

1 **Title**

2 The impact of the evolving HIV response on the epidemiology of tuberculosis in South African
3 children and adolescents

4

5 **Authors:**

6 Karen du Preez (MSc)¹, Muhammad Osman (MSc)¹, James A. Seddon (PhD)^{1,2}, Pren Naidoo
7 (PhD)¹, H. Simon Schaaf (PhD)¹, Zahn Munch (PhD)³, Rory Dunbar (PhD)¹, Lindiwe Mvusi
8 (MBChB)⁴, Sicelo S. Dlamini (MPH)⁵, Anneke C. Hesselning (PhD)¹

9 **Affiliations:**

- 10 1. Desmond Tutu TB Centre, Department of Paediatrics and Child Health, Faculty of
11 Medicine and Health Sciences, Stellenbosch University, Cape Town, South Africa
- 12 2. Department of Infectious Diseases, Imperial College London, United Kingdom
- 13 3. Department of Geography and Environmental Studies, Stellenbosch University,
14 Stellenbosch, South Africa
- 15 4. National TB Control & Management Cluster, National Department of Health, South
16 Africa
- 17 5. Research Information Monitoring, Evaluation & Surveillance (RIMES), National TB
18 Control & Management Cluster, National Department of Health, South Africa

19 **Running head:** Child and adolescent TB in South Africa

20 **Abstract word count:** 254

Full text word count: 3325/3000

21 **Number of Figures:** 3

22 **Number of Tables:** 3

23 **Number of Supplemental Tables:** 2

24 **Number of references:** 31

25 **Keywords:** Tuberculosis; HIV; Children; Adolescents; South Africa

26 **Corresponding author email and full address:**

27 Dr Karen du Preez, MBChB, MSc (Epi)

28 E-mail: karen_dupreez@sun.ac.za; Telephone: +27219389173; +27845811785

29 Desmond Tutu TB Centre, Department of Paediatrics and Child Health, Faculty of Medicine and
30 Health Sciences, Stellenbosch University, Francie van Zijl Drive, Parow, 7505, South Africa.

31

32 **Alternative contact author:**

33 Dr Muhammad Osman

34 Email: mosman@sun.ac.za; Telephone: +27 83 556 9838

35 Desmond Tutu TB Centre, Department of Paediatrics and Child Health, Faculty of Medicine and
36 Health Sciences, Stellenbosch University, Francie van Zijl Drive, Parow, 7505, South Africa.

37

38 **Summary: (38/40 words)**

39 We studied trends in tuberculosis case notification rates (2004-2016) in South African children
40 and adolescents and explored associations between tuberculosis, age, HIV and sex. Age- and
41 HIV-stratified analyses identified adolescents and young HIV-positive children as particularly
42 vulnerable groups.

43

44

45

46 **Abstract**

47 **Background**

48 Few studies have evaluated tuberculosis control in children and adolescents. We used routine
49 tuberculosis surveillance data to quantify age- and HIV-stratified trends over time and investigate
50 the relationship between tuberculosis, HIV, age and sex.

51 **Methods**

52 All children and adolescents (0-19 years) routinely treated for drug-susceptible tuberculosis in
53 South Africa and recorded in a de-duplicated national electronic tuberculosis treatment register
54 (2004-2016) were included. Age- and HIV-stratified tuberculosis case notification rates (CNRs)
55 were calculated in four age bands: 0-4, 5-9, 10-14 and 15-19 years. The association between
56 HIV infection, age and sex in children and adolescents with TB was evaluated using multivariable
57 logistic regression.

58 **Results**

59 Of 719,400 children and adolescents included, 339,112 (47%) were 0-4-year-olds. The overall
60 tuberculosis CNR for 0-19-year-olds declined by 54% between 2009 and 2016 (incidence rate
61 ratio [IRR]=0.46, 95% confidence interval [CI] 0.45-0.47). Trends varied by age and HIV, with the
62 smallest reductions (2013-2016) in HIV-positive 0-4-year-olds (IRR=0.90, 95%CI 0.85-0.95) and
63 both HIV-positive (IRR=0.84, 95%CI 0.80-0.88) and HIV-negative (IRR=0.89, 95%CI 0.86-0.92)
64 15-19-year-olds. Compared to 0-4-year-old males, odds of HIV co-infection among 15-19-year-
65 olds were nearly twice as high in females (adjusted odd's ratio [aOR]=2.49, 95%CI 2.38-2.60)
66 than in males (aOR=1.35, 95%CI 1.29-1.42).

67 **Conclusions**

68 South Africa's national response to the HIV epidemic has made a substantial contribution to the
69 observed declining trends in tuberculosis CNRs in children and adolescents. The slow decline of
70 tuberculosis CNRs in adolescents and young HIV-positive children is concerning. Understanding
71 how tuberculosis affects children and adolescents beyond conventional age bands and by sex,
72 can inform targeted tuberculosis control strategies.

73 **Background**

74 Modelling studies suggest that 1.5 million children and adolescents develop tuberculosis (TB)
75 each year.[1, 2] Despite TB being preventable and treatable, the World Health Organization
76 (WHO) estimates that 233,000 children (<15 years), died from TB in 2017.[3] South Africa, one
77 of the high TB burden countries, had an estimated TB incidence rate of 520/100,000 population
78 in 2018[1] and an national HIV prevalence of 14.0% in 2017.[4] Despite an initial slow response
79 to the HIV epidemic in South Africa, substantial efforts were made from 2009 to reduce HIV
80 transmission, including to children, with sequential changes to national guidelines leading to
81 progressive roll-out of antiretroviral therapy (ART).[5] All HIV-positive infants became eligible for
82 ART in 2010, and all young children (<5 years) in 2012.[6, 7] Since 2016, all HIV-positive
83 individuals in South Africa have been eligible for ART under the universal-test-and-treat policy.[8]
84 The risk of developing TB varies substantially with age and HIV status. The risk of progression
85 from *Mycobacterium tuberculosis* infection to disease is the highest in young children, falls to a
86 nadir in pre-pubertal children, and then rises again through adolescence.[9] HIV infection
87 increases this risk of developing TB by approximately 8-fold, with ART reducing the risk by
88 approximately 70%.[10] Adolescents (10-19-year-olds) have also been identified as a vulnerable
89 population, especially if HIV-positive.[2, 11, 12] In addition, there is some evidence that the age-
90 related risk of TB in children and adolescents varies by gender.[13]

91 The prevalence of HIV and the risk of HIV acquisition also changes with age. For young children,
92 the risk of acquiring HIV is primarily through vertical transmission, either perinatally or during
93 infancy (breastfeeding). During adolescence, the risk of HIV infection due to horizontal
94 transmission rises into young adulthood, with adolescent females being at higher risk of becoming
95 HIV-positive than their male counterparts.[14] With the widespread roll-out of ART to HIV-positive
96 children, an increasing number of perinatally-infected individuals, born during the early stages of
97 the HIV epidemic, have survived into adolescence.[15] HIV-positive adolescents are at high risk
98 of attrition in routine HIV-care services,[16] which may further increase their risk of developing
99 TB if not on ART.[10]

100 Given the intimate relationship between HIV and TB, it would be expected that the progressive
101 roll-out of ART in South Africa would have produced a substantial decrease in TB case notification

102 rates (CNRs) in children and adolescents, correlating with the decline in TB incidence in adults.
103 However, it is important to evaluate the interaction between TB, HIV and age since both the risk
104 of TB and HIV is influenced by age. One of the strengths of South Africa's National TB Programme
105 was the implementation of an individual case-based, electronic TB register (ETR.Net) for
106 surveillance of all treated drug-susceptible TB cases since 2004, allowing in-depth age-
107 disaggregated analyses over time. This source of surveillance data provides a unique opportunity
108 to evaluate the relationship between TB, HIV, sex and age and to review trends in TB notification
109 rates over time. In this study, we investigated TB trends in South African children and adolescents
110 by four 5-year age bands in the context of routine programmatic changes in the HIV programme
111 over more than a decade. We further investigated the relationship between HIV infection, age
112 and sex in children and adolescents with TB.

