p-  
 319 values are significant.

Variables	Model	n	$R^2$	p-value
<i>Relationships 2014</i>				
Yield - Shade cover	$y = 14.40 - 0.18 x$	19	0.72	<b>&lt;0.0001</b>
LN (Yield) - H	$y = - 4.34 + 0.04 x$	19	0.79	<b>&lt;0.0001</b>
LN (Yield) - D	$y = - 3.32 + 0.25 x$	19	0.62	<b>&lt;0.0001</b>
LN (Yield) - TB	$y = -2.33 + 0.11 x$	19	0.87	<b>&lt;0.0001</b>

LN (Yield) - PB	$y = - 1.69 + 0.10 x$	19	0.89	<b>&lt;0.0001</b>
H - Shade cover	$y = 185.09 - 0.45 x$	19	0.39	<b>0.0041</b>
D – Shade cover	$y = 22.01 - 0.04 x$	19	0.21	0.0492
TB – Shade cover	$y = 44.85 - 0.17 x$	19	0.43	<b>0.0024</b>
PB – Shade cover	$y = 42.49 - 0.18 x$	19	0.39	<b>0.0041</b>
<b><i>Integrated Relationships</i></b>				
Pruning <sub>2004-14</sub> – Yield <sub>2004-14</sub>	$y = 0.43 + 0.01 x$	19	0.31	<b>0.0135</b>
BI <sub>2004-14</sub> – Pruning <sub>2004-14</sub>	$y = - 4.65 + 20.10 x$	19	0.58	<b>&lt;0.0001</b>
BI <sub>2002-14</sub> – Yield <sub>2002-14</sub>	$y = 2.26 + 0.54 x$	19	0.69	<b>&lt;0.0001</b>

320

## 321 **4 Discussion**

322 4.1 Effects of management on yield. In what circumstances can organic compete with conventional?

323 A general perception in coffee agriculture is that organic managements produce lower yields than  
324 their conventional counterparts (Blackman and Naranjo 2012). In our experiment, intensive organic (IO)  
325 productivity (yield and morphology), despite receiving higher phosphorus (P) and potassium (K) inputs  
326 and only slightly lower total nitrogen (N) inputs, always remained below the intensive conventional (IC),  
327 however, it showed similarity to moderate conventional (MC) management that received half the amount  
328 of IC fertilizer. Thus, our first hypothesis is partially confirmed in that highly productive organic coffee  
329 can be achieved, although it is not as productive as high-input conventional.

330 The accumulative effect of (1) the slower release of plant available N from organic inputs (Seufert  
331 et al. 2012) (2) better availability of chemical fertilizers and (3) the positive correlation of coffee yield  
332 and N-fertilizer input reported on coffee farms in Costa Rica (Castro-Tanzi et al. 2012) are likely to be  
333 the main cause for the better performance of IC compared to MC and organic systems, although  
334 conventional managements do not always out-yield organic coffee. In a similar experiment in Nicaragua,  
335 Haggart et al. (2011) reported similar yields between IC and organic coffee systems, that received the  
336 same total amounts of N per ha whether in inorganic or organic form. The difference between these

337 results may be due to the Nicaraguan site having previously been in coffee production, having higher  
338 organic matter, generally better soil conditions and overall lower productivity than the Costa Rican sites  
339 due to lower rainfall. Moreover, Lyngbæk et al. (2001) reported that even though organic coffee farms  
340 in general had 22% lower coffee yields, a group of organic farms showed similar or even higher yield  
341 than their conventional counterparts.

342 In our experiment, coffee productivity (yield and morphology) under MC was only better than IO  
343 in the first 2 years of production (4 years after establishment), caused by the already mentioned longer  
344 release period of organic fertilizers and the time needed for soil organic matter recovery after the previous  
345 management of the plots as sugar cane plantation (Haggar et al. 2011). Lower initial yields and increasing  
346 productivity over time in organic agriculture, 3 years after conversion onwards, are often reported  
347 phenomena (Seufert et al. 2012). Accordingly, IO systems had a similar productivity (yield and  
348 morphology) as their MC counterparts from year 3 onwards, leading to similar mean coffee yields for  
349 both systems in the 13 years of observation.

#### 350 4.2 Compensation effects of legume trees

351 In organic systems with low nutrient inputs (LO) coffee yield was not significantly different from  
352 IO systems when combined with the legume species *Erythrina* and *Chloroleucon*; while LO systems  
353 under the shade of the non-legume species *Terminalia* collapsed totally. Indeed, in low input plantations  
354 legume trees, especially if they are pruned like *Erythrina*, may compensate the lower external inputs and  
355 harvest exports through N<sub>2</sub> fixation (Nygren et al. 2012) with inputs through N<sub>2</sub> fixation from *Erythrina*  
356 ranging from 70 to 90 kg N ha<sup>-1</sup> yr<sup>-1</sup> (Tully and Lawrence 2011). In plantations with non-legume tree  
357 species however N-availability was most likely too low to maintain coffee productivity over time, which  
358 would explain the collapse of the systems under the shade of *Terminalia*. These findings confirm our

359 second hypothesis in that legume shade has positive effects on coffee productivity in low-input systems  
360 and that production under non-N-fixing timber trees such as *Terminalia* largely depends on the level of  
361 external fertilization. The less developed coffee morphology in LO systems compared with IO ones in  
362 2014 (significantly lower H, D, TB, PB values), however, suggests that these systems can not totally  
363 compete with the more intensively fertilized and managed IO systems.

