

REVIEW

Cyanide in cassava: Understanding the drivers, impacts of climate variability, and strategies for food security

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Email: j.a.nyaika@greenwich.ac.uk**Abstract**

The consumption of cassava, a vital staple food for more than 1 billion people worldwide, holds particular significance in sub-Saharan Africa (SSA). Expansion in cassava production in SSA is driven by increasing market demand, local consumption, and adaptability to diverse environments. However, cyanide concentration in cassava tubers and products across SSA ranges from 9 to 1148 ppm – most exceed the World Health Organisation's recommended safe level of 10 ppm. Such variation and high cyanide concentrations in cassava products are expected to be exacerbated by climate-induced increases in the frequency, intensity and occurrence of drought, heat waves and biotic stresses, further jeopardising regional food security. Thus, it is essential to examine cassava production and cyanide toxicity under climate change and their implications for food security in SSA. In this review, we look at the drivers of cassava production and spatial variation in cyanide concentrations across SSA, impacts of climate variability and biotic stresses on cassava cyanide concentrations in SSA, and crop management practices for reducing cyanogenic glucosides in cassava tubers. We surmise that urgent actions are required to adopt improved cassava varieties and management strategies that reduce cassava cyanide toxicity amid climate-induced challenges in SSA.

KEYWORDS

biotic stress, cassava, climate extremes, cyanide toxicity, food security, sub-Saharan Africa

1 | INTRODUCTION

Cassava (*Manihot esculenta* Crantz) is widely grown in sub-Saharan Africa (SSA) and is a significant source of calories for about one billion people worldwide (FAOSTAT, 2023; Lambebo & Deme, 2022; Mbinda & Mukami, 2022). Cassava accounts for approximately two-thirds of SSA's population dietary intake (Rosenthal et al., 2012) and serves as an essential source of income for its farmers (Burns et al., 2010; Chetty et al., 2013;

Mbanjo et al., 2021; Serdeczny et al., 2017). Cassava adapts well to various ecological and agronomic conditions, with substantial yields even in unfavourable environmental conditions, such as marginal soils, high temperatures, and droughts (Devi et al., 2022; Spencer & Ezidinma, 2017; Tabaglio et al., 2023). Models predict that cassava would thrive under conditions associated with climate extremes, including high temperatures, reduced soil moisture (i.e. short drought spells), and elevated atmospheric carbon dioxide (CO₂) (Brown et al., 2016; Forbes et al., 2020).

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Cyanogenic glucosides are synthesised in cassava leaves during growth and are translocated and deposited in roots (Gleadow & Møller, 2014; Riis et al., 2003). Once the cassava roots are cut or bruised, the glucosides get hydrolysed by linamarase, leading to the production and release of the toxic hydrogen cyanide and acetone (Burns et al., 2010; Jørgensen et al., 2005). High hydrogen cyanide concentration in immature plants is exploited in some communities in SSA as insurance against social disruption and theft, as they are less likely stolen from farms prior to maturity (Alves, 2001; Gleadow et al., 2014; McMahon et al., 1995). Although cassava is a food security crop, high concentrations of cyanogenic glucosides and linamarin, and small amounts of lotaustralin and methyl linamarin, in its roots and leaves can make it unsafe for consumption (Cooke & De La Cruz, 1982; Gleadow & Møller, 2014).

Cassava cyanide poisoning is prevalent in communities that rely heavily on cassava as their primary source of sustenance (Alitubeera et al., 2019; Baguma, Nzabara, et al., 2021; Tshala-Katumbay et al., 2016), without adequate intake of sulphur in their diets (Kimani et al., 2013; Onabolu et al., 2001; Teles, 2002; Tor-Agbidye et al., 1999). Symptoms of cyanide poisoning and acute intoxication include dizziness, fatigue, headache, nausea, and diarrhoea (Burns et al., 2010; Kashala-Abotnes et al., 2018; Nhassico et al., 2008). These typically manifest within hours of consuming poorly processed cassava roots or leaves (Burns et al., 2010; Cumbana et al., 2007; Teles, 2002). Excessive cyanide consumption over a relatively short period coupled with a lack of protein diet can be disastrous and may lead to irreversible upper motor neuron damage, causing spastic paraparesis (known as Konzo) (Baguma et al., 2022; Cumbana et al., 2007; Siddiqi et al., 2020); Tropical Ataxic Neuropathy (TAN) (Cardoso et al., 2005; Lubulwa, 1999; Oluwole et al., 2000), a chronic neurological disorder; and (iii) hyperthyroidism, from the accumulation of thiocyanate (Opoku-Nkoom et al., 2013; Teles, 2002). Thiocyanate is a cyanide detoxification product that interferes with iodine metabolism.

Konzo epidemics are prevalent in many Southern, Central, and Eastern African areas and is worse during drought, conflict, and social upheaval (Cumbana et al., 2007; Kashala-Abotnes et al., 2018; Siddiqi et al., 2020). Tropical Ataxic Neuropathy (TAN) is common among older West African populations (Cardoso et al., 2005; Oluwole et al., 2000; Onabolu et al., 2001). High cyanide exposure can also aggravate ailments associated with iodine deficiency, such as goitre and cretinism (Bradbury et al., 2011; Bradbury & Denton, 2011, 2014; Cumbana et al., 2007; Teles, 2002).

The safety of cassava food products is often categorised into chemical, physical, and microbiological (Chiwona-Karlton et al., 2022). In this paper we focus on chemical

safety. Specifically, the inherent cyanogenic glucosides in cassava roots and leaves. Here, we explore the use of traditional agronomic management practices to produce relatively safe cassava for consumption. The central question of this paper concerns itself with the potential of crop management practices in minimising the accumulation of cyanogenic glucosides in cassava tubers. To address this question, we focus on four points: (i) drivers of cassava production and spatial variation in cassava cyanide concentrations across SSA; (ii) the basis of cultivar selection and preferences for high cyanide content; (iii) climate-induced increases in abiotic and biotic stresses in SSA and their impacts on cassava cyanide concentrations; and (iv) traditional agronomic practices for reducing cyanogenic glucosides in cassava tubers. This research can inform interventions aimed at mitigating food safety challenges, and shape strategies for sustainable agriculture and policymaking in the region.

2 | DRIVERS OF PREFERENCE FOR CASSAVA PRODUCTION IN SSA

Cassava production has grown significantly in SSA, accounting for 61% of global production in 2020 (FAOSTAT, 2023; Mbanjo et al., 2021). The top three producers are Nigeria (59t), the Democratic Republic of Congo (DRC, 40t) and Ghana (22t; Figure 1), whereas the highest yielding countries are Zambia (318 t ha^{-1}), Niger (283 t ha^{-1}), and Malawi (238 t ha^{-1}). The increase in cassava production in SSA is attributed to higher market demand, local consumption, and its adaptability to diverse ecological and agronomic systems (Abass et al., 2018; Awotide et al., 2014; Chimphepo et al., 2021). Furthermore, resilience of the cassava crop to physical damage in regions facing unrest has contributed to increased production (Burns et al., 2010; Chiwona-Karlton et al., 2015; El-Sharkawy, 2004; Köcke, 2019; Shackelford et al., 2018). With Africa's population projected to triple by 2100 (United Nations Department of Economic and Social Affairs, 2022), the demand for cassava is expected to increase, making it a crucial food security crop for SSA (Parmar et al., 2017).

