

# Conduct Disorder: Treatment

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*Conduct disorder* (CD) is a broad and overarching term describing a condition in which a child or a young person persistently engages in antisocial behavior that violates the rights of others. Given the costs of CD to the individual affected, as well as to his or her family and community, and to society as a whole, identifying effective treatments for CD is crucial. Few interventions are designed to treat CD specifically, and most relevant treatments are labeled as interventions for childhood antisocial behavior, delinquency, or conduct problems. However, all of the interventions described herein target a number of (and typically most) symptoms of CD. The most effective are parent training and some multicomponent interventions, with some evidence for the effectiveness of anger management approaches. ...