#### 364 4.3 Comparing full sun and shaded treatments for yield and morphological variables

365 Mean coffee yield in the 13 years of observation was reduced by 23 - 37 % in agroforestry systems  
366 compared to full sun, while in contrary to coffee yield, morphological variables (H, D, TB and PB) were  
367 similar in 2014. Under optimal site conditions, lower yields under shade compared to full sun are an  
368 often reported phenomena due to the lower light availability and competition for the coffee component  
369 (e.g. Vaast et al. 2005; DaMatta 2004). Whereas, under sub-optimal conditions, shade is considered  
370 essential for a sustained coffee production due to it ameliorating adverse site conditions (e.g. temperature  
371 extremes) (Gomes et al. 2016; Lin 2007) leading to similar or even higher yields under shade (DaMatta  
372 2004; Vaast et al. 2005). Optimal growing conditions for *Coffea arabica* lie in the range of 1200-1800  
373 mm and 18-21 °C for annual rainfall and temperature, respectively (Alègre 1959). Turrialba in Costa  
374 Rica (2,915 mm/year and 22°C) can thus be considered as suboptimal due to a surplus in precipitation  
375 and slightly higher average temperature. As hypothesized, possible positive effects of shade trees did  
376 thus not compensate for yield losses due to lower light availability, even under adverse site conditions,  
377 if conventional management practices were used.

378 The lower light incidence in agroforestry systems depletes nodal and flower bud development (Beer  
379 et al. 1998; Campanha et al. 2004) and consequently coffee yield, while vegetative development (e.g.  
380 height, number of branches/leaves or biomass) of coffee plants is favoured leading to often similar or

381 even superior vegetative performance under shade (e.g. Morais et al. 2003; Vaast et al. 2005). Other  
382 often cited possibilities for lower yields such as competition for water and nutrients (Beer et al. 1998)  
383 are unlikely given the abundant rainfall and the high fertilisation levels (IC, MC) used in our comparison.

384 The examined morphological traits (H, TB and PB) may be used, to some extent, as surrogates for  
385 coffee yield within shaded or full sun production systems due to their highly significant relationships  
386 with coffee yield of the same year. The trade-off between vegetative and reproductive development,  
387 however, makes them inappropriate in comparisons between plantations under full sun and shade.  
388 Similarly, Carvalho et al. (2010) reported a positive correlation between yield and several growth traits  
389 including coffee plant height, diameter, number of plagiotropic branches and nodes. Measuring one or  
390 two morphological variables (best H, TB, PB) should be sufficient due to their similar performance.

#### 391 4.4 The changing performance of service and timber tree species

392 Mean 13-year coffee yield was significantly higher under the service tree species *Erythrina*  
393 compared to the timber tree species *Chloroleucon* and *Terminalia*. Coffee performance, however, clearly  
394 differed for the initial and late development stage of the plantation. We thus confirmed hypothesis three  
395 in the sense that long-term observations are crucial for assessing the performance of agroforestry  
396 systems. In the first 6 years of production similar or even higher coffee yields were observed under the  
397 shade of the timber tree species than under the service tree *Erythrina*. Hagggar et al. (2011) who examined  
398 this period of the experiment, drew the conclusion that timber trees might be the more favourable option  
399 given the revenue of timber sales and found indications of higher competition from *Erythrina* (higher  
400 shade cover prior to pruning and higher basal area than timber trees) with the coffee plants. In later years  
401 (2008 onwards) this pattern, however, shifted to clearly higher yields and improved coffee morphology  
402 under *Erythrina*.

403 *Erythrina* was pruned (heavily or partially) every year while the timber trees got their lower  
404 branches pruned (first 7 years) and were thinned twice reducing their density to a third of the *Erythrina*  
405 trees. Nevertheless, the expanding growth of the timber tree crowns, while shade and competition  
406 remained regulated for *Erythrina*, steadily decreased light availability for the coffee crop. This led to far  
407 higher (56 vs 18 % in 2014) shade covers and consequently lower yields under the timber tree species  
408 than under *Erythrina* in later years. In contrast Hagggar et al. (2011) reported shade covers after and prior  
409 to pruning of 36 – 77 % for *Erythrina* and 42 - 44 % for timber trees in 2006. Thus, thinning of the timber  
410 trees was insufficient or too late to maintain adequate shade levels of approximately 20 - 40 % (Vaast et  
411 al. 2005), while more severe pruning of *Erythrina* after 2008 promoted higher coffee productivity. This  
412 is not an isolated phenomena as Vaast et al. (2005) reported after a survey of 100 farms in Costa Rica  
413 that timber tree density was often too high for providing both, acceptable coffee yields and a diversified  
414 production through timber sales. Nonetheless, other factors too, like the higher biomass inputs and  
415 nutrient recycling through pruning and litter fall in *Erythrina* compared to timber tree treatments (Hagggar  
416 et al. 2011), might have facilitated the better performance of these systems on the long-term.

#### 417 4.5 Implications for coffee producers and ecosystem services

418 A crucial aspect for farmers, apart from overall yields, is the ability of the chosen system to provide  
419 a stable production. Even though providing the highest overall yields, plantations under full sun and IC  
420 management presented the highest yield bienniality especially in the first 8 years. Moreover, biennial  
421 production was positively correlated with pruning intensity; i.e. it should impact the overall labour cost.  
422 This stronger biennial production pattern under full sun conditions compared to shaded coffee has been  
423 commonly reported (e.g. DaMatta 2004; Vaast et al. 2006).



424           The most probable explanation is plant exhaustion. Sun-grown coffee produces high cherry loads  
425   at the cost of vegetative development which exhausts the reserves of the plants and results in a subsequent  
426   year of low yields used for the recovery of growth and nutrients (DaMatta 2004). The mechanism of  
427   exceptional high berry loads and resulting plant exhaustion is supported by the found significant positive  
428   relationship of (1) pruning intensity and coffee yield, (2) bienniality (BI) and yield and (3) bienniality  
429   (BI) and pruning intensity of coffee plants. The higher pruning intensity under IC and after years of high  
430   yields further supports this conclusion, as higher exhaustion and fluctuation reduces the life span of  
431   coffee plants (DaMatta 2004). Pruning intensity caused through plant exhaustion could be discarded as  
432   driver for the biennial yield pattern as it started markedly before the first pruning in 2004.