Most countries in the region took up cassava production as a famine-reserve crop during the most pressing times, such as droughts, locust attacks, and lean food season. High cassava production is also due to the crops ability to produce reasonable yields with limited inputs, and to be left in the field until harvest, which may span 12–24 months. In these situations, some farmers prefer cassava varieties with high cyanide content as this correlates with stress resistance, are less prone to predation by mammals, as well as require little to no management (Köcke, 2019; Mkumbira et al., 2003;

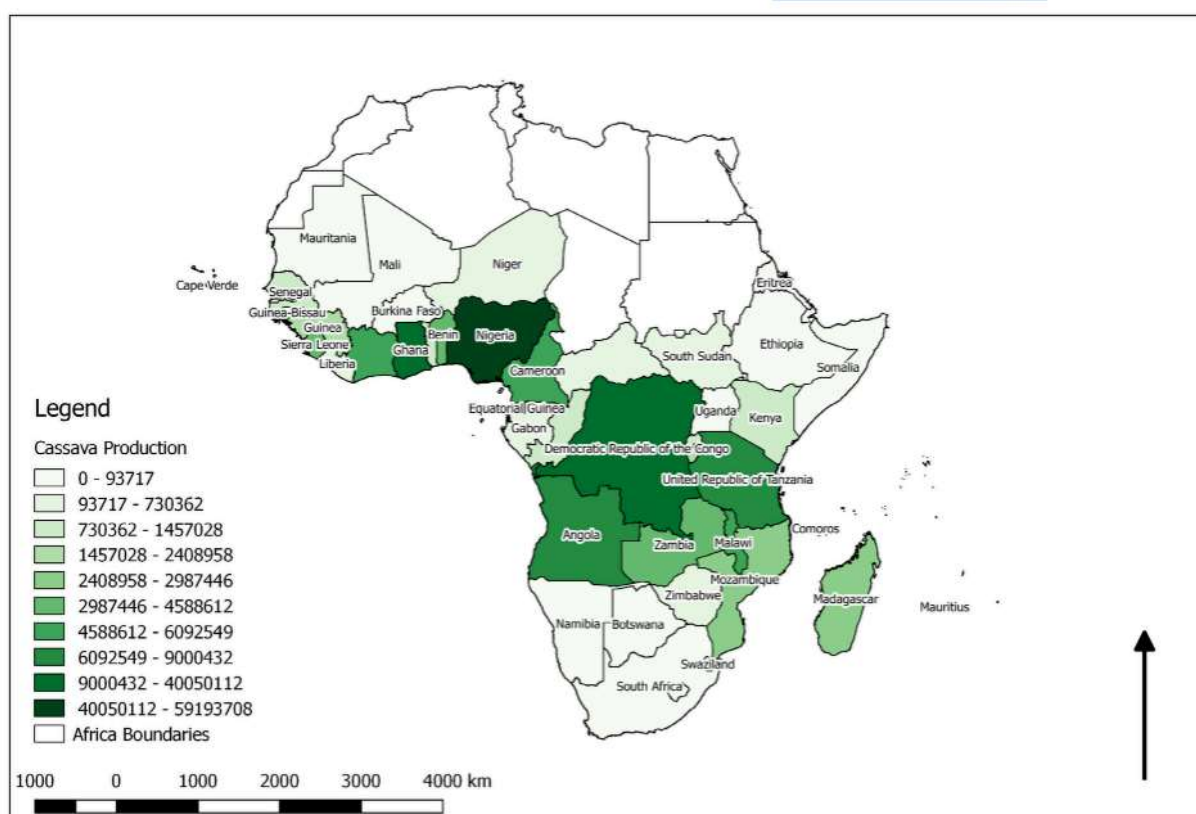


FIGURE 1 Production of cassava in sub-Saharan African (SSA) countries for the year 2020. The different shades of green denote the production quantities, dark green are the top producers whilst the lighter colour are the minimum producing countries. The data used to produce the plot is provided as supplementary information ([Table S1](#)). Source: (FAOSTAT, 2023).

Shackelford et al., 2018). The latter being critical during civil unrests (Burns et al., 2010; McKey et al., 2010; Nebiyu & Getachew, 2011).

Cassava breeders have been actively selecting for improved cassava varieties with low hydrogen cyanide, disease resistance, and high yields. However, the adoption of improved cassava varieties has been low ([Table 1](#)), with a few exceptions, such as Nigeria with a 73% adoption rate (Alene et al., 2015). The available information regarding the adoption of improved cassava varieties in most SSA countries is outdated, with the existing studies spanning well over a decade. Consequently, new research is urgently needed to assess the current adoption rates for these improved cassava varieties and their performance.

Patterns for adopting improved cassava varieties varies across SSA countries, and are influenced by farmers' preferences for specific traits, and differences in breeding objectives and programmes. For instance, in Nigeria, adoption of improved cassava varieties which were early maturing, and had low cyanide content was high, and were preferred to local types (Abass et al., 2018; Apu & Nwachukwu, 2011). By contrast, in Malawi, the adoption of improved varieties is low (Alene et al., 2013, 2015). Malawian farmers preferred the local types that had a high market value for their high dry matter, were early

maturing and low in cyanide, even though they had low yields over improved varieties that were bitter (high cyanide) (Alene et al., 2013, 2015). Notwithstanding substantial investments in cassava research and development in SSA, farmers' access to improved cassava planting materials, fertilisers, and agrochemicals, are constrained by their high costs (Acheampong & Acheampong, 2020; Agwu & Anyaeche, 2007; Alene et al., 2013; Ojo & Ogunyemi, 2014; Osewe et al., 2021). On the other hand, limited awareness of the benefits and characteristics of select improved varieties further hinders adoption, alongside insufficient information dissemination, and extension services, being key factors (Abele et al., 2007; Wossen et al., 2019). Additionally, cassava's cultural significance and preference for locally adapted genotypes contribute to the reluctance to adopt introduced cultivars. The variability in agroecological zones and climate conditions in SSA poses challenges, as some improved cassava varieties may not be well-adapted or exhibit lower yields in different locations (Alene et al., 2015; Awotide et al., 2014). Furthermore, farmers hesitate to invest in new cultivars without market demand or profitability assurance (Acheampong et al., 2022; Apu & Nwachukwu, 2011; Tafesse et al., 2021). Addressing these issues will require a multifaceted approach. This will include improving

TABLE 1 Adoption of improved cassava varieties in some sub-Saharan Africa countries.

Country	Adoption (%)		Year	Cassava varieties	References
	ICVs	Local			
Angola	31.0	69.0	2009	Nghanarico, Maria cudianeca, Precole de Angola, Precole de Angola, Munde de Paco, TMS 4202 (Linda), MZ 96/0091, TMS 60142 (Perdiz), MZ 96/001323, TMS 40142, Manuela (Quizaquinha)	Alene et al. (2015)
Benin	66.0	34.0	2009	TMS30555, TMS30572 (30572/5), Ben 86062, RB 89509, Hombètè, Atinwéwé, Soukounon, Agbézi, Agblehoundo, Agric-rouge, Idilerou, Maboussa	Alene et al. (2015); Houngue et al. (2018); Sanoussi et al. (2015)
Burundi	29.0	71.0	2009	MM96/7204, MM96/0287, MM96/5280	Alene et al. (2015)
Cameroon	36.0	64.0	2009	TMS-92/0057, TMS-92/0326, TMS-96/1414,	Alene et al. (2015); Chi et al. (2019); Njukwe and Kirscht (2013)
	64.9	35.1	2012	TMS-96/0023, M94/0121NR8085, NR88071-3,	
	66.1	33.9	2019	TMS-95/0109, NR880447-2, TMS-96/0102, M94/0121, TMS-96/1762	
Côte d'Ivoire	20.0	80.0	2009	Yavo TME 7, TMS 4(2)1425 (IM93)	Alene et al. (2015)
Democratic Republic of Congo	48.0	50.0	2009	Butamu (MV99/0395), Nsansi (9195/0160), RAV (85/297), MVUAMA 83/138, SADISA 91/203,	Alene et al. (2015); Mubalama et al. (2019)
	28.8	72.2	2019	Nambiyombiyo, M'baila, Nganga-na-bututu, Nakarasai, M'Shediye, Nalubanda, Nabinzoza, Kanyunyi, Kamegere, Kabunga	
Ghana	36.0	64.0	2009	Tek Bankye, Gblemoduade (TMS 50395), Afisiafi (TMS 30572), Bankye hema, Sika bankye,	Acheampong et al. (2017); Alene et al. (2015); Kondo et al., 2020; Owusu and Emmanuel (2012)
	47.0	53.0	2012	Deboo, Esi abaya	
	41.2	59.8	2017		
	25.0	75.0	2020		
Guinea	21.0	79.0	2009	TMS 30572	Alene et al. (2015)
Kenya	44.0	56.0	2009	Serere, SS4, TMS 30572 (Migvera), TMs 30572, TM/14, MH93/OVA, kibandemeno, Tajirika (KME-08-02), Kaleso, Agriculture, KME 1	Alene et al. (2015); Osewe et al. (2021)
	54.2	45.0	2021		
Malawi	29.0	61.3	2009	Mkondezi (MK91/478), Sauti (CH92/077), Manyokola	Alene et al. (2015)
Mozambique	19.0	81.0	2009	Chigona mafia, Nikwaha	Alene et al. (2015)
Nigeria	46.0	54.0	2009	NR 8082 (Nicass 14), TMS 4(2)1425 (NC-Savanna, Nicass 2), TMS 30572 (NC Idi-Osle, Nicass 1), TMS 00/0203, TMS 0040, NR 01/0004, CR 41-10, TME 419, TMS 30572	Alene et al. (2015); Awotide et al. (2014); Ojo and Ogunyemi (2014); Opata et al. (2021); Wossen et al. (2017)
	73.0	27.0	2014		

production and distribution mechanisms; enhancing affordability and accessibility of inputs; effective extension services for information dissemination; supportive policies and market linkages; and developing culturally and environmentally suitable varieties.