113

114 **Methods**

115 *Study design*

116 This was a retrospective cohort study of all newly registered children and adolescents (0-19
117 years) routinely recorded in the South African national ETR.Net as the drug-susceptible case-
118 finding cohort from 2004 to 2016.

119 *Setting*

120 South Africa had an estimated population of 58 million people in 2018 and is divided into 9
121 provinces. In 2017, the estimated national HIV prevalence among pregnant women attending
122 routine ante-natal services was 30.7%[17], and amongst infants 2.7%.[4] Several changes to the
123 national HIV programme have been made since 2010, sequentially increasing access of ART to
124 wider groups of children and adolescents.[5]

125 *Electronic TB treatment register*

126 Since 2004, routine data for drug-susceptible TB have been captured electronically in the
127 ETR.Net from paper-based TB treatment registers at all designated TB reporting units, allowing
128 facility, district, provincial and national reporting on case-finding, sputum conversion and

129 treatment outcome cohorts.[18, 19] These data are also used for annual reporting of national TB
130 surveillance data to WHO.

131 During the study period, TB data were collected and managed by the National Department of
132 Health through the Research, Information, Monitoring, Evaluation and Surveillance (RIMES) unit.
133 Back-end data from ETR.Net were extracted for the period 2004 to 2016 and underwent a
134 systematic data cleaning and de-duplication process.

135 *Definitions*

136 Children and adolescents were divided into four 5-year age-bands (0-4, 5-9, 10-14 and 15-19),
137 to determine the burden of TB and HIV amongst children and adolescents across the age
138 spectrum. HIV status was classified as HIV-negative, HIV-positive, and HIV-unknown,
139 constructed using documented HIV testing results, CD4 results, and cotrimoxazole or ART use
140 from the ETR.Net. The term 'newly treated' refers to TB patients who had not been previously
141 treated, or who had previously received <4 weeks of TB treatment. The site of disease was
142 categorised by treating clinicians as per national guidelines and distinguished only between any
143 pulmonary TB (PTB; with or without extra-pulmonary TB [EPTB]), or EPTB exclusively. Intra-
144 thoracic lymphadenopathy, common in children, is considered PTB in the national
145 programme.[20] International classification of disease (ICD)-10 codes referring to miliary TB and
146 central nervous system TB, including TB meningitis, were combined and classified as
147 'disseminated TB'. A bacteriologically confirmed TB diagnosis included any positive
148 smear/culture/Xpert MTB/RIF (Xpert; Cepheid, Sunnyvale, CA) result on at least one specimen
149 prior to treatment initiation.

150 *Statistical Analyses*

151 Age-stratified TB CNRs were calculated as the number of drug-susceptible TB cases per 100,000
152 population per year in each age category. The Thembisa model, a mathematical model of the
153 South African HIV epidemic and a publicly available data source containing both age-
154 disaggregate HIV and general population statistics,[21] provides population estimates per 1-year
155 age band by sex for each year. These were summed to produce a population estimate per age
156 category for each year of the study, which were used to calculate 1) age-disaggregated TB CNRs

157 overall and by HIV status, and 2) national age-specific HIV prevalence estimates. To minimize
158 potential bias introduced due to the large proportion of missing HIV data in the earlier years of
159 the study, all HIV analyses were restricted to years where >80% of patients had a known HIV
160 status in all age groups. These criteria were met from 2013, and HIV analyses were therefore
161 only completed using data from the last four years of the study (2013-2016). HIV-stratified TB
162 CNR calculations excluded TB cases with an unknown HIV status, and were expressed as per
163 100,000 population using the HIV-positive and HIV-negative Thembisa model population
164 estimates.[21] Overall and HIV-stratified incidence rate ratios (IRR) and 95% confidence intervals
165 (CIs) were calculated for each age group.

166 Univariable and multivariable logistic regression were used to calculate odds ratios (ORs),
167 adjusted ORs (aORs) and 95% CIs of the relationship between clinical characteristics and HIV
168 infection, excluding patients with HIV-unknown status and restricted to data from 2013-2016. We
169 completed age- and sex-stratified analyses of the prevalence of HIV co-infection, and included
170 an interaction term in the multivariable model to account for the observed effect modification of
171 sex and age on the risk of HIV infection. We decided *a priori* that all variables with an independent
172 association (two-sided p-value <0.05) in univariable analyses would be included in the
173 multivariable model. Due to the collinearity between 1) EPTB (site of disease) and disseminated
174 disease, and 2) bacteriological investigation and bacteriological confirmation status, the variable
175 with the strongest association of each was included in the multivariable model. Analyses were
176 completed using STATA SE version 14 (StataCorp, College Station, TX, USA).

177 *Ethics*

178 Stellenbosch University Health Research Ethics Committee provided ethics approval
179 (N16/07/088); permission for the use of ETR.Net data was provided by the National Department
180 of Health of South Africa.

181

182 **Results**

183 *Clinical characteristics stratified by age*

184 A total of 719,400 children and adolescents with drug-susceptible TB were treated and reported
185 in South Africa during 2004-2016 (Table 1). Overall, differences by sex were not observed, with
186 368,885 (51.3%) of TB cases occurring amongst females. However, the proportion of females
187 increased with age. HIV status was only recorded for 339,177 (47.1%) cases and few had been
188 previously treated for TB (35,566; 4.9%). Most had PTB (654,533; 91.0%) while 2.0% (13,057)
189 had disseminated TB. Bacteriological investigation was recorded in 221,771 (30.8%) of whom
190 154,255 (69.6%) had a confirmed diagnosis. The proportion who had bacteriological
191 investigations performed and who had bacteriologically confirmed TB increased with age.

192 *Burden and trends of TB and HIV co-infection over time*

193 Both the total number of TB cases and the overall national TB CNR in those <20 years, peaked
194 in 2009 with a steady decline thereafter (IRR 2016 vs 2009: 0.46, 95% CI 0.45-0.47). The 0-4-
195 year age group consistently contributed the most cases each year, followed by the 15-19-year-
196 olds (Figure 1). TB CNRs were highest in the 0-4-year-olds (peak 2008: 635/100,000 population)
197 and peaked in all age groups between 2008 and 2009 (Figure 2).