433           The high cost for external inputs in IC full-sun plantations cannot easily be reduced if coffee prices  
434   fall, as full-sun grown coffee can die if no fertilizers are applied (Haggar et al. 2011). This leads to higher  
435   vulnerability of coffee farmers to the always volatile international coffee market (Haggar et al. 2011;  
436   DaMatta 2004). Out of these concerns farmers already began to cut back on intensive external inputs  
437   during periods of high costs (Haggar et al. 2011) while findings from experimental farms support the  
438   belief that economically viable production can be maintained while applying moderate doses of fertilizers  
439   (Castro-Tanzi et al. 2012).

440           Environmental impacts of coffee production are crucial concerns for policy makers and farmers  
441   alike. In our experiment N-fertilization was found to be the main cause for greenhouse gas emissions,  
442   with less emissions at lower inputs and organic managements alike (Nojonen et al. 2012), while  
443   greenhouse gas emissions in all agroforestry systems were found to be fully compensated by the carbon  
444   storage in above and below ground tree biomass (Nojonen et al. 2013). Accordingly, the newly designed  
445   Costa Rican NAMA-café program (Nieters et al. 2015) recommends significant reductions in N-fertilizer

446 inputs and holds the possibility of financial compensation for coffee production in agroforestry systems.  
447 Moreover, timber sales can constitute a significant income, for example 11 – 49 % of total revenues from  
448 different agroforestry systems in Nicaragua and Honduras (Sousa et al. 2016), and are additionally a  
449 saving in times of low prices and crop failures (Beer et al. 1998).

450 Finally, organic farming compared to conventional may reduce the costs for purchased inputs  
451 through substitution of chemical fertilizers (Blackman and Naranjo 2012) and results in better soil  
452 properties like higher soil organic matter content (Haggar et al. 2011). Nonetheless, generally lower  
453 yields of organic production (Seufert et al. 2012) are a main limitation to its adoption, due to a relatively  
454 small price premium of 10 - 20 % and associated certification costs (Blackman and Naranjo 2012). The  
455 fact that both organic systems were equally productive as MC ones, if legume tree species were used,  
456 therefore translates into a strong argument to support organic coffee production at least if the full  
457 chemical package (IC) is not affordable, poses too high a risk or is not desired by coffee producers.

## 458 **5 Conclusions**

459 Full sun plantations with intensive conventional (IC) management produced the highest overall  
460 coffee yields even under sub-optimal site conditions. However, this maximum productivity comes at the  
461 cost of a high total yield fluctuation through coffee plant exhaustion. For all producers for which these  
462 intensive plantations are not affordable and/or not desired, shaded organic coffee production offers an  
463 interesting and viable alternative. It allowed a similar productivity in terms of both yield and coffee  
464 morphology as moderate conventional (MC) management, while offering a price premium and the  
465 possibility to enter specialty markets. We observed lower coffee yields but similar coffee morphology  
466 (H, D, TB and PB) under shade in comparison to full sun. Under the same shade type, however, the  
467 measured coffee morphological variables, especially H, TB and PB, are possible surrogates for coffee

468 yield due to their highly significant relationships. Coffee yield was higher under timber tree shade  
469 (*Chloroleucon* and *Terminalia*) in the first 6 years of production, while during the subsequent 7 years  
470 *Erythrina* shaded coffee was more productive. This highlights the importance of long-term observations.  
471 Finally, we could establish two specific recommendations for shaded systems: (1) Considerable yield  
472 reductions and less developed coffee morphology in the late development stage of the plantation resulted  
473 from the intense shading by the developed timber trees. More intense thinning of matured timber trees is  
474 thus crucial to maintain adequate shade levels for coffee production. (2) Coffee productivity in organic  
475 systems with low nutrient additions (LO) collapsed totally when non-legume timber trees were used. The  
476 incorporation of legume tree species, like *Erythrina* and *Chloroleucon* is thus compulsory to provide a  
477 sufficient N-supply in low input systems.

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## 485 **Abbreviations**

486 **BI**: Bienniality index; **C**: *Chloroleucon eurycyclum*; **D**: Coffee respout diameter; **E**: *Erythrina*  
487 *poepiggiana*; **H**: Coffee respout height; **IC**: Intensive conventional; **IO**: Intensive organic; **LO**: Low

488 organic; **MC**: Moderate conventional; **N**: Nitrogen; **PB**: Productive branch number of coffee resprouts;  
489 **TB**: Total branch number of coffee resprouts, **T**: *Terminalia amazonia*

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602 **Tables**

603 **Table 1** Agroforestry systems with main plot (shade type) and subplot (management) treatments.

604 **Table 2** Characteristics of shade trees, adapted from Hagggar et al. (2011).

605 **Table 3** Mean shade tree density after thinning.

606 **Table 4** Mean input levels of fertilizers, weed, disease/pest control since 2006, adapted from  
607 Noponen et al. (2012); Hagggar et al. (2011).

608 **Table 5** Principal contrasts used in the analysis of shade type and management effects.

609 **Table 6** Contrast results for the variables integrated coffee yield ( $t\ ha^{-1}\ year^{-1}$ ), bienniality index (BI) of  
610 coffee yield, integrated pruning (%) and shade cover (%). Values are presented as mean, standard error  
611 of the contrast difference (S.E.D) and significance of the difference (p-value). P-values < 0.05 are printed  
612 in bold.

613 **Table 7** Contrast results for coffee morphology: The variables height (cm), diameter (cm), N° total  
614 branches and N° productive branches for 2002 and 2014. Values are presented as mean, standard error  
615 of the contrast difference (S.E.D) and significance of the difference (p-value). P-values < 0.05 are shown  
616 in bold.

617 **Table 8** Regression models for coffee yield (t/ha), yield bienniality (BI index), coffee morphological  
618 variables height (H) and diameter (D) in cm, N° total branches (TB), N° productive branches (PB), shade  
619 cover (%) and coffee plant pruning intensity (%). Models were calculated (1) at the end of the  
620 observations (2014) and (2) integrated over the time span of measurements. Models are shown as  
621 formula, number of observations (n), model fit ( $R^2$ ) and significance of relationship (p-value). Bold p-  
622 values are significant.