3 | SPATIAL VARIATION IN CASSAVA CYANIDE CONCENTRATIONS ACROSS SSA

Traditionally, cassava varieties have been classified as bitter or sweet based on their organoleptic properties

(Chiwona-Karlton et al., 2004; Mkumbira et al., 2003; Pereira et al., 1981). While no consistent morphological characteristics are associated with cyanide concentration, typically, bitter varieties contain high (>100 ppm) levels of hydrogen cyanide, whereas sweet varieties contain low (<100 ppm) levels of hydrogen cyanide (Fukushima et al., 2016). However, at least one study includes a medium-level category for varieties with between 50 ppm and 100 ppm of hydrogen cyanide (Nambisan, 2011; Table 2). Alternative classifications based on cyanogenic glucoside content of 50–400 ppm for high cyanide and 15–50 ppm for low cyanide have also been proposed (Mbah et al., 2019;

TABLE 2 Classification of cassava varieties based on fresh root cyanide content.

Classification system	Description	Hydrogen cyanide concentration (ppm)	References
Ethnobotanical/ Organoleptic taste	Bitter		Chiwona-Karlton et al. (2004, 2015); Dufour (1988); Mkumbira et al. (2003); Pereira et al. (1981)
	Sweet/cool		
Cyanogenic glucosides levels	Bitter	>100	Fukushima et al. (2016)
	Sweet	<100	
	Low	<100	Bokanga et al. (1994)
	High	>100	
	Low	<50	Nambisan (2011)
	Medium	50–100	
	High	>100	Chisenga (2021); Mbah et al. (2019); Ndubuisi and Chidiebere (2018)
Toxicity	High	50–400	
	Low	15–50	
	Innocuous/harmless	≤50	Bokanga et al. (1994); Brito et al. (2013); Ekanayake and Bokanga (1995)
CODEX Alimentarius	Moderately poisonous	50–100	
	Dangerously poisonous	100	
CODEX Alimentarius	CODEX STAN 238–2003 for sweet varieties	<50	Chiwona-Karlton et al. (2022)
	CODEX 300–2010 for Bitter varieties	>50	
World Health Organisation	Safe level for cassava products	10	Cardoso et al. (2005); Cumbana et al. (2007)

Ndubuisi & Chidiebere, 2018; Peprah et al., 2020). International organisations have set standards and guidelines for safe cyanide levels in cassava products. The World Health Organisation (WHO) has established a safe level of cyanogen in processed cassava products at 10 ppm (Cardoso et al., 2005; Cumbana et al., 2007; Nambisan, 2011; Ndubuisi & Chidiebere, 2018). Maximum limits for cyanide in end products may vary according to country or region. For example, in Indonesia, the limit is 40 ppm (Mota-Gutierrez & O'Brien, 2020; Quinn et al., 2022). The Codex Alimentarius Commission (Codex) has specific standards for sweet and bitter cassava, mandating that bitter cassava must be peeled and thoroughly cooked before consumption if the cyanide content exceeds 50 ppm on a fresh weight basis. Low cyanide or 'sweet' cassava, on the other hand, can be supplied fresh after appropriate preparation and packaging (Chiwona-Karlton et al., 2022).

Despite various classification systems and international standards, the farm-level assessment of cyanide content in cassava often relies on their ethnobotany and organoleptic tests involving tasting of cassava roots. This approach is less sensitive, potentially unsafe, and subjective. Complex and expensive traditional laboratory techniques, and even the decentralised Bradbury cyanide kit, are typically inaccessible to farmers (Bokanga et al., 1994;

Brito et al., 2013; Chiwona-karlton et al., 2015). Thus, there is a need for alternative testing methods that are accessible, easy to use, safe, reliable, low-cost, and can be used at the farm level (Chiwona-Karlton et al., 2004; Dufour, 1988; Pereira et al., 1981).

The concentration of cyanide in cassava roots varies across SSA (Figure 2). Despite efforts to mitigate cyanide levels, high amounts of cyanide in roots and leaves of cassava plants are still common in many SSA countries (Baguma, Malembaka, et al., 2021). For instance, in the Republic of Congo, cyanide concentrations in fresh cassava roots range from 414 to 1158 ppm (Kobawila et al., 2005), whereas in Mozambique, they range from 44 to 800 ppm (Cardoso et al., 2005; Cumbana et al., 2007; Ernesto et al., 2000). Similarly, in Côte d'Ivoire, cyanide concentrations vary from 9.1 to 498 ppm (Bakayoko et al., 2009; Heuberger, 2005). These levels exceed the thresholds the WHO set for safe consumption. The variations in hydrogen cyanide content within a country can be attributed to diverse factors. These include abiotic and biotic conditions during growth, agronomic management practices, and genotypic differences (Bokanga et al., 1994; Gleadow et al., 2016; Schmidt et al., 2018). Even in countries where some cassava cultivars reportedly exhibit low hydrogen cyanide content, such as in Tanzania (Imakumbili et al., 2020; Mtunguja et al., 2016; Mushumbusi, 2018)

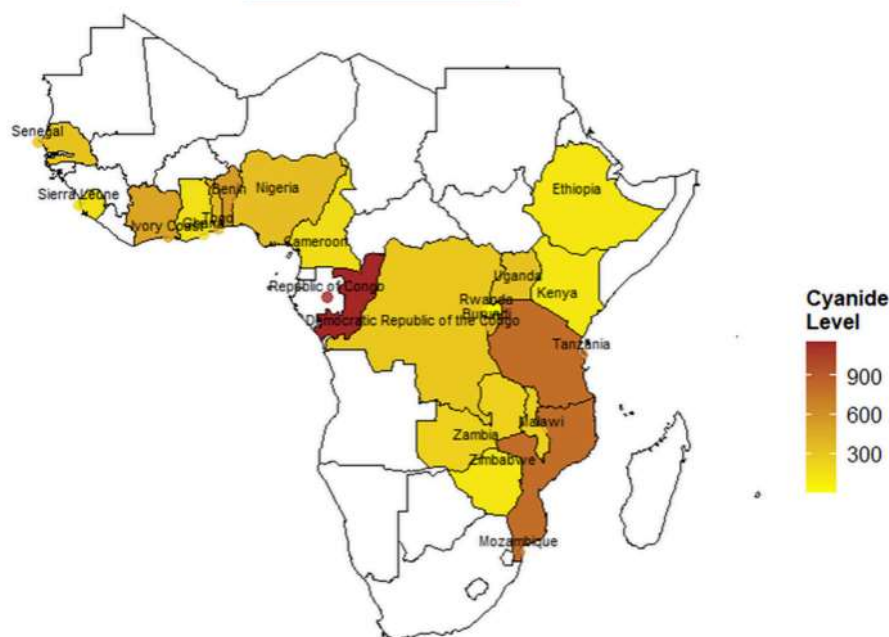


FIGURE 2 Reported maximum cyanide content (ppm) in cassava roots from Sub-Saharan Africa. Data and R script used to produce this plot are presented as supplementary information (Table S2; Script S1).

and Côte d'Ivoire (Bakayoko et al., 2009; Heuberger, 2005; Koko et al., 2014), there are still reports of alarmingly high concentrations of hydrogen cyanide in processed cassava products, surpassing the WHO safe limits by up to 50 times (Bakayoko et al., 2009; Heuberger, 2005; Imakumbili et al., 2020; Koko et al., 2014; Mtunguja et al., 2016; Mushumbusi, 2018). Consequently, farmers in these regions facing the challenge of selecting appropriate cultivars are constrained by their specific circumstances.

4 | CLIMATE VARIABILITY AND IMPACT ON CASSAVA CYANOGENESIS

The SSA region faces increased vulnerability to food insecurity due to climate change (Braumoh et al., 2019; Burns et al., 2010; Eze, 2018). Optimum cassava production requires an annual rainfall of between 600 to 1500 mm, temperature range of 25–32°C, and 12-h photoperiod for enhanced tuberisation (Sanoussi et al., 2015; Wassie, 2020). So far, three factors have been identified as potentially significant in cassava growth, cyanide accumulation and yield: rising temperatures, extreme droughts, and elevated atmospheric carbon dioxide (CO₂; Figure 3).