198 The uptake of HIV testing improved in all age groups over time, with HIV status reported for >80%
199 of children and adolescents with TB in each age group from 2013. The HIV prevalence amongst
200 children and adolescents with TB varied substantially between the 4 age groups, with the overall
201 percentage HIV co-infected in 2016 being 15% in 0-4-year-olds, 27% in 5-9-year-olds, 43% in
202 10-14-year-olds and 30% in 15-19-year-olds (Figure 3).

203 Between 2009 and 2016, TB CNRs declined the most in 5-9-year-olds (72%; IRR 0.28 [95%CI
204 0.27-0.29]) and the least in 15-19-year-olds (27%; IRR 0.73 [0.71-0.74]) (Supplemental Table 1).

205 The biggest decline in HIV-stratified TB CNRs between 2013 and 2016 was again observed
206 amongst 5-9-year-olds (HIV-negative: 44%, IRR 0.56 [95%CI 0.53-0.58]; HIV-positive: 43%, IRR
207 0.57 [0.53-0.61]). Both HIV-negative and HIV-positive 15-19-year-olds experienced small
208 reductions in TB CNRs (IRR 0.89 [95%CI 0.86-0.92] and IRR 0.84 [0.80-0.88] respectively). The
209 reduction in TB CNRs amongst HIV-negative 0-4-year-olds was more than three times the

210 reduction of TB CNRs in HIV-positive 0-4-year-olds (34% [IRR 0.66, 95%CI 0.64-0.67] vs. 10%
211 [IRR 0.90, 95%CI 0.85-0.95]).

212 *The association between HIV infection, age and sex*

213 Between 2013 and 2016, 173,909 children and adolescents were treated for TB: 40,422 (23.2%)
214 HIV-positive and only 17,511 (10.1%) with an unknown HIV status (Table 2).

215 There was a strong association between age and HIV co-infection (Supplemental Table 2,
216 restricted to 2013-2016). Sex was also associated with HIV status, but in age-stratified analyses
217 the association disappeared in children aged 0-9 years and became more pronounced in the
218 adolescent groups (10-19-year-olds). Previous TB treatment, EPTB only, disseminated TB,
219 bacteriological investigation completed, and bacteriological confirmation were all associated with
220 HIV co-infection.

221 In multivariable analysis restricted to 2013-2016 (Table 3), the association between age and HIV
222 co-infection was the strongest in 10-14-year-olds, irrespective of sex (males: aOR=4.66 [95%CI:
223 4.39-4.94]; females: aOR=3.47 [95%CI: 3.28-3.67]; reference: 0-4-year-old males). Variation by
224 sex was the most pronounced amongst 15-19-year-olds, with the odds in females nearly double
225 that of males the same age (aOR (females)=2.49 [95%CI: 2.38-2.60] and aOR (males)=1.35
226 [95%CI: 1.29-1.42]). The association between HIV co-infection and previous TB treatment,
227 having disseminated TB and bacteriological investigation remained in the multivariable model,
228 with all aORs being slightly lower than in the univariable model.

229 **Discussion**

230 We evaluated age-stratified trends in TB CNRs in the context of HIV in a cohort of nearly 720,000
231 children and adolescents routinely treated for drug-susceptible TB in South Africa over a 13-year
232 period. Overall, TB CNRs among children and adolescents declined by 54% from 2009 to 2016.
233 This decline was largely driven by young children 0-4 years of age, who accounted for 47% of
234 the total burden and experienced the highest CNRs throughout the study period. This is
235 consistent with what is expected in a high TB incidence setting with a broad-based population
236 pyramid.[9, 22] However, we found important differences in TB CNRs over time when dis-
237 aggregating data by age and HIV status. Adolescents aged 15-19 years experienced the slowest

238 decline in TB CNRs, irrespective of HIV infection status. In this age group, females with TB had
239 a considerably higher risk of HIV co-infection than males.

240 When evaluating disease trends over time in different age groups and in the context of the
241 changes in health policies, it is important to consider the birth cohort effect. In South Africa,
242 prevention-of-mother-to-child-transmission of HIV (PMTCT) options were initially limited with slow
243 implementation and uptake prior to 2008.[23] HIV-positive children would have been at high risk
244 of both TB and of early mortality.[10, 24] As the roll-out and uptake of PMTCT increased, children
245 born from 2008 onwards would have a reduced risk of perinatal HIV infection. This effect is
246 evident in the stark reduction in national HIV prevalence amongst 0-4-year-olds during the study
247 period (figure 2). HIV-positive children born before 2008 and who survived then had increased
248 access to ART and subsequently moved into the 5-9 and 10-14-year-old age groups. This
249 explains the transitioning peak in the national HIV prevalence curves through the age groups as
250 children aged and started surviving. Early sexual debut could further contribute to the increasing
251 HIV prevalence amongst 15-19-year-olds, especially amongst females.[25]

252 Amongst children 0-9 years old, the reduction in HIV prevalence was mirrored by a stark reduction
253 in TB CNRs (59% in 0-4-year-olds [IRR 0.41, 95%CI 0.40-0.42] and 72% in 5-9-year-olds [IRR
254 0.28, 95%CI 0.27-0.29]) between 2009 and 2016. This is likely due to a reduction in vertical
255 transmission resulting in lower HIV prevalence and subsequent reduced risk of developing TB,
256 as well as early diagnosis and access to ART for those HIV-positive. The change also reflects
257 the high susceptibility of children to TB and the indirect effect of a reduced risk of TB transmission
258 as the adult TB epidemic followed the same downward trajectory since 2009, primarily driven by
259 ART roll-out and uptake.[5] However, HIV prevalence has been increasing amongst 10-19-year-
260 olds during the study period (figure 2).[21] In 10-14-year-olds, this was likely still the result of the
261 higher vertical transmission rates prior to and during the earlier years of the PMTCT programme
262 in these HIV survivors. These perinatally-infected children may have accessed ART before, or as
263 they transitioned into adolescence and experienced the protective effect of ART. In 15-19-year-
264 olds, horizontal HIV transmission drives new HIV infections. A recent study showed that only 66%
265 of 140,028 15-19-year-olds seeking HIV care in South Africa before or during 2016, started

266 ART.[26] Nearly a third of this vulnerable population therefore remains at high risk of developing
267 TB.

268 The relatively small reduction in TB CNRs of only 27% amongst 15-19-year-olds between 2009
269 and 2016 is concerning and remained in the HIV-stratified TB CNRs between 2013 and 2016
270 (16% drop in HIV-positive and 11% drop in HIV-negative). Adolescents are an important and
271 challenging group to engage in TB and HIV services, and are at high risk of unfavourable TB and
272 HIV treatment outcomes.[12, 16, 27, 28] The success of HIV prevention strategies relies on how
273 well health services accommodate the needs of adolescents. As the population of HIV-positive
274 adolescents infected perinatally is also growing, these individuals are at high risk of being lost in
275 the transition between pediatric and adult care, especially in high-burden settings.[29] TB
276 prevention strategies and treatment should not only consider young children, but also
277 adolescents.