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632 **Table 1** Agroforestry systems with main plot (shade type) and subplot (management) treatments.

Shade types *	1	2	3	4	5	6	7
	E	T	C	C+T	E+T	C+E	Full Sun
Managements **	IC	IC				IC	IC
	MC	MC	MC	MC	MC	MC	MC
	IO	IO	IO	IO	IO	IO	
	LO	LO				LO	

633 \* *E: Erythrina poeppigiana*, *C: Chloroleucon eurycyclum*, *T: Terminalia amazonia*; \*\* *IC: Intensive conventional*,634 *MC: Moderate conventional*, *IO: Intensive organic*, *LO: Low organic*; ( $n=3$ )

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636 **Table 2** Characteristics of shade trees, adapted from Haggard et al. (2011).

Species	Phenology	Canopy	N-fixer	Use
<i>Erythrina poeppigiana</i> (E)	Evergreen	Low compact	Yes	Service
<i>Chloroleucon eurycyclum</i> (C)	Deciduous *	High spreading	Yes	Timber
<i>Terminalia amazonia</i> (T)	Deciduous *	High compact	No	Timber

637 \* *deciduous for about 20-30 days per year*

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639 **Table 3** Mean shade tree density after thinning.

Agroforestry system		Tree density per ha <sup>-1</sup>		
System	Tree species	2008	2011	2013
Monocultures				
E	E	360	285	241
C	C	381	154	65
T	T	317	167	73
Polycultures				
C+E	C	183	100	45
	E	181	134	115
C+T	C	166	77	39
	T	170	77	34
E+T	E	147	143	109
	T	158	81	34

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641 **Table 4** Mean input levels of fertilizers, weed, disease/pest control since 2006, adapted from Haggart et  
 642 al. (2011); Noponen et al. (2012).

Management	Fertilization N:P:K **	Weed control	Disease/Pest control
IC	287:20:150	6* Herbicides	3-4* Fungicides/ Insecticides
MC	150:10:75	5 Herbicides	1-4 Fungicides/ Insecticides as required
IO	248:205:326	4 Manual	Organic substances as required
LO	66:2:44	4 Manual	No

643 \* Number of treatments applied per year.

644 \*\* Fertilization levels ( $\text{kg ha}^{-1} \text{ yr}^{-1}$ ) are 7 year means (2003-2009), from the second to fourth year LO systems received  
 645 the same fertilization as IO ones, due to the site limitations that did not allow organic coffee to establish effectively  
 646 with lower inputs. IO fertilisation: chicken manure  $10 \text{ t ha}^{-1} \text{ yr}^{-1}$  and  $K_{\text{mag}} 100 \text{ kg ha}^{-1} \text{ yr}^{-1}$ ; LO fertilisation: Coffee  
 647 pulp  $5 \text{ t ha}^{-1} \text{ yr}^{-1}$

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649 **Table 5** Principal contrasts used in the analysis of shade type and management effects.

Contrast	Treatments compared
<b>Management</b>	
IC vs. MC	IC(FS, E, T, CE) vs. MC(FS, E, T, CE)
MC vs. IO	MC(E, T, C, CE, CT, ET) vs. IO(E, T, C, CE, CT, ET)
IO vs. LO	IO(E, CE) vs. LO(E, CE)
IC vs. IO	IC(E, T, CE) vs. IO(E, T, CE)
<b>Shade type</b>	
Full sun vs. shaded	FS(IC, MC) vs. E(IC, MC) + T(IC, MC) + CE(IC, MC)
<i>Erythrina</i> vs. full sun*	E(IC, MC) vs. FS(IC, MC)
Service vs. timber	E(MC, IO) vs. T(MC, IO) + C(MC, IO) + TC(MC, IO)
Legume timber vs. non-legume timber	C(MC, IO) vs. T(MC, IO)

650 \* *Erythrina* was regarded as a low canopy tree with low shade cover and compared with full sun (FS).

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652 **Table 7** Contrast results for the variables integrated coffee yield (t ha<sup>-1</sup> year<sup>-1</sup>), bienniality index (BI) of  
 653 coffee yield, integrated pruning (%) and shade cover (%). Values are presented as mean, standard error  
 654 of the contrast difference (S.E.D) and significance of the difference (p-value). P-values < 0.05 are printed  
 655 in bold.

Contrast	Coffee yield			BI yield			Pruning			Shade cover		
	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value
Managements												
IC vs MC	8.9	0.6	< <b>0.0001</b>	7.2	0.5	<b>0.0240</b>	55.0	2.4	<b>0.0035</b>	37.2	2.7	0.2417
	6.2			6.0			48.1			40.4		
MC vs IO	5.3	0.3	0.3372	5.7	0.4	<b>0.0101</b>	49.4	1.9	0.4589	45.9	1.9	0.9074
	5.0			4.6			47.9			46.1		
IO vs LO	5.8	0.6	0.1048	4.8	0.7	0.1720	49.1	3.2	0.1831	32.6	3.3	0.7422
	4.8			3.8			44.8			33.7		
IC vs IO	8.1	0.6	<b>0.0002</b>	6.8	0.6	<b>0.0051</b>	55.2	2.8	0.0600	37.2	2.7	0.5731
	5.6			5.1			49.8			38.8		
Shade types												
Full sun vs shade	10.4	0.9	< <b>0.0001</b>	8.0	0.6	<b>0.0022</b>	53.2	2.8	0.4796	-	-	-
	6.6			6.1			51.0			-		
Erythrina vs full sun	8.0	1.0	<b>0.0203</b>	6.2	0.7	<b>0.0165</b>	50.1	3.4	0.3994	-	-	-
	10.4			8.0			53.2			-		
Service vs timber	6.5	0.5	<b>0.0012</b>	5.3	0.6	0.9992	47.3	2.7	0.3703	18.4	2.7	< <b>0.0001</b>
	4.8			5.3			49.8			56.0		
Legume timber vs non-legume timber	4.9	0.6	0.8888	4.8	0.7	0.1491	51.0	3.4	0.9953	63.1	3.3	<b>0.0014</b>
	5.0			5.9			50.8			51.7		

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**Table 7** Contrast results for coffee morphology: The variables height (cm), diameter (cm), N° total branches and N° productive branches for 2002 and 2014. Values are presented as mean, standard error of the contrast difference (S.E.D) and significance of the difference (p-value). P-values <0.05 are shown in bold.