4.1 | Rising temperatures affect cassava cyanide

Extreme temperatures in SSA have become prevalent following intense temperature increases in inland subtropic areas (Ayanlade et al., 2022; Serdeczny et al., 2017). Global

warming models show mean air temperature increases between 2070 and 2099 are forecast to be 2 to 5°C for SSA (Akinwumiju et al., 2020; Arneth et al., 2019; Serdeczny et al., 2017). Specifically, for the West, Central, and East Africa regions, temperature increases of 0.6, 1.1, and 2.1°C respectively are projected, whereas Southern Africa are expected to experience even higher temperatures of 1.2, 2.3, and 3.3°C for the projected 1.5, 2, and 3°C (Arneth et al., 2019).

Cultivating cassava under elevated temperatures has been the subject of several studies (Brown et al., 2016; Forbes et al., 2020) which have consistently shown a notable decrease in cyanide concentrations within the plant. This intriguing phenomenon has sparked scientific interest, and researchers propose that the underlying mechanism may be linked to changes in nitrogen allocation within the leaves (Brown et al., 2016; Forbes et al., 2020; Gleadow et al., 2009, 2016; Gleadow & Møller, 2014). It has been suggested that under high-temperature conditions, the photosynthetic capacity of cassava may experience a partial downregulation, leading to alterations in nitrogen allocation within the plant. In turn, these changes in nitrogen allocation may contribute to reduced cassava cyanide content (Gleadow et al., 2009; Gleadow & Møller, 2014).

4.2 | Effects of drought on cassava cyanide content

Projections for precipitation levels in Africa show variations in regional rainfall patterns (Bichet et al., 2020; Shongwe et al., 2011). Currently, some parts experience

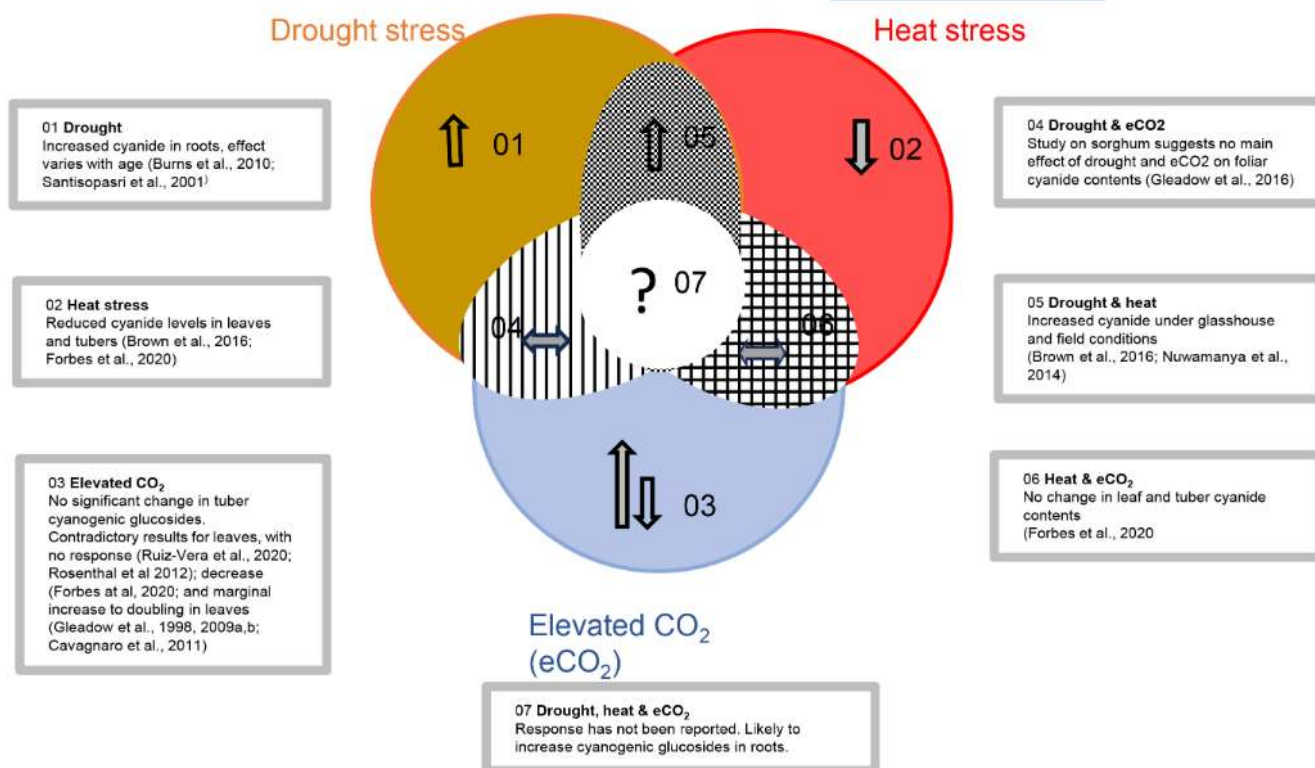


FIGURE 3 Influence of climate extremes on cassava cyanide concentration. References are in Table S3.

good rains while others have low rainfall. However, under a 1.5°C global warming scenario, Central, Eastern, and Southern Africa will experience decreased rainfall, whereas Western Africa will face increased monsoon rains (Arneth et al., 2019; Gudoshava et al., 2020; Serdeczny et al., 2017). At 2°C global warming, using the full Coupled Model Intercomparison Project Phase 5 (CMIP5) model, Sillmann et al. (2013) predicted the SSA region will experience more frequent drought spells and more dry months, ranging from 2 to 4 months (Arneth et al., 2019; Serdeczny et al., 2017; Trisos et al., 2022). The African region has had at least 341 drought events from the 1900s, compared with 168 drought events in America, 181 in Asia, 48 in Europe and 33 in Oceania (EM-DAT, 2023). Moreover, SSA had at least 233 drought events between 1980 to 2020 (EM-DAT, 2023; Nnopuechi, 2021), indicating that drought events have been recurring in the region, impacting millions of lives. Figure 4 shows that SSA countries including Angola, Mozambique, and Tanzania have each experienced more than seven drought events between 1980 and 2022. The recurring droughts in these countries stress the importance of cassava as both a staple and food security crop, especially when cereals fail, yet it is during the same drought period that cassava cyanide glucosides are high due to drought stress.

Drought stresses significantly increases cyanide content in cassava roots, with the effect varying depending

on the growth stage of the plant (Adegbola, Abayomi, Adebawale, et al., 2018; Adegbola, Abayomi, Obadina, et al., 2018; Bokanga et al., 1994; Burns et al., 2010; Mtunguja et al., 2016; Santisopasri et al., 2001). Drought stress can disrupt normal plant metabolism, affecting the balance between cyanogenic glycoside production and detoxification enzymes in cassava (Bokanga et al., 1994; Gleadow et al., 2016; Vandegheer et al., 2013). As a result, drought-stressed cassava plants tend to exhibit higher cyanide content in their roots compared with plants grown under optimal water conditions. The magnitude of the effect may also depend on the duration and severity of the drought event (Adegbola, Abayomi, Adebawale, et al., 2018; Adegbola, Abayomi, Obadina, et al., 2018; Alves, 2001; Mtunguja et al., 2016; Vandegheer et al., 2013; Wasonga et al., 2020a).