278 During 2013-2016, TB CNRs for HIV-positive 0-4-year-olds declined much less than for their HIV-
279 negative peers (10% vs 34%, respectively). Young children acquiring HIV infection despite a well-
280 functioning and widely implemented national PMTCT programme likely represent an extremely
281 vulnerable at-risk sub-set of children. These may be children who had undiagnosed perinatal HIV
282 infection or whose mothers did not access PMTCT services, and TB may have been the event
283 that led to the diagnosis of HIV.[30] Unfortunately, we did not have good data on the timing of
284 HIV diagnosis, CD4 count or ART initiation in this routine dataset, and we therefore do not know
285 how many of these children were ART-naïve. HIV-positive children in this age group should be
286 prioritised for ART and healthcare workers should have a low threshold to re-test children born to
287 HIV-positive mothers for HIV. TB exposure in these children should be verified at each contact
288 with health services, as TB preventive therapy substantially reduces the risk of TB in this age
289 group, irrespective of HIV status.[31]

290 Our study found an association between TB, HIV co-infection and age that differed by sex in
291 adolescents. Amongst younger adolescents (10-14-year-olds), odds of HIV co-infection were
292 slightly higher amongst boys than girls. The reason for this observation is unclear. Sex disparity
293 was most pronounced in 15-19-year-olds, with the odds of HIV co-infection nearly double in older
294 adolescent females. This is consistent with the observed higher HIV prevalence amongst

295 adolescent females compared to their male counterparts globally and in sub-Saharan Africa.[14,
296 28] In South Africa, 301,242/342,443 (88%) 15-19-year-olds who entered HIV care during 2005-
297 2016 were female.[26] More data are needed to fully understand the sex disparity seen for TB
298 and HIV during adolescence and explore how this can be addressed in TB services.

299 Routine TB surveillance data in South Africa rely on health care access, diagnosis, treatment
300 initiation and reporting of TB by routine public services. Thus, children and adolescents who were
301 not diagnosed, who were lost-to-follow-up prior to initiating TB treatment, or were not reported,
302 would have been excluded from this study. The CNRs presented in this study are therefore an
303 underestimate of the true incidence of TB in South African children and adolescents. Uptake of
304 HIV testing in the earlier years was poor, and resulted in a short time-series of HIV-stratified TB
305 data. The data also do not comprehensively report on pre-TB access to ART or the CD4 count at
306 time of TB diagnosis. To minimize any bias due to the large proportion of missing HIV data in the
307 earlier years, we restricted all HIV-analyses to the last four years of the study (2013-2016). During
308 this time, HIV status was known for 90% of patients (156 398/173 909). The Thembisa HIV model
309 was the only available source of age-disaggregated population and HIV prevalence estimates but
310 lacked 95% CIs for children. Given the routine nature of the data, not all children had respiratory
311 samples taken for bacteriological evaluation. Therefore the bacteriology results should be
312 interpreted cautiously. Furthermore, the quality of routine data relies on how accurately and
313 completely the data is recorded and captured by frontline healthcare workers. Excluding cases
314 with a missing HIV status from HIV-stratified CNRs reduced the number of TB cases, and
315 therefore resulted in more conservative estimates of HIV-stratified TB CNRs. Our findings are
316 therefore more likely to underestimate than overestimate the true burden of TB during the study
317 period when stratified by HIV status. Drug-resistant TB in children and adolescents are an
318 emerging area of concern, but are captured and reported in a separate register, and were
319 therefore not included in CNRs presented in this study.

320 With all HIV-positive patients in South Africa being eligible for ART, and with the imminent roll-
321 out of shorter TB preventive therapy regimens, it will be important to evaluate the impact of these
322 changes in guidelines and control strategies on TB CNRs in all children and adolescents beyond
323 the broad age bands currently recommended by WHO. Such data will help to better understand

324 how we can plan services to improve TB prevention and treatment for children and adolescents
325 in high TB and HIV burden settings. A successful PMTCT programme in South Africa has resulted
326 in very low HIV prevalence in younger children. However, the maternal antenatal HIV prevalence
327 remains high. Future research should also continue to evaluate the risk of TB in HIV-exposed
328 uninfected children and adolescents. Small changes in the capturing of HIV data in relation to TB
329 episodes could increase the programme's ability to respond to the TB-HIV epidemic in South
330 Africa. Research that is responsive to local programme considerations and the epidemiological
331 context for TB and HIV is needed to inform the design and implementation of child and
332 adolescent-friendly TB and HIV services to better support care in affected children and
333 adolescents.

334 **Acknowledgements**

335 We would like to acknowledge the South African Department of Health, National TB program and
336 the Research, Information, Monitoring, Evaluation and Surveillance (RIMES) unit for the support
337 and extraction of the ETR.Net data set.

338 **Funding**

339 Initial data extraction and cleaning was funded by URC through the TB Care II Project (USAID
340 Co-operative Agreement No. AID-OAA-A-10-00021).

341 KDP is supported by the Fogarty International Center of the National Institutes of Health under
342 Award Number K43TW011006. The content is solely the responsibility of the authors and does
343 not necessarily represent the official views of the National Institutes of Health.

344 ACH is financially supported by the South African National Research Foundation (NRF) South
345 African Research Chairs Initiative (SARChI), and KDP received grant-holder linked student
346 support. The financial assistance of the NRF towards this research is hereby acknowledged.
347 Opinions expressed, and conclusions arrived at, are those of the authors and are not necessarily
348 to be attributed to the NRF.

349 MO is supported through funding by the South African Medical Research Council (SA MRC)
350 through its Division of Research Capacity Development under the Bongani Mayosi National
351 Health Scholars Program from funding received from the Public Health Enhancement Fund/South
352 African National Department of Health. The contents are solely the responsibility of the authors
353 and do not necessarily represent the official views of the SA MRC or the funders.

354 JAS is supported by a Clinician Scientist Fellowship jointly funded by the UK Medical Research
355 Council (MRC) and the UK Department for International Development (DFID) under the
356 MRC/DFID Concordat agreement (MR/R007942/1).

357 **Conflict of Interest**

358 The authors has no conflict of interest to declare.

359 **Author contributions**

360 KDP, MO, JAS, PN and ACH conceptualised the study. RD was responsible for data
361 management, including cleaning and preparation. KDP, MO and ZM completed data analysis.
362 All authors contributed towards interpreting the study results. KDP completed the first draft of
363 the manuscript, and all authors provided input on the manuscript drafts. All authors critically
364 reviewed and approved the final version of the manuscript.