Contrast	Height 2002			Height 2014			Diameter 2002			Diameter 2014			Total branches 2002			Total branches 2014			Prod. branches 2014						
	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	Mean	S.E.D	p-value	
Managements	103.7	4.2	0.1318	184.3	4.2	<b>0.0002</b>	23.5	1.3	<b>0.0296</b>	22.5	0.8	<b>0.0156</b>	40.1	4.1	<b>0.0696</b>	44.7	1.4	<b>0.0002</b>	42.4	1.1	<b>&lt;0.0001</b>	37.0	37.0	1.3	<b>0.0307</b>
IC vs MC	97.4	96.4	75.1	167.7	164.5	163.2	20.7	20.1	13.7	20.6	20.3	19.9	32.7	29.9	12.7	39.4	38.1	35.8	39.4	38.1	35.7	32.9	32.9	32.9	32.9
MC vs IO	79.8	73.8	102.3	176.8	155.5	183.4	15.2	13.7	22.9	21.3	18.0	20.1	16.4	14.5	37.1	39.2	33.1	44.8	36.9	28.4	42.3	33.5	36.9	28.4	42.3
IO vs LO	77.7	4.8	<b>&lt;0.0001</b>	165.6	4.8	<b>0.0004</b>	14.7	1.5	<b>&lt;0.0001</b>	20.1	0.9	<b>0.0081</b>	14.8	4.0	<b>&lt;0.0001</b>	36.8	1.6	<b>&lt;0.0001</b>	33.5	1.6	<b>&lt;0.0001</b>	33.5	1.6	<b>&lt;0.0001</b>	33.5
Shade types	106.7	98.5	103.3	180.1	174.7	182.8	24.5	21.2	21.2	21.1	21.7	22.6	47.2	32.9	35.6	42.8	41.8	45.9	41.1	39.3	43.7	41.1	41.1	39.3	43.7
Full sun vs shade	4.8	5.9	5.9	4.8	5.9	5.9	1.5	1.8	1.8	0.9	0.9	1.1	5.4	5.4	6.3	1.6	1.6	1.9	41.1	1.2	0.1426	41.1	1.2	0.1426	41.1
Erythrina vs full sun	92.1	84.3	106.7	184.3	154.0	180.1	18.9	16.3	24.5	22.7	19.2	0.9	37.1	19.4	47.2	43.4	34.2	42.8	41.2	31.2	43.7	41.1	41.1	31.2	43.7
Service vs timber	85.1	82.8	106.7	155.9	148.2	180.1	16.9	16.3	24.5	18.6	18.7	1.1	20.2	18.7	33.7	33.7	33.9	33.7	31.0	29.5	31.0	29.5	31.0	29.5	31.0
Legume timber vs non-legume timber	5.9	5.9	106.7	5.9	5.9	106.7	1.8	1.8	1.8	0.7562	0.7562	0.8728	4.3	4.3	0.7313	2.1	2.1	0.8976	2.7	2.7	0.5800	2.7	2.7	0.5800	2.7

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693 **Table 8** Regression models for coffee yield (t/ha), yield bienniality (BI index), coffee morphological  
 694 variables height (H) and diameter (D) in cm, N° total branches (TB), N° productive branches (PB), shade  
 695 cover (%) and coffee plant pruning intensity (%). Models were calculated (1) at the end of the  
 696 observations (2014) and (2) integrated over the time span of measurements. Models are shown as  
 697 formula, number of observations (n), model fit (R<sup>2</sup>) and significance of relationship (p-value). Bold p-  
 698 values are significant.

Variables	Model	n	R <sup>2</sup>	p-value
<b><i>Relationships 2014</i></b>				
Yield - Shade cover	$y = 14.40 - 0.18 x$	19	0.72	<b>&lt;0.0001</b>
LN (Yield) - H	$y = - 4.34 + 0.04 x$	19	0.79	<b>&lt;0.0001</b>
LN (Yield) - D	$y = - 3.32 + 0.25 x$	19	0.62	<b>&lt;0.0001</b>
LN (Yield) - TB	$y = -2.33 + 0.11 x$	19	0.87	<b>&lt;0.0001</b>
LN (Yield) - PB	$y = - 1.69 + 0.10 x$	19	0.89	<b>&lt;0.0001</b>
H - Shade cover	$y = 185.09 - 0.45 x$	19	0.39	<b>0.0041</b>
D – Shade cover	$y = 22.01 - 0.04 x$	19	0.21	0.0492
TB – Shade cover	$y = 44.85 - 0.17 x$	19	0.43	<b>0.0024</b>
PB – Shade cover	$y = 42.49 - 0.18 x$	19	0.39	<b>0.0041</b>
<b><i>Integrated Relationships</i></b>				
Pruning <sub>2004-14</sub> – Yield <sub>2004-14</sub>	$y = 0.43 + 0.01 x$	19	0.31	<b>0.0135</b>
BI <sub>2004-14</sub> – Pruning <sub>2004-14</sub>	$y = - 4.65 + 20.10 x$	19	0.58	<b>&lt;0.0001</b>
BI <sub>2002-14</sub> – Yield <sub>2002-14</sub>	$y = 2.26 + 0.54 x$	19	0.69	<b>&lt;0.0001</b>