4.3 | Effects of elevated atmospheric carbon dioxide (CO₂) on cassava safety

Elevated CO₂ levels alone can have varied effects on cassava's hydrogen cyanide content. Some studies have shown no significant change in leaf hydrogen cyanide content (Rosenthal et al., 2012; Ruiz-Vera et al., 2021); some others reported decreases (Forbes et al., 2020); and a few studies have shown marginal increases when CO₂

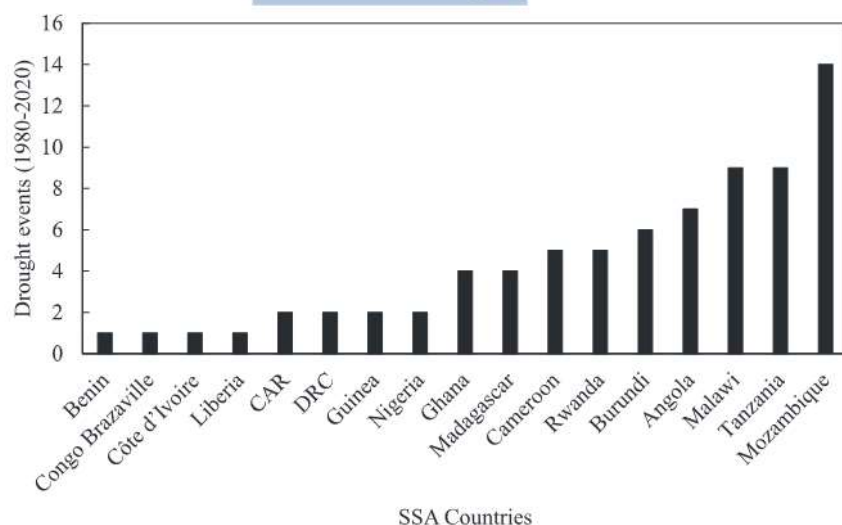


FIGURE 4 Occurrence of drought events in some SSA countries between 1980 and 2022. The data and references used to produce the plot are provided as supplementary information (Table S4). Source: EM-DAT, 2023.

levels were doubled (Cavagnaro et al., 2011; Gleadow et al., 1998, 2009). In contrast to studies on leaves, studies examining tuber cyanogenic glucoside levels, which contribute to hydrogen cyanide content, have generally shown no significant change in response to elevated CO_2 levels (Forbes et al., 2020). These findings suggest that the effect of elevated CO_2 , if any, on tuber cyanogenic glucoside levels may differ from that observed in cassava leaves.

4.4 | Compound effects of extreme temperatures, droughts, and elevated carbon dioxide

Under climate change models, compound extremes resulting from the simultaneous occurrence of heat and drought are expected to increase (Lesk et al., 2022; Serdeczny et al., 2017). Studies have demonstrated that the interactive effects of heat and drought stress significantly elevate the toxicity levels of cyanide in cassava roots, both in controlled environments and field conditions (Brown et al., 2016; Nuwamanya et al., 2014; Figure 3). These findings suggest that with the projected increases in temperature and reduced precipitation in SSA, cassava may become more toxic for human consumption, necessitating additional energy and processes for detoxification to ensure its safety. Regarding the interaction of high temperatures and elevated CO_2 levels, no change in leaf cyanide content is observed, whilst higher concentrations are found in the tubers (Forbes et al., 2020). However, research is limited on the interactive effects of extreme drought and elevated CO_2 or the combined effects of drought, heat, and elevated CO_2 on cassava tuber cyanide (Figure 3). Nevertheless, such compound effects will likely further increase cyanogenic glucoside levels in cassava roots.

4.5 | Mechanisms of environmental stress in influencing cassava cyanogenic glucosides

Cyanogenic glucosides in cassava are produced as secondary metabolites during growth and transported to the tuber as part of resource allocation, serving various functions including nitrogen turnover (Forbes et al., 2020; Gleadow et al., 2009). High temperatures and drought stress disrupt the delicate balance of enzymatic processes involved in cyanogenic glucoside degradation (Brown et al., 2016; Zhao et al., 2015). This contributes to the build-up of cyanide in plant tissues (Brown et al., 2016; Vandegeer et al., 2013). Although high temperatures alone have been reported to reduce cyanides via association with photosynthetic down-regulation, which leads to changes in the distribution of nitrogen resources within the plant (McMahon et al., 2022; Ruiz-Vera et al., 2021). The altered resource allocation of photosynthates in stressed cassava plants, functions to enhance resilience to oxidative stress, ultimately resulting in higher cyanide concentrations in both leaves and roots (Gleadow et al., 2009, 2016; McKey et al., 2010).

5 | BIOTIC STRESS CAUSED BY INSECTS, PESTS, AND DISEASES HAD VARYING EFFECTS ON HYDROGEN CYANIDE LEVELS IN CASSAVA

Cyanide presence in cassava is generally thought to play a significant role in defence mechanisms against attacks from arthropod pests (Devi et al., 2022; Forbes et al., 2020; Ndubuisi & Chidiebere, 2018; Tivana et al., 2007). It is unclear whether cyanide also contributes to defence against disease attacks in cassava. In Table 3, we present literature

TABLE 3 Influence of insect/pests and disease attacks on cassava hydrogen cyanide content.

Pest/disease	Country	Change in hydrogen cyanide	Plant organ affected	References
Cassava whitefly (<i>Bamisia tabaci</i>)	Germany	↑	Leaves	(Easson et al., 2021)
	Uganda	↑	Leaves	(Tumwesigye et al., 2006)
Burrowing bug (<i>Cyrtomenus bergi</i> hemiptera)	Colombia	↔	Root parenchyma	Riis et al. (2003)
Cassava Green Mite (<i>Mononychellus tanajoa</i>)	Kenya	↑	Leaves	Mutisya et al. (2013)
	Nigeria	↔	Leaves	Ezulike and Egwuatu (1992)
Variegated grasshopper (<i>Zonocerus variegatus</i> (L.))	Nigeria	↑	Leaves	Bernays et al. (1977)
Cassava Mosaic Disease (CMD)	Uganda	↑	Leaves/roots	Tumwesigye et al. (2006)
Cassava Brown Streak Disease (CBSD)	Uganda	↑	Roots	Nuwamanya et al. (2015)
Cassava Mosaic Disease (CMD)	Zaire (DRC)	↓	Leaves	Almazan and Theberge (1989)

that reports on the influence of insect pests and disease attacks on cassava cyanide content. Both laboratory (Easson et al., 2021) and field (Tumwesigye et al., 2006) studies undertaken in Germany and Uganda, respectively, showed that cassava whitefly attacks increase cyanide concentrations in cassava foliar parts. Conversely, Bernays et al. (1977) has linked higher hydrogen cyanide content to reduced infestation by the African variegated grasshopper on cassava leaves. Analysis of data reported by Mutisya et al. (2013) and Ezulike and Egwuatu (1992), indicate a non-linear relationship between cassava green mite infestation and cyanide content (Figure 5). Specifically, Mutisya et al. (2013) found that low cyanide content varieties ranging from 10 to 30 ppm were more prone to cassava green mite attack in Kenya. By contrast, high cyanide varieties in Nigeria experienced low cassava green mite infestation (Ezulike & Egwuatu, 1992). Cassava pests that attack the root parenchyma, such as the burrowing bug (*Cyrtomenus bergi*, Hemiptera), do not change cyanide glucoside concentrations in low cyanide varieties, and only show minimal changes in high cyanide varieties (Riis et al., 2003).

The most significant cassava diseases in SSA are Cassava Mosaic Disease (CMD), and Cassava Brown Streak Disease (CBSD). Both CMD and CBSD are caused by viral pathogens. Previous studies have demonstrated that the accumulation of total cyanogen in cassava leaves and roots increases with the severity of CMD infestation (Tumwesigye et al., 2006) and CBSD infestation (Nuwamanya et al., 2015) in cassava roots. Additionally, Almazan and Theberge (1989) findings support the same hypothesis severity of the disease significantly influences the response of the crop to increase or reduce cyanide content. Through their study where cassava leaves were attacked by CMD in Zaire (present Democratic Republic of Congo), cyanide content for

cassava varieties that were resistant (vars TMS 50395 and TMS 30572) were lower than in the highly susceptible variety 'Isunikankiyan'. Similarly, cassava varieties' tolerance levels to CBSD play a role in the concentration of cyanide content in diseased plants. For instance, Nuwamanya et al. (2015) found that the cassava varieties TME 14 and TME 204, known as high cyanogenic varieties with cyanide content of 106 ppm and 108 ppm, respectively, exhibited a percentage increase in cyanide content of 15% and 73% when affected by CBSD. On the other hand, the varieties 1/92/0067 and MM96/4271, known as low cyanogenic varieties with cyanide content of 23 ppm and 4 ppm, respectively, both experienced an increase in cyanide content of 99% when attacked by CBSD. However, all the three studies designs did not consider the existing knowledge regarding soil moisture content's influence on cassava cyanide build up, making it difficult for one to make a conclusion on the issue.