365

366 **References**

- 367 1. Global tuberculosis report 2019. Geneva: World Health Organization; 2019. Licence: CC
368 BY-NC-SA 3.0 IGO.
- 369 2. Snow KJ, Sismanidis C, Denholm J, Sawyer SM, Graham SM. The incidence of
370 tuberculosis among adolescents and young adults: a global estimate. *Eur Respir J* **2018**;
371 51(2): 1702352.
- 372 3. World Health Organisation. Roadmap towards ending TB in children and adolescents.
373 Geneva, **2018**. Licence: **CC BY-NC-SA 3.0 IGO**. Available at
374 [http://apps.who.int/iris/bitstream/handle/10665/275422/9789241514798-](http://apps.who.int/iris/bitstream/handle/10665/275422/9789241514798-eng.pdf?ua=1)
375 [eng.pdf?ua=1](http://apps.who.int/iris/bitstream/handle/10665/275422/9789241514798-eng.pdf?ua=1) [accessed 10 August 2020].
- 376 4. Simbayi LC, Zuma K, Zungu N, et al. South African National HIV Prevalence, Incidence,
377 Behaviour and Communication Survey, 2017. Cape Town: HSRC Press. Available at
378 <http://www.hsrc.ac.za/uploads/pageContent/10779/SABSSM%20V.pdf> [accessed 10
379 August 2020].
- 380 5. Osman M, du Preez K, Naidoo P, et al. Key changes in the public health response to TB
381 and HIV in South Africa. *Int J Tuberc Lung Dis* **2020**; 24(8): 857-9.
- 382 6. National Department of Health. Guidelines for the management of HIV in children. South
383 Africa; 2010. Available at
384 https://sahivsoc.org/Files/Guidelines_for_Management_of_HIV_in_Children_2010.pdf
385 [accessed 10 Aug 2020].
- 386 7. National Department of Health. Circular Minute No 2 of 2012: Initiation of anti retroviral
387 treatment (ART) to all HIV positive children aged 5 years and under regardless of CD4
388 count and/or WHO clinical staging. South Africa; 2012. Available at
389 [https://sahivsoc.org/Files/Rx%20of%20children%20under%205-](https://sahivsoc.org/Files/Rx%20of%20children%20under%205-Circular%20Minute%20No%202%20of%202012%20-%20ART.pdf)
390 [Circular%20Minute%20No%202%20of%202012%20-%20ART.pdf](https://sahivsoc.org/Files/Rx%20of%20children%20under%205-Circular%20Minute%20No%202%20of%202012%20-%20ART.pdf) [accessed 10 August
391 2020].
- 392 8. National Department of Health. Implementation of the universal test and treat strategy for
393 HIV positive patients and differentiated care for stable patients. South Africa; 2016.
394 Available at
395 [https://sahivsoc.org/Files/22%208%2016%20Circular%20UTT%20%20%20Decongestion](https://sahivsoc.org/Files/22%208%2016%20Circular%20UTT%20%20%20Decongestion%20CCMT%20Directorate.pdf)
396 [n%20CCMT%20Directorate.pdf](https://sahivsoc.org/Files/22%208%2016%20Circular%20UTT%20%20%20Decongestion%20CCMT%20Directorate.pdf) [accessed 10 August 2020].
- 397 9. Marais BJ, Gie RP, Schaaf HS, et al. The natural history of childhood intra-thoracic
398 tuberculosis: a critical review of literature from the pre-chemotherapy era. *Int J Tuberc*
399 *Lung Dis* **2004**; 8(4): 392-402.
- 400 10. Dodd PJ, Prendergast AJ, Beecroft C, Kampmann B, Seddon JA. The impact of HIV and
401 antiretroviral therapy on TB risk in children: a systematic review and meta-analysis.
402 *Thorax* **2017**; 72(6): 559-75.

- 403 11. Snow K, Hesselning AC, Naidoo P, Graham SM, Denholm J, du Preez K. Tuberculosis in
404 adolescents and young adults: epidemiology and treatment outcomes in the Western
405 Cape. *Int J Tuberc Lung Dis* **2017**; 21(6): 651-7.
- 406 12. Snow KJ, Cruz AT, Seddon JA, et al. Adolescent tuberculosis. *Lancet Child Adolesc*
407 *Health* **2020**; 4(1): 68-79.
- 408 13. Seddon JA, Chiang SS, Esmail H, Coussens AK. The wonder years: what can primary
409 school children teach us about immunity to Mycobacterium tuberculosis? *Front Immunol*
410 **2018**; 9: 2946.
- 411 14. Abdool Karim Q, Baxter C, Birx D. Prevention of HIV in Adolescent Girls and Young
412 Women: Key to an AIDS-Free Generation. *J Acquir Immune Defic Syndr* **2017**; 75 Suppl
413 1: S17-S26.
- 414 15. Sohn AH, Hazra R. The changing epidemiology of the global paediatric HIV epidemic:
415 keeping track of perinatally HIV-infected adolescents. *J Int AIDS Soc* **2013**; 16: 18555.
- 416 16. Kranzer K, Bradley J, Msaazi J, et al. Loss to follow-up among children and adolescents
417 growing up with HIV infection: age really matters. *J Int AIDS Soc* **2017**; 20(1): 21737.
- 418 17. Woldesenbet SA, Kufa T, Lombard C, et al. The 2017 National Antenatal Sentinel HIV
419 Survey, South Africa, National Department of Health, **2019**.
- 420 18. Nadol P, Stinson KW, Coggin W, et al. Electronic tuberculosis surveillance systems: a tool
421 for managing today's TB programs. *Int J Tuberc Lung Dis* **2008**; 12(3 Suppl 1): 8-16.
- 422 19. Coggin W. Overview of the Electronic TB Register ETR.Net: CDC South Africa. Available
423 from: <https://www.who.int/tb/err/coggin.pdf> [accessed 14 July 2020].
- 424 20. National Department of Health South Africa. National Tuberculosis Guidelines 2014.
425 Pretoria, South Africa. Available at
426 https://sahivsoc.org/Files/NTCP_Adult_TB%20Guidelines%2027.5.2014.pdf [accessed
427 10 August 2020].
- 428 21. Johnson LF, May MT, Dorrington RE, et al. Estimating the impact of antiretroviral
429 treatment on adult mortality trends in South Africa: A mathematical modelling study. *PLoS*
430 *Med* **2017**; 14(12): e1002468.
- 431 22. Donald PR. Childhood tuberculosis: the hidden epidemic. *Int J Tuberc Lung Dis* **2004**;
432 8(5): 627-9.
- 433 23. Burton R, Giddy J, Stinson K. Prevention of mother-to-child transmission in South Africa:
434 an ever-changing landscape. *Obstet Med* **2015**; 8(1): 5-12.
- 435 24. Newell ML, Coovadia H, Cortina-Borja M, et al. Mortality of infected and uninfected infants
436 born to HIV-infected mothers in Africa: a pooled analysis. *Lancet* **2004**; 364(9441): 1236-
437 43.
- 438 25. Zuma K, Setswe G, Ketye T, Mzolo T, Rehle T, Mbelle N. Age at sexual debut: a
439 determinant of multiple partnership among South African youth. *Afr J Reprod Health* **2010**;
440 14(2): 47-54.