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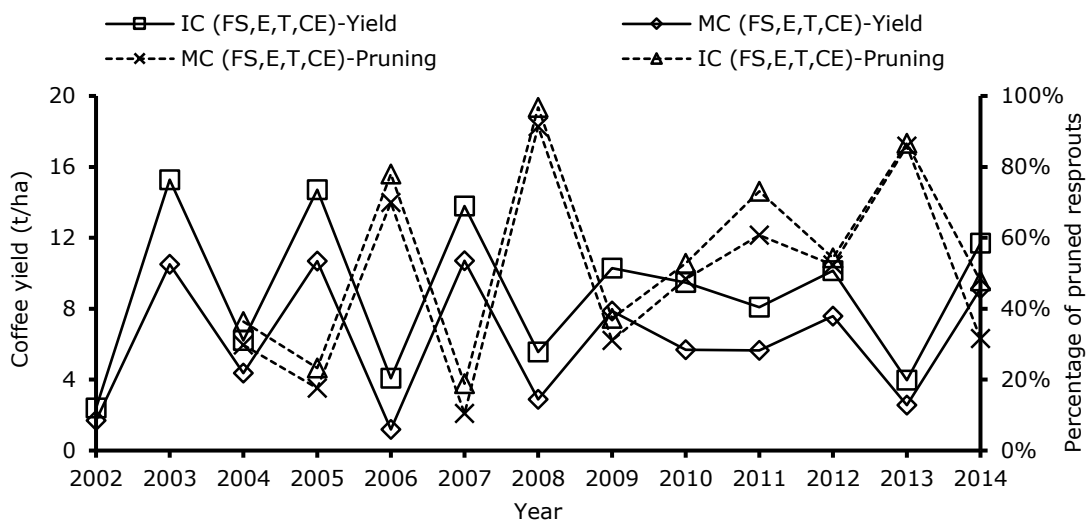
706 **Figures**

707 **Fig. 1** Mean coffee yield and mean pruning intensity (%) of coffee resprouts per year under different  
 708 managements and same shade types. A detailed contrast description can be found in Table 5.

709 **Fig. 2** Mean coffee yield and mean pruning intensity (%) of coffee resprouts per year under different  
 710 shade types and same managements. A detailed contrast description can be found in Table 5.

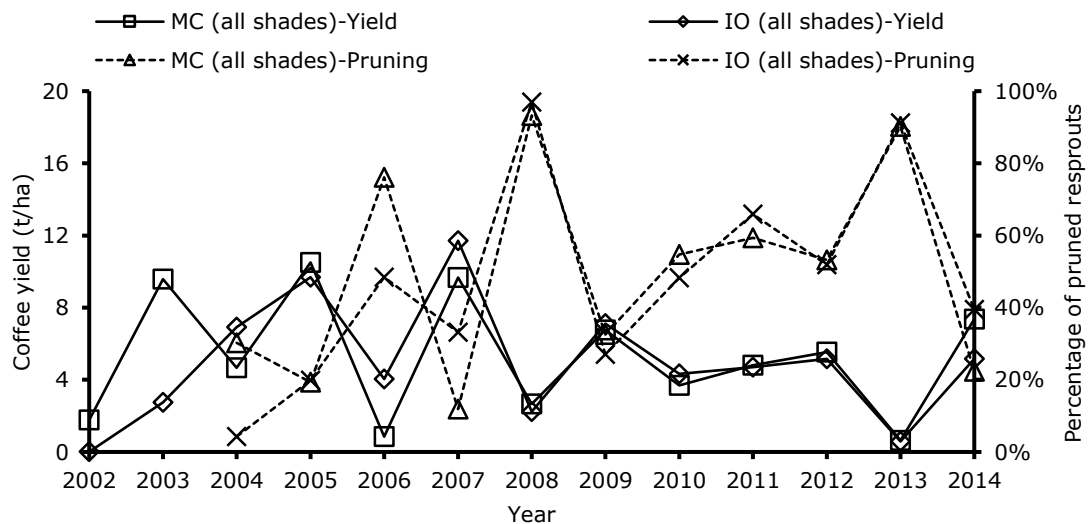
711 **Fig. 3** Shade cover (% mean  $\pm$  SD) under the different agroforestry systems in 2014.

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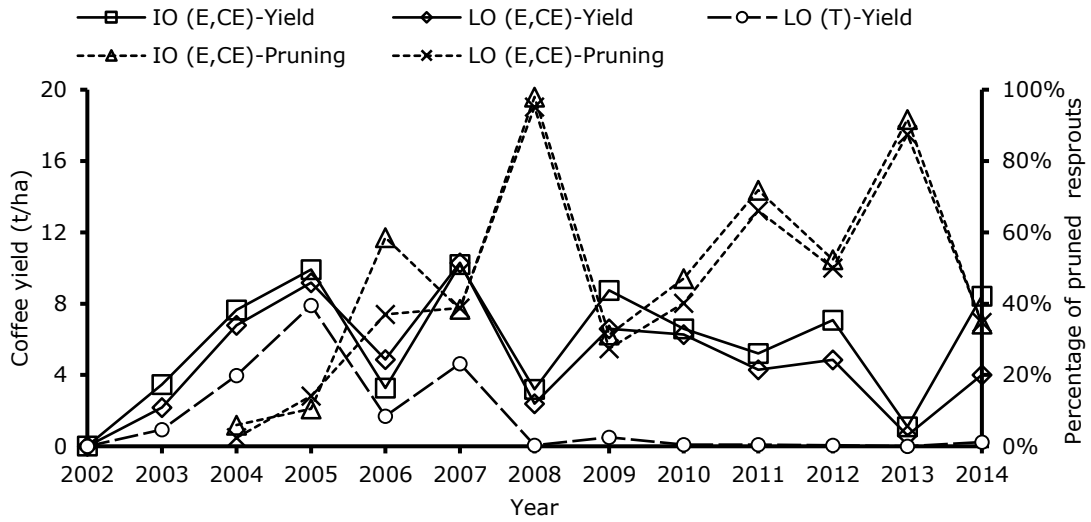