It is also worth noting that the transmission of CMD and CBSD is facilitated by arthropod pests such as aphids and whiteflies. Cassava whiteflies transmit CMD persistently and CBSD semi-persistently (Muhindo et al., 2020). Interestingly, cassava varieties resistant to CMD are susceptible to whitefly pests (Omongo et al., 2012). The influence of cyanide on defence mechanisms in cassava appears to be more pronounced against arthropod pests than diseases.

Interventions that aim at controlling insect pests and disease during production would be essential in reducing cyanogenic glucosides. Breeding for resistant varieties to pests and diseases has been one of the core objectives for cassava improvement in Africa for decades (Ceballos et al., 2004; Hahn et al., 1980; Sheat & Winter, 2023). Additionally, in various SSA countries, including Nigeria, Ghana, Uganda, and Tanzania, biological control agents have been introduced as part of Integrated Pest Management (IPM) strategies to

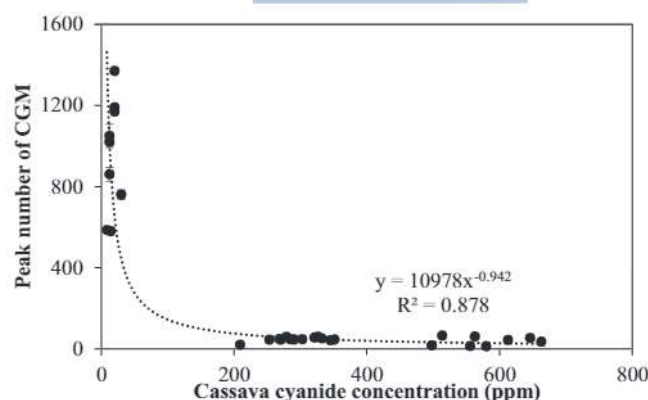


FIGURE 5 Peak number of cassava green mite (CGM) infestation in cassava varieties from Kenya and Nigeria. The data and references used to produce the plot are provided as supplementary information (Table S5). Source: Ezulike and Egwuatu (1992) and Mutisya et al. (2013).

combat pests in cassava production (Bellotti et al., 1999; Orek, 2024). These biological control programs aim to manage pests such as cassava mealybugs, green mites, and whiteflies. Natural enemies such as predatory mites, parasitic wasps, ladybugs, and lacewings have been introduced in cassava fields to regulate pest populations. The success of these biological control programs varies depending on factors such as the effectiveness of the introduced natural enemies, pest population dynamics, environmental conditions, and farmer adoption (Ratto et al., 2022). In many cases, biological control has proven effective in reducing pest populations and minimising damage to cassava crops, leading to improved yields and crop quality (Srinivasan et al., 2022). However, continued monitoring and adaptation to local conditions are essential to ensure the sustained success of these programs. By promoting environmentally friendly pest control practices and reducing reliance on chemical pesticides, these countries are working towards enhancing cassava productivity and the long-term sustainability of cassava farming systems.

6 | CROP MANAGEMENT INFLUENCES CYANIDE CONTENT IN CASSAVA TUBERS

The basal levels of cyanide in cassava tubers as well as its accumulation during a cropping cycle are influenced by a range of agronomic/crop management practices. These include irrigation and timing of planting, weeding and mulching practices, application of organic and inorganic fertiliser, and timing of harvest (see Table 4) (Adegbola, Abayomi, Adebawale, et al., 2018; Adegbola, Abayomi, Obadina, et al., 2018; Agbede, 2018; Alou et al., 2014; Biratu et al., 2022; Cadavid et al., 1998; Cuvaca et al., 2015;

Hue et al., 2012; Hular-Bograd et al., 2011; Kyawt et al., 2020; Mtunguja et al., 2016; Nwokoro, 2021; Obigbesan, 1977; Omar et al., 2012; Saggafu et al., 2019; Santisopasri et al., 2001; Tchacondo et al., 2011; Wasonga et al., 2020b). Formulating effective strategies to reduce the accumulation of cyanide in cassava tubers will require better understanding of the influences of these practices. Farmers in SSA commonly utilise cassava cuttings as planting materials (Chikoti et al., 2019; Droppelmann et al., 2018; Osei et al., 2009). Cassava is sown by stem cuttings at the onset of the rainy season (Chikoti et al., 2019; Enesi et al., 2022). Selection of cultivars for stem cuttings are based on attributes such as taste of processed tubers (bitter or sweet), historical tuber yields, resistance to pests and diseases, and marketability. However, because cassava can withstand dry spells better than other staple crops such as maize and rice, it is often planted late in the rainy season, into low soil moisture (Enesi et al., 2022; Polthanee & Srisutham, 2017). Growing cassava in soils with low available water increases cyanide content in cassava (El-Sharkawy & Cadavid, 2002; Imakumbili et al., 2019a). A suite of crop management practices that can be used to manage cassava cyanide content are discussed below.

6.1 | Irrigation

Irrigation is a valuable tool to minimise cyanide content in cassava (Hular-Bograd et al., 2011). Adequate and consistent water supply offered by irrigation alleviates plant stress, and reduces accumulation of cyanogenic compounds, including cyanide (Forbes et al., 2020; Imakumbili et al., 2021; Vandegeer et al., 2013). Irrigation facilitates the dilution of the cyanides, which are water-soluble compounds, effectively lowering their concentration within the roots (Brown et al., 2016; Devi et al., 2022; Hular-Bograd et al., 2011; Vandegeer et al., 2013). In a rainfed field experiment, (Hular-Bograd et al., 2011) found that supplementing cassava with adequate water (60 mm per month) during the ninth month when there were no rains helped to reduce cyanide content in cassava roots, cv. 'Kasestart 50' by 40%. However, it is essential to note that the associated improvement in soil fertility and the promotion of uniform plant growth resulting from irrigation contribute to the mitigation of cyanide accumulation (Bokanga et al., 1994; Ekanayake & Bokanga, 1995).

6.2 | Weeds and mulches

Weeds inhibit growth and development of crops by increasing competition for essential resources including water, nutrients, and light (Fermont et al., 2009;

TABLE 4 Influence of agronomic practices on cassava cyanide content from selected countries.

Agronomic practice	Intervention	HCN ^a change	HCN ^a (ppm) treatment	HCN ^a (ppm) in control	Cultivar name	Tested part	Country	Reference
Irrigation	Supplementing with irrigation in the dry months (December–January)	↓	446.7	560.3	Kaserstat 50 (KU50)	Root	Thailand	Hular-Bograd et al. (2011)
	100% irrigation and K fertigation at 16 mM	↓	2.7	12.8	Mutura ^b	Root	Finland	Wasonga et al. (2020a)
	100% irrigation and K fertigation at 16 mM	↓	4.2	25.9	Mutura ^b	Leaves	Finland	Wasonga et al. (2020b)
Weeding	Weeding at 4 weeks interval for 6 months	↓	64.2–68.1	64.6–79.0	Kibandameno, Karembu, Nzalauka, Tajilika	Root	Kenya	Saggafu et al. (2019)
	Unweeded cassava plots	↑	1.12–3.99 ^c	3.26–5.33 ^c	NASE 0063, TME 14, Kirimumpale	Root	Uganda	Alou et al. (2014)
Mulching	Mulching with 1.2 kg/m ² of <i>Panicum maximum</i> , Jacq. dry residues	↓	149–158	224–227	M Col 1505 'Verdecita'	Roots	Colombia	Cadavid et al. (1998)
Intercropping	NKP fertilisation in Intercropping cassava-maize system in a drought year	↓	2.4	2	TME 419	Roots	Nigeria	Nwokoro (2021)
Fertilisation	Use of vegetable waste and empty fruit bunches compost	↓	0.4–0.42	0.5	Pontan, Median	Root	Malaysia	Omar et al. (2012)
	Green manure (<i>Moringa oleifera</i> (Lam.), <i>Leucaena leucocephala</i> (Lam.) and <i>Gliricidia sepium</i> (Jacq.) Kunth) application	↓	38.9–51.0	63.4–64.2	TMS 30572	Root	Nigeria	Agbede (2018)
	Chicken manure application	↔	14.64–15.21	14.28	Mweru	Root	Zambia	Biratu et al. (2022)
	N15-P15-K15- fertiliser application	↑	0.51	0.5	Pontan, Median	Roots	Malaysia	Omar et al. (2012)
	N15-P15-K15- fertiliser application	↓	50.4–56.0	63.4–64.2	TMS 30572	Roots	Nigeria	Agbede (2018)
	Different NPK fertiliser rates	↔	14.0–15.6	15.2	Mweru	Roots	Zambia	Biratu et al. (2022)
	Different NPK fertiliser rates	↔	46.0–95.2	76.3	Tapioca	Roots	Mozambique	Cuvaca et al. (2015)
	N application	↓	40	65	Red cassava	Roots	Japan	Kyawti et al. (2020)
	P-application	↔	56.8	76.3	Tapioca	Roots	Mozambique	Cuvaca et al. (2015)
	K application	↔	46	76.3	Tapioca	Roots	Mozambique	Cuvaca et al. (2015)
		↔	138–203	142.8–187.8	53101 (local)	Roots	Nigeria	Obigbesan (1977)
		↔	77–116	89.8–108.5	60506 & 60447 (Improved)	Leaves	Finland	Wasonga et al. (2020)
		↓	4.2–10.5	8.0–25.9	Mutura ^b	Roots	Tanzania	
		↓	2.7–5.6	3.7–12.8	Mutura ^b	Roots	Tanzania	
		↓	17.3–108.7	12–131.7	Salanga, Kalinda, Supa, Kiroba	Roots	Tanzania	
		↓	54	70	Red cassava	Roots	Japan	Kyawti et al. (2020)