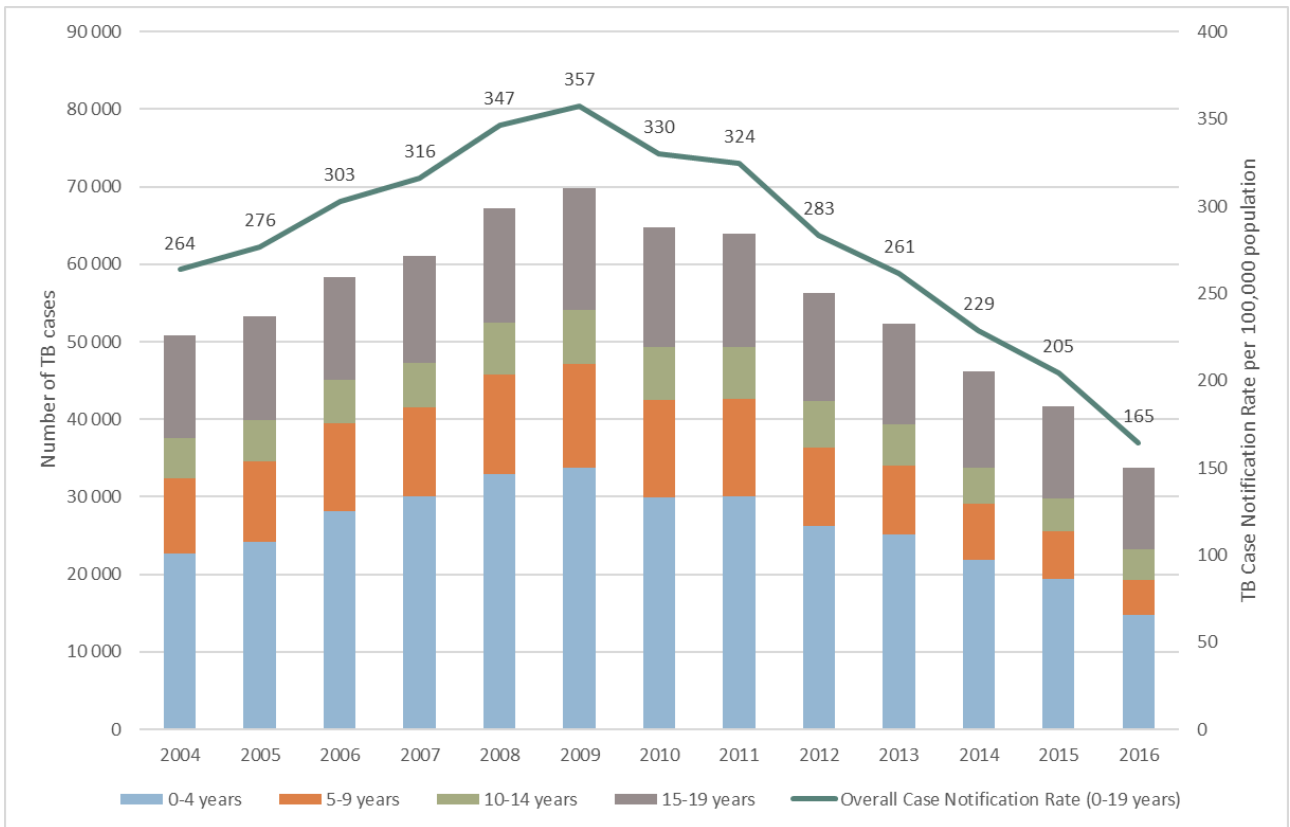
- 441 26. Maskew M, Bor J, MacLeod W, Carmona S, Sherman GG, Fox MP. Adolescent HIV
442 treatment in South Africa's national HIV programme: a retrospective cohort study. *Lancet*
443 *HIV* **2019**; 6(11): e760-e8.
- 444 27. Berry KM, Rodriguez CA, Berhanu RH, et al. Treatment outcomes among children,
445 adolescents, and adults on treatment for tuberculosis in two metropolitan municipalities in
446 Gauteng Province, South Africa. *BMC Public Health* **2019**; 19(1): 973.
- 447 28. Slogrove AL, Mahy M, Armstrong A, Davies MA. Living and dying to be counted: What we
448 know about the epidemiology of the global adolescent HIV epidemic. *J Int AIDS Soc* **2017**;
449 20(Suppl 3): 21520.
- 450 29. Mapesi H. Challenges for HIV-infected adolescents during transition from paediatric to
451 adult HIV clinics in Africa. *Int J Public Health* **2020**.
- 452 30. Byamungu LN, du Preez K, Walters E, Nachegea JB, Schaaf HS. Timing of HIV diagnosis
453 in children with tuberculosis managed at a referral hospital in Cape Town, South Africa.
454 *Int J Tuberc Lung Dis* **2018**; 22(5): 488-95.
- 455 31. Ayieko J, Abuogi L, Simchowitz B, Bukusi EA, Smith AH, Reingold A. Efficacy of isoniazid
456 prophylactic therapy in prevention of tuberculosis in children: a meta-analysis. *BMC Infect*
457 *Dis* **2014**; 14: 91.
- 458

459 **Table 1.** Patient characteristics stratified by age group for all children and adolescents (0-19
 460 years) with newly registered drug-susceptible tuberculosis reported in the ETR.Net 2004-2016
 461 (n=719 400)

| | 0-4 years | | 5-9 years | | 10-14 years | | 15 - 19 years | | Total | |
|--|-----------|------|-----------|------|-------------|------|---------------|------|---------|------|
| | 339 112 | % | 131 536 | % | 72 824 | % | 175 928 | % | 719 400 | % |
| Sex ¹ | | | | | | | | | | |
| Male | 177 439 | 52.3 | 66 458 | 50.5 | 32 558 | 44.7 | 74 056 | 42.1 | 350 511 | 48.7 |
| Female | 161 669 | 47.7 | 65 078 | 49.5 | 40 266 | 55.3 | 101 872 | 57.9 | 368 885 | 51.3 |
| HIV status | | | | | | | | | | |
| HIV-negative | 116 141 | 34.2 | 34 535 | 26.3 | 19 244 | 26.4 | 66 655 | 37.9 | 236 575 | 32.9 |
| HIV-positive | 33 490 | 9.9 | 22 959 | 17.5 | 17 388 | 23.9 | 28 765 | 16.4 | 102 602 | 14.3 |
| HIV unknown | 189 481 | 55.9 | 74 042 | 56.3 | 36 192 | 49.7 | 80 508 | 45.8 | 380 223 | 52.9 |
| TB treatment history ¹ | | | | | | | | | | |
| New | 331 005 | 97.6 | 124 317 | 94.5 | 67 629 | 92.9 | 160 880 | 91.4 | 683 831 | 95.1 |
| Retreatment | 8 105 | 2.4 | 7 218 | 5.5 | 5 195 | 7.1 | 15 048 | 8.6 | 35 566 | 4.9 |
| Site of TB Disease ¹ | | | | | | | | | | |
| PTB with/without EPTB | 317 815 | 93.7 | 119 293 | 90.7 | 62 089 | 85.3 | 155 336 | 88.3 | 654 533 | 91.0 |
| EPTB only | 21 296 | 6.3 | 12 241 | 9.3 | 10 735 | 14.7 | 20 592 | 11.7 | 64 864 | 9.0 |
| Disseminated TB ¹ | | | | | | | | | | |
| None | 299 727 | 98.4 | 114 676 | 97.7 | 62 420 | 96.8 | 152 884 | 97.8 | 629 707 | 98.0 |
| Present | 4 966 | 1.6 | 2 671 | 2.3 | 2 036 | 3.2 | 3 384 | 2.2 | 13 057 | 2.0 |
| Bacteriological investigation | | | | | | | | | | |
| Not completed | 314 031 | 92.6 | 104 536 | 79.5 | 31 048 | 42.6 | 48 014 | 27.3 | 497 629 | 69.2 |
| Completed | 25 081 | 7.4 | 27 000 | 20.5 | 41 776 | 57.4 | 127 914 | 72.7 | 221 771 | 30.8 |
| Bacteriological status | | | | | | | | | | |
| Bacteriologically confirmed ² | 10 473 | 3.1 | 12 940 | 9.8 | 27 113 | 37.2 | 103 729 | 59.0 | 154 255 | 21.4 |
| Clinically diagnosed | 328 639 | 96.9 | 118 596 | 90.2 | 45 711 | 62.8 | 72 199 | 41.0 | 565 145 | 78.6 |