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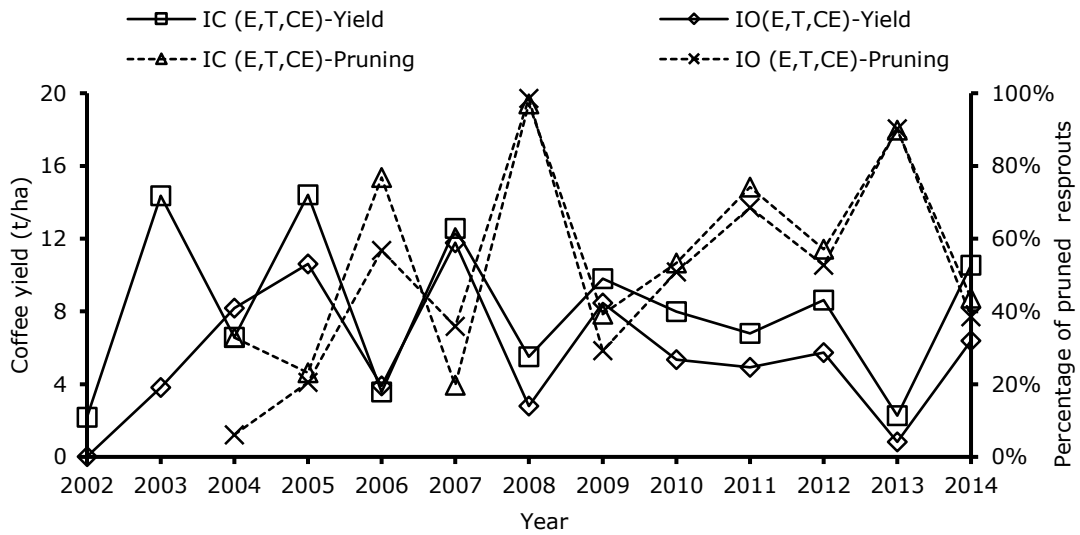
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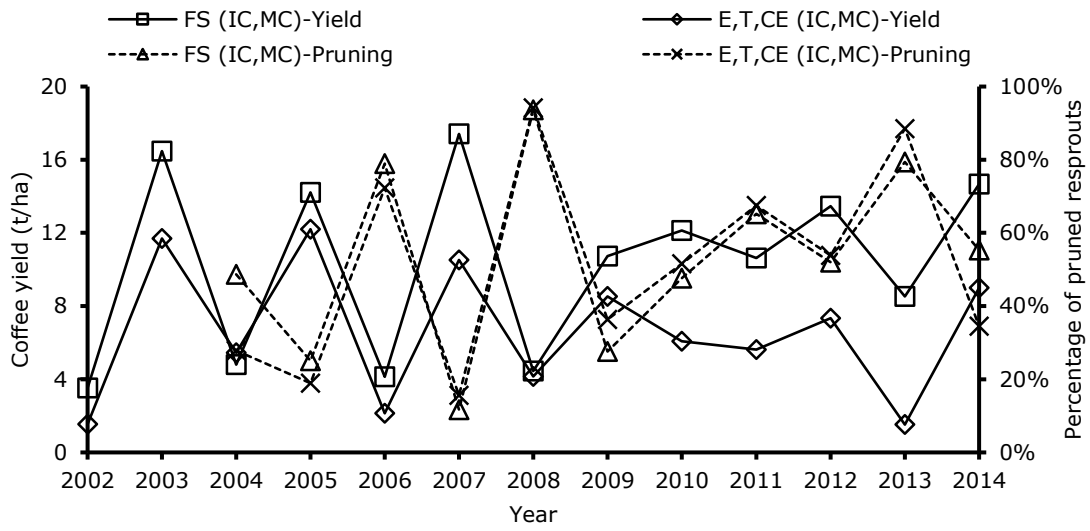


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722 **Fig. 1** Mean coffee yield and mean pruning intensity (%) of coffee resprouts per year under different  
723 managements and same shade types. A detailed contrast description can be found in Table 5.

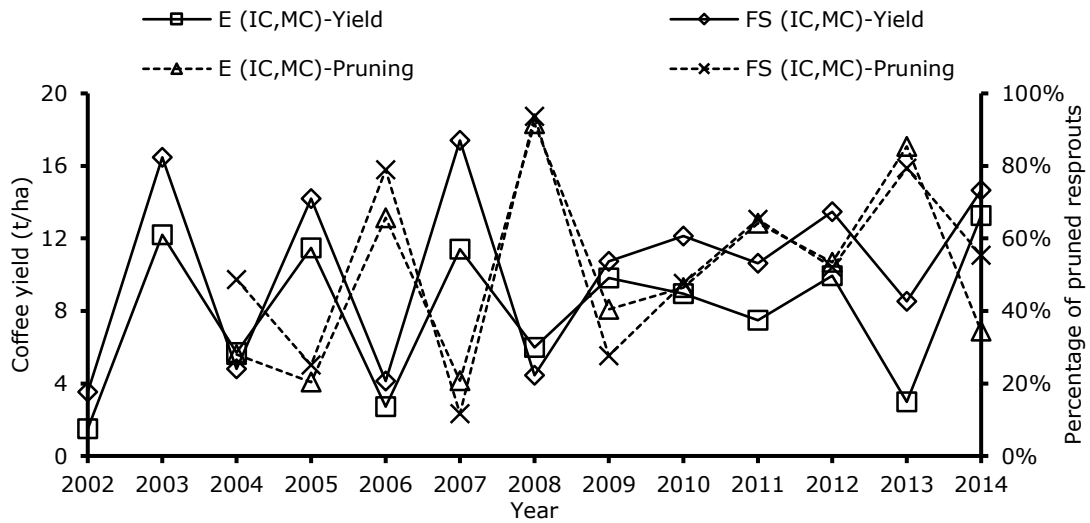
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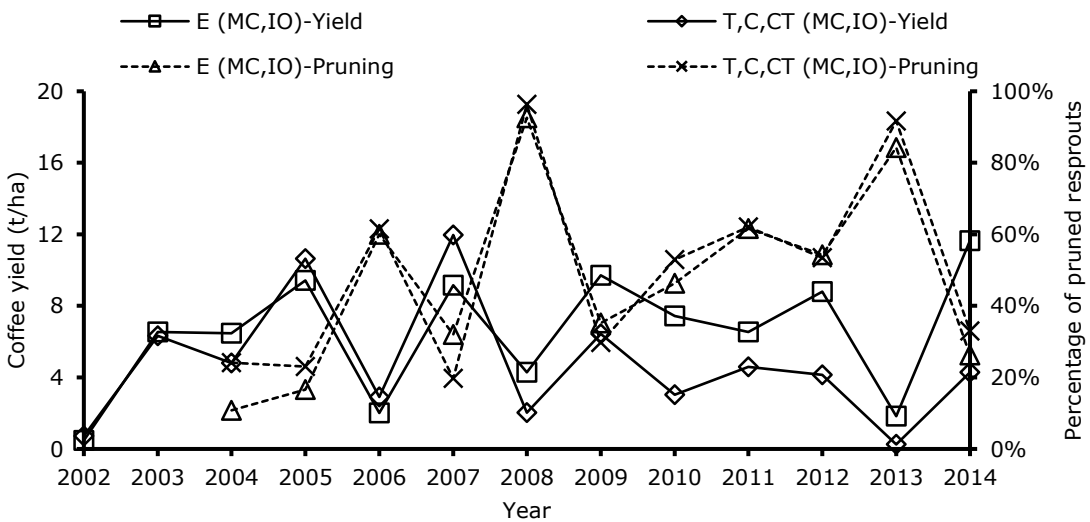
(a)