(Continues)

TABLE 4 (Continued)

Agronomic practice	Intervention	HCN ^a change	HCN ^a (ppm) treatment	HCN ^a (ppm) in control	Cultivar name	Tested part	Country	Reference
Harvesting	Frequency of harvesting leaves-2-3 times	↑	171.6–322.5	105.6–173.6	K94, K98-7 & local	Leaves	Vietnam	Hue et al. (2012)
	Harvesting roots at 9 MAP ^d	↑	45.51–48.1	46.18–48.86	TMS98/0510 & TMS98/0505	Roots	Nigeria	Adegbola, Abayomi, Adebowale, et al. (2018); Adegbola, Abayomi, Obadina, et al. (2018)
		↓	560.3	616.2	Kaserstat 50 (KU50)	Root	Thailand	Hular-Bograd et al. (2011)
	Harvesting roots at 9 MAP ^d	↑	28–36	29.5–32	52101 & 60506	Roots	Nigeria	Obigbesan (1977)
	Harvesting roots at 12 MAP ^d	↓	17.63–21.14	46.18–48.86	TMS98/0510 & TMS98/0505	Roots	Nigeria	Adegbola, Abayomi, Adebowale, et al. (2018); Adegbola, Abayomi, Obadina, et al. (2018)
		↓	15–28	20–32	52101 and 60506	Roots	Nigeria	Obigbesan (1977)
		↑↑	21.8–51.1	22.3–38.2	R1, R5, R60, R90, KU 50, CMR 33–57-81	Roots	Thailand	Santisopasri et al. (2001)
		↑	873.8	616.2	Kaserstat 50 (KU50)	Root	Thailand	Hular-Bograd et al. (2011)
	Harvesting roots at 15 MAP ^d	↑↑	25–800	30–400	Kalolo, Kibandamemo, Kilusunga, Kiroba, Msenene, Nyamkagile	Roots	Tanzania	Mtunguja et al. (2016)
		↓	93.05	n/a	96/1632-ITRA-TG	Roots	Togo	Tchacondo et al. (2011)
	Harvesting in wet season (April–May)	↓	93.05	n/a	96/1632-ITRA-TG	Roots	Togo	Tchacondo et al. (2011)
	Harvesting in dry season (December–January)	↑	375.3	n/a	96/1632-ITRA-TG	Roots	Togo	Tchacondo et al. (2011)

^aHydrogen cyanide.^bMutura is a Kenya variety that was studied in Finland.^cDenotes bitterness scale of 1–6, where 1 is for less bitter and 6 is highly bitter, and n/a is for not available in the paper.^dMonths after planting.

Khanthavong, 2016; Pereira Soares et al., 2021). Weeds also act as vectors for pests and diseases which exacerbate biotic stresses on the cassava crop. The critical period for weed infestation that reduces cassava yield occurs within the first 2–3 months of crop establishment (Pereira Soares et al., 2021; Taylor et al., 2004). But it remains unclear whether the influence of weeds during this first 2–3 months is also critical for subsequent cyanide accumulation. Regular weeding has benefits for cassava production beyond enhancing growth and increasing access to resources as it reduces hydrogen cyanide content in tubers by 32% (Saggafu et al., 2019), and causes the tubers to be less bitter as demonstrated by (Alou et al., 2014) using organoleptic tests (Alou et al., 2014). Implementing proper weed control measures such as mulching and cover cropping can also minimise habitats for pest and disease vectors, disrupting their life cycles, and reducing their impact on cassava crops (Pereira Soares et al., 2021). Mulching also helps to retain soil moisture (Imakumbili et al., 2021) and suppress weed growth (Sangakkara et al., 2004), thereby reducing plant water stress. Mulches with low carbon-to-nitrogen (C:N) ratios can contribute nutrients to crop growth through rapid decomposition and nutrient recycling, improving soil structure, and lowering soil temperatures (Fasinmirin & Reichert, 2011). Mulching contributed to the reduction in root cyanide concentrations by around 30% (Cadavid et al., 1998), likely due to the negative correlation between cyanide content and water availability (Imakumbili et al., 2019a, 2021; see section 6.1 above). Despite these benefits, many farmers struggle with weed management due to its labour-intensive nature, competition for labour, and associated costs (Ekeleme et al., 2021). A short period of influence of weeds on cassava tuber cyanide content may present farmers with opportunities to allocate scarce resources to weed management and thus reduce tuber cyanide content. However, it is not unlikely that the period of influence may vary among weed species and even with cassava cultivars.

6.3 | Organic and inorganic fertilisers

Although fertilisation application improves cassava yields (Imakumbili, 2018; Okwu & Awurum, 2008; Wasonga et al., 2020b), it also influences cyanide content in cassava (Cadavid et al., 1998; Imakumbili, 2018). Organic fertilisers have varying effects on cassava cyanide content (Table 4). Reductions have been shown with vegetable waste (vermicompost and empty fruit bunch; Omar et al., 2012), and green manures such as moringa leaves at a rate of 5 t ha⁻¹ (Agbede, 2018),

whereas chicken manure had negligible effects (Biratu et al., 2022). As with organic fertilisers, the effects of inorganic fertilisers on cassava cyanide content also varies (Table 4). High levels of potassium fertiliser reduced cyanide content in both cassava leaves and roots (El-Sharkawy & Cadavid, 2000; Imakumbili et al., 2019b; Kyawt et al., 2020; Wasonga et al., 2020a). Potassium is vital in translocating photosynthates from the leaves to the roots, contributing to the energy required to develop cassava storage organs (Imas & John, 2013). But the specific mechanisms by which potassium influences cyanide content in cassava roots is unknown. In contrast to potassium, nitrogen fertiliser application increases cyanide content, whereas phosphorus application does not appear to influence the cyanide levels in cassava leaves and roots. However, cassava roots grown in soils with high phosphorous content tend to exhibit higher cyanide contents, and the effects of mineral fertilisers on cyanide levels can be genotype-dependent (Ekanayake & Bokanga, 1995; Imakumbili et al., 2020).

The use of mineral fertilisers in SSA has declined over the past decade (Dimkpa et al., 2023; FAOSTAT, 2023), despite the introduction of government subsidies aimed at improving access for smallholder farmers (Ricker-Gilbert, 2020). A range of programs have been implemented to enhance agricultural productivity but these have faced persistent challenges which have hindered their effectiveness (Baltzer & Hansen, 2011; Druilhe & Barreiro-Hurlé, 2012; Theriault & Smale, 2021). Smallholder farmers also face limitations in applying appropriate fertiliser amounts due to knowledge gaps. Logistical complexities in fertiliser delivery, which lead to delays, adversely affect fertiliser use efficiency (Bonilla-Cedrez et al., 2021; Dimkpa et al., 2023). Fertiliser subsidy programs prioritise cereal grain crops over root crops such as cassava. Furthermore, there is a prevailing notion among farmers that cassava can thrive with minimal inputs (Abass et al., 2014; Amelework et al., 2021) even though some cassava varieties require a considerable rate of application for the crop to produce optimal yields (Biratu et al., 2022; Chua et al., 2020; Ezui et al., 2016). This notion causes farmers to consider fertiliser application to cassava as a secondary option, except when it is grown within intercrop farming systems (Hauser et al., 2002).