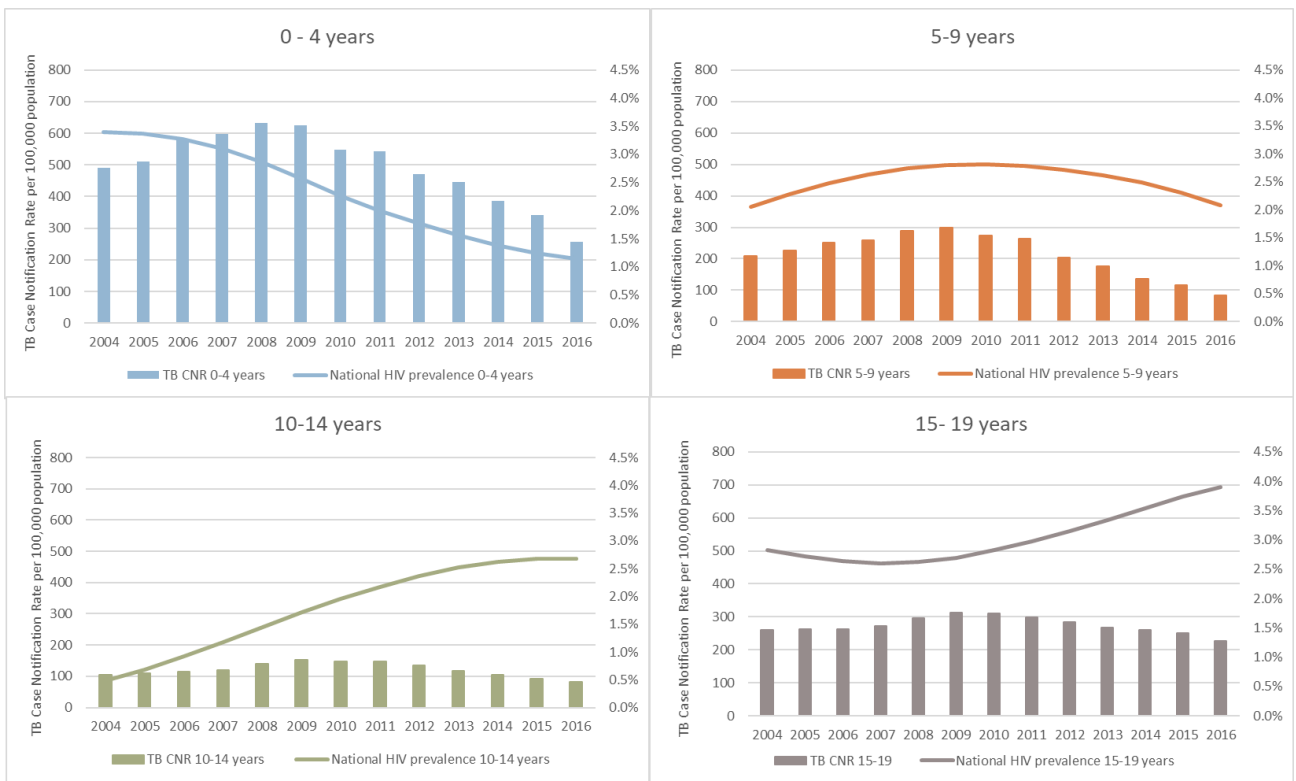
462 ¹ Missing values for the following variables: sex (n=4), TB treatment history (n=3), site of disease (n=3) and
 463 disseminated TB (n=76,636)

464 ²Bacteriologically confirmed of those in whom bacteriological investigation was completed: 0-4 years=10473/25081
 465 (42%); 5-9 years=12940/27000 (48%); 10-14 years=27113/41776 (65%); 15-19 years=103729/127914 (81%)
 466 ETR.Net=electronic tuberculosis treatment register; EPTB=Extra-pulmonary tuberculosis; PTB=Pulmonary
 467 tuberculosis; TB=Tuberculosis.



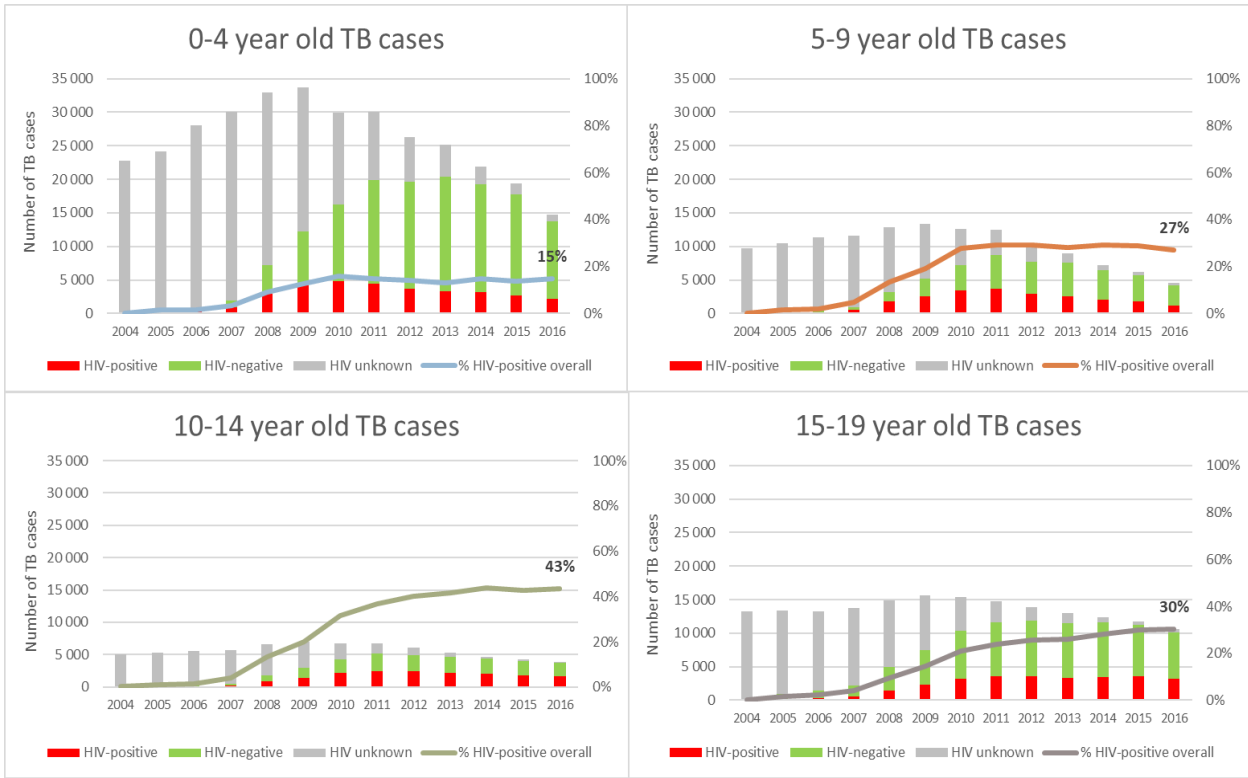
468
469
470
471

Figure 1. Overall tuberculosis case notification rate (0-19 years) and total number of reported childhood and adolescent tuberculosis cases in South Africa over time
TB=Tuberculosis



472
473
474
475
476

Figure 2. Tuberculosis case notification rates and estimated national HIV prevalence¹ in South Africa for each age band over time (2004-2016)
¹HIV prevalence is calculated from the THEMBISA model and estimates HIV prevalence across the total population (reference nr 21). CNR=Case notification rate; TB=Tuberculosis.