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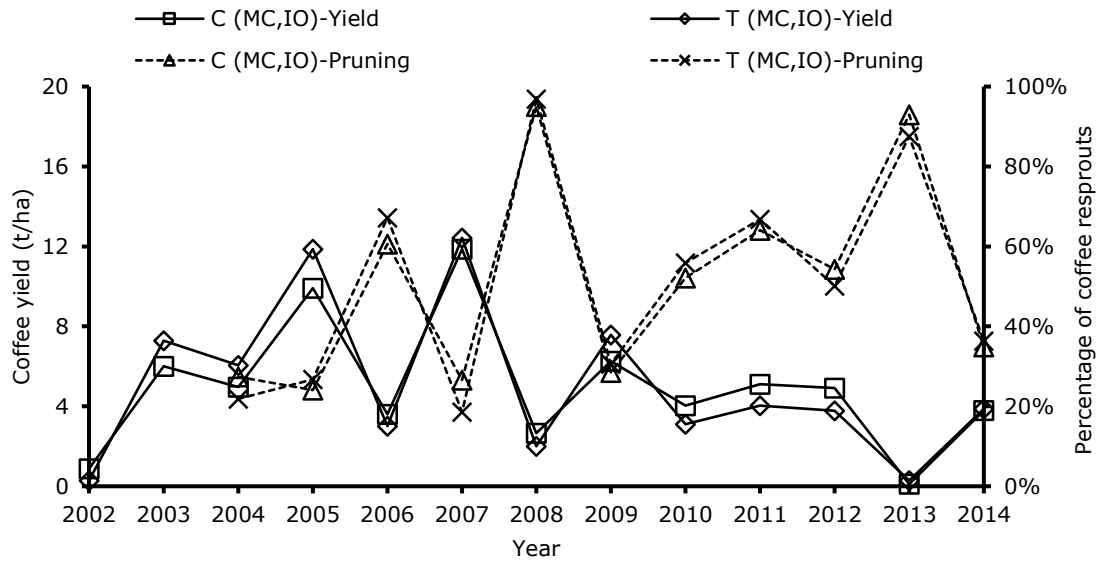
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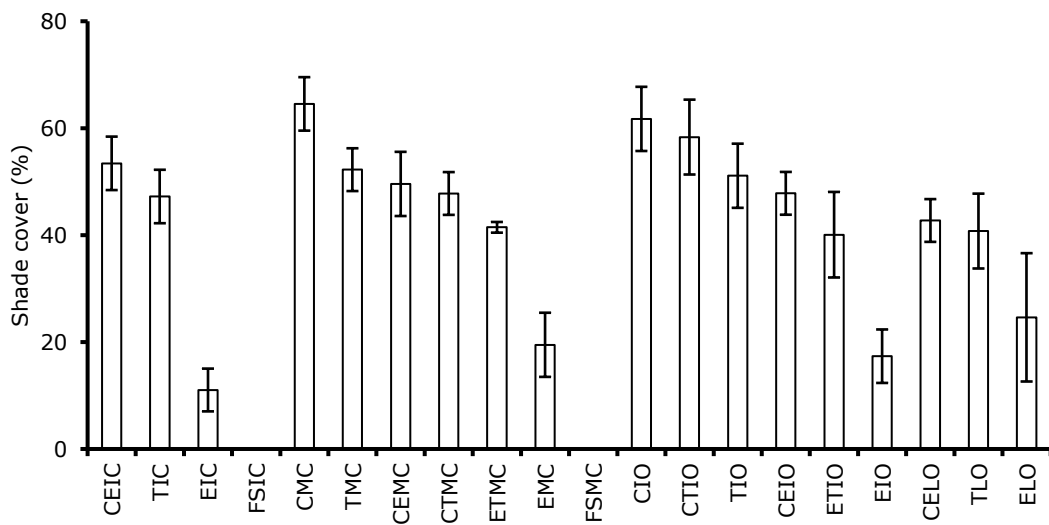
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733 **Fig. 2** Mean coffee yield and mean pruning intensity (%) of coffee resprouts per year under different  
 734 shade types and same managements. A detailed contrast description can be found in Table 5.

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737 **Fig. 3** Shade cover (% mean  $\pm$  SD) under the different agroforestry systems in 2014.

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