6.4 | Intercropping

Intercropping is common in smallholder farms in SSA (Kuyper & Adjei-Nsiah, 2017; Parmar et al., 2017). Despite this prevalence, there is a shortage of information regarding the impact of intercropping on cassava in terms of reducing cyanide content in its roots. Nonetheless, we

postulate that intercropping cassava has the potential to influence the cyanide content. The influence is likely contingent on factors such as companion plants or intercropping systems, nutrient competition, pest and disease management, soil health, and cultural practices used by farmers (Kuyper & Adjei-Nsiah, 2017; Nwokoro, 2021; Tang et al., 2020).

Nutrient competition is a prominent concern in cassava intercropping systems, as it can affect the availability of essential nutrients required for proper cyanide metabolism. For instance, in a cassava-maize intercropping system in Nigeria, Nwokoro (2021) observed that cassava root cyanide levels increased with the plant's age. Notably, unfertilised treatments did not accumulate more cyanide than fertilised treatments, highlighting the role of nutrient competition in cassava intercropping systems.

Pest and disease dynamics within cassava intercropping systems also have the potential to impact stress levels in cassava plants (Kuyper & Adjei-Nsiah, 2017) and consequently influence cyanide content. Reports suggest that intercropping cassava with cowpeas can reduce the egg populations of two whitefly species (*A. socialis* and *T. variabilis*) compared with monoculture cultivation. Remarkably, these effects have been observed to persist for up to 6 months after harvest (Bellotti et al., 1999; Riis et al., 2003). And as we discussed in section 5 above, whitefly infestations in cassava have been linked to increased cyanide levels (Easson et al., 2021; Tumwesigye et al., 2006). As such, intercropping may offer small-scale farmers an effective means of reducing pest populations and potentially mitigating cyanide content in cassava.

6.5 | Time of harvest

Cassava roots mature about 9–24 months after planting, whereas leaves are typically harvested around 4–5 months after planting (Hue et al., 2012; Sanusi et al., 2022; Wassie, 2020). The wide variation in time to harvest maturity of cassava tubers is due mostly to cultivar differences (i.e., genotypic variations). However, environmental conditions including temperature, water and nutrient availability, and the presence or absence of pests and diseases also influence the rate of development to maturity (Bokanga et al., 1994; Burns et al., 2010; Santisopasri et al., 2001). Tuber and leaf maturity are negatively correlated with leaf and tuber cyanide content (Adegbola, Abayomi, Adebawale, et al., 2018; Adegbola, Abayomi, Obadina, et al., 2018; Mtunguja et al., 2016). This relationship has been explored from various perspectives, including physiological, genetic, and environmental factors (Adegbola, Abayomi, Adebawale, et al., 2018; Adegbola, Abayomi, Obadina, et al., 2018;

Cuvaca et al., 2015; Mtunguja et al., 2016; Santisopasri et al., 2001). Frequent harvesting of young leaves further increase hydrogen cyanide content in younger leaves of subsequent harvests (Hue et al., 2012). Like leaves, as tubers matures, the cyanide content reduces. A study of sweet cassava varieties (TMS/98/0510 and TMS/98/0505) showed 1.8%–4.6% reduction in cyanide content when the roots were harvested 9 months after planting and 3%–10% reduction at 12 months after planting (Adegbola, Abayomi, Adebawale, et al., 2018; Adegbola, Abayomi, Obadina, et al., 2018). These findings highlight the importance of timing of harvest on tuber cyanide content. Harvests at tuber maturity would ensure reduced cyanide content. But waiting until tuber maturity may not always be possible in food insecure communities.

7 | CONCLUSION AND RECOMMENDATIONS

This paper highlights the urgent concern of changing patterns of cyanogenesis in cassava, a staple crop in SSA. Despite increased production and research efforts, cassava varieties with high cyanide concentrations continue to be cultivated, increasing the risk of exceeding post-processing limits recommended by WHO/FAO. The region faces additional challenges due to climate variability – extreme and/or prolonged drought and heat spells, and increased pests and diseases, exacerbating cyanide accumulation and posing health risks to consumers. Consequently, previously classified ‘sweet’ cassava varieties may no longer be categorised as such due to these factors.

To address this issue and ensure safe and nutritious cassava consumption, we recommend screening of cassava varieties. Breeding programs which recognise trade-offs for desired traits, that is, low hydrogen cyanide potential, increased resistance to pests and diseases, high yields, alongside consumer preferences are required. There is also a need to unravel molecular pathways responsible for the interactions between climate stresses, cassava physiology, and cyanogenic glycoside metabolism, which will aid in developing targeted mitigation strategies. Additionally, comprehensive interaction studies are also needed to understand better the complex interactions between extreme droughts, heat, elevated CO₂ levels, and cyanogenic glycoside metabolism.

Furthermore, farm management strategies are also deemed effective in reducing cyanide glucosides in cassava during the production cycle. For instance, discouraging late planting and promoting the selection of cassava varieties with low cyanide levels and adjusted planting timing to avoid prolonged dry spells are vital steps to mitigate

cyanide toxicity. Implementing agronomic practices such as irrigation, weeding, mulching, fertiliser application, and pests and disease management can reduce cassava's cyanide concentrations. Nevertheless, smallholder farmers are less likely to use them in their cassava fields because the crop is believed to be hardy (Tabaglio et al., 2023) and produces yields, even with little effort. Some of these practices (e.g. irrigation and fertilisation) would increase production costs, rendering it expensive for farmers to produce significant economic yields (Ricker-Gilbert, 2020). Therefore, alternative practices better suited to smallholder farmers in SSA are needed. A potential option for sustainable production of safe cassava in SSA would be using agroecology practices (Shackelford et al., 2018). Agroecological practices offer a promising solution to mitigate biotic stress in cassava production caused by insects/pests, diseases, and abiotic stressors (McKey et al., 2010). Cassava production in agro-ecological set up promotes biodiversity, enhancing soil health, and fostering ecological balance, creates a resilient agroecosystem that can effectively suppress pest and disease outbreaks and reduce the production of cyanogenic glucosides in cassava (Delaquis et al., 2017; McKey et al., 2010; Shackelford et al., 2018). Implementing crop rotation, intercropping, and polyculture can help disrupt the pest and disease cycle while conserving natural predators and biological control agents (Bellotti et al., 1999; Kuyper & Adjei-Nsiah, 2017), which would be affordable to African smallholder farmers. Agroecological practices also emphasise good field hygiene, sanitation, and regular crop monitoring, enabling early detection and timely intervention.

SSA governments should invest and lead strategies, plans, and policies that support knowledge exchange and skills development on sustainable agronomic practices and technologies to reduce cyanide toxicity in cassava. By facilitating research, reducing land access pressures and supporting extension services, SSA governments can contribute significantly to efforts aimed at ensuring food security and the well-being of its population. SSA governments should also galvanise public health measures to reduce the risks of consuming cassava products with high cyanide. The measures could range from educating farmers and consumers about the dangers of consuming cassava with high cyanide content, to providing access to rapid, semi-quantitative, colorimetric test kits to farmers and local communities which they can easily use to determine the cyanogenic potential of their cassava products.

AUTHOR CONTRIBUTIONS

Jacinta Nyaika, Louise Abayomi and Onoriode Coast conceived the idea for the manuscript. Jacinta Nyaika performed the literature search and data collation and wrote the initial draft with support from Louise Abayomi and

Onoriode Coast. All authors read, reviewed, and approved the final manuscript.

ACKNOWLEDGMENTS

We thank the Commonwealth Scholarship Commission for the PhD scholarship, enabling JN to undertake this research at the University of Greenwich, Natural Resources Institute, and the Lilongwe University of Agriculture and Natural Resources (LUANAR) for granting JN study leave. OC received support from Research England's 'Expanding Excellence in England' (E3)-funded Food and Nutrition Security Initiative of the Natural Resources Institute, University of Greenwich. OC acknowledges and recognises the Nganyaywana (Anaiwan) people as the traditional owners and custodians of the land on which he works and lives, and he pays respect to their Elders past and present. Dr Lucie Büchle is thanked for their generous contributions to earlier drafts.

CONFLICT OF INTEREST STATEMENT

The authors declare they have no conflict of interest.

DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

How to cite this article: Nyaiika, J., Abayomi, L., Parmar, A., & Coast, O. (2024). Cyanide in cassava: Understanding the drivers, impacts of climate variability, and strategies for food security. *Food and Energy Security*, 13, e573. <https://doi.org/10.1002/fes3.573>