477
478
479
480
481

Figure 3. Uptake of HIV testing, HIV status and overall percentage HIV co-infected amongst children and adolescents treated for drug-susceptible tuberculosis in South Africa over time
TB=Tuberculosis

482 **Table 2.** Patient characteristics stratified by HIV status for all children and adolescents (0-19
 483 years) with newly registered drug-susceptible tuberculosis reported in the ETR.Net during
 484 2013-2016 (*n*=173 909; excluding data from 2004-2012)

| | HIV-negative | | HIV-positive | | HIV unknown | | Total | |
|--|--------------|------|--------------|------|-------------|------|-----------|------|
| | n=115 976 | % | n=40 422 | % | n=17 511 | % | n=173 909 | % |
| Sex | | | | | | | | |
| Male | 58 411 | 50.4 | 18 384 | 45.5 | 8 929 | 51.0 | 85 724 | 49.3 |
| Female | 57 565 | 49.6 | 22 038 | 54.5 | 8 582 | 49.0 | 88 185 | 50.7 |
| Age bands | | | | | | | | |
| 0 - 4 years | 59 699 | 51.5 | 11 426 | 28.3 | 10 032 | 57.3 | 81 157 | 46.7 |
| 5 - 9 years | 16 330 | 14.1 | 7 645 | 18.9 | 2 968 | 16.9 | 26 943 | 15.5 |
| 10 - 14 years | 8 948 | 7.7 | 7 747 | 19.2 | 1 388 | 7.9 | 18 083 | 10.4 |
| 15 - 19 years | 30 999 | 26.7 | 13 604 | 33.7 | 3 123 | 17.8 | 47 726 | 27.4 |
| TB treatment history | | | | | | | | |
| New | 113 261 | 97.7 | 38 027 | 94.1 | 17 166 | 98.0 | 168 454 | 96.9 |
| Retreatment | 2 715 | 2.3 | 2 395 | 5.9 | 345 | 2.0 | 5 455 | 3.1 |
| Site of TB Disease | | | | | | | | |
| PTB with/without EPTB | 107 912 | 93.0 | 35 665 | 88.2 | 16 119 | 92.1 | 159 696 | 91.8 |
| EPTB only | 8 064 | 7.0 | 4 757 | 11.8 | 1 392 | 7.9 | 14 213 | 8.2 |
| Disseminated TB ¹ | | | | | | | | |
| None | 104 263 | 98.6 | 34 672 | 96.7 | 15 477 | 98.0 | 154 412 | 98.1 |
| Present | 1 427 | 1.4 | 1 186 | 3.3 | 317 | 2.0 | 2 930 | 1.9 |
| Time | | | | | | | | |
| 2013 | 32 720 | 28.2 | 11 384 | 28.2 | 8 197 | 46.8 | 52 301 | 30.1 |
| 2014 | 30 738 | 26.5 | 10 922 | 27.0 | 4 503 | 25.7 | 46 163 | 26.5 |
| 2015 | 28 988 | 25.0 | 9 816 | 24.3 | 2 845 | 16.2 | 41 649 | 23.9 |
| 2016 | 23 530 | 20.3 | 8 300 | 20.5 | 1 966 | 11.2 | 33 796 | 19.4 |
| Bacteriological investigation | | | | | | | | |
| Not completed | 78 162 | 67.4 | 22 100 | 54.7 | 13 560 | 77.4 | 113 822 | 65.4 |
| Completed | 37 814 | 32.6 | 18 322 | 45.3 | 3 951 | 22.6 | 60 087 | 34.6 |
| Bacteriological status | | | | | | | | |
| Bacteriologically confirmed ² | 28 319 | 24.4 | 9 871 | 24.4 | 2 577 | 14.7 | 40 767 | 23.4 |
| Clinically diagnosed | 87 657 | 75.6 | 30 551 | 75.6 | 14 934 | 85.3 | 133 142 | 76.6 |

485 ¹Missing values for ICD-10 classification: 16 567/173 909 (9.5%)

486 ²Bacteriologically confirmed of those in whom bacteriological investigation was completed: HIV-
 487 negative=28319/37814 (75%); HIV-positive=9871/18322 (54%); HIV-unknown=2577/3951 (65%)
 488 EPTB=extra-pulmonary tuberculosis; PTB=pulmonary tuberculosis; TB=Tuberculosis.

489 Table 3. Multivariable model of the association between HIV co-infection, and age, sex and
 490 other clinical characteristics, including an interaction term for effect modification between
 491 age and sex in children and adolescents treated for drug-susceptible tuberculosis in South
 492 Africa during 2013-2016 and reported in ETR.Net (n=141 548¹)

| | Adjusted Odds Ratio of HIV co-infection | 95% CI | p-value |
|---|--|-------------|---------|
| Age and Sex (including an interaction term) | | | |
| 0-4 Males | Reference | | |
| 0-4 Females | 0.99 | 0.95 - 1.04 | 0.738 |
| 5-9 Males | 2.36 | 2.24 - 2.48 | <0.001 |
| 5-9 Females | 2.31 | 2.19 - 2.43 | <0.001 |
| 10-14 Males | 4.66 | 4.39 - 4.94 | <0.001 |
| 10-14 Females | 3.47 | 3.28 - 3.67 | <0.001 |
| 15-19 Males | 1.35 | 1.29 - 1.42 | <0.001 |
| 15-19 Females | 2.49 | 2.38 - 2.60 | <0.001 |
| TB treatment history | | | |
| Retreatment vs. New (ref) | 2.23 | 2.10 - 2.37 | <0.001 |
| Disseminated TB | | | |
| Disseminated disease vs. None (ref) | 2.37 | 2.19 - 2.57 | <0.001 |
| Bacteriological investigation | | | |
| Completed vs. Not completed (ref) | 1.20 | 1.17 - 1.24 | <0.001 |

493 ¹Analysis excluded patients with a missing ICD10 code (n=14 850) and an unknown HIV status (n=17 511)
 494 during 2013-2016 (0-4 years: 10 032 [12%], 5-9 years: 2 968 [11%], 10-14 years: 1 388 [7%],
 495 15-19 years: 3 123 [7%]).
 496 CI=confidence interval; ref=reference; EPTB=extra-pulmonary tuberculosis; PTB=pulmonary tuberculosis;
 497 TB=tuberculosis.