

1 **Critical links between biodiversity and health in wild bee conservation**

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41 **Abstract**

42 Wild bee populations are declining due to human activities, such as land use, which  
43 strongly affect the composition and diversity of available plants and food sources. The  
44 chemical composition of food (i.e. nutrition), in turn, determines health, resilience and  
45 fitness of bees. However, for pollinators, the term *health* is recent and subject to debate  
46 as is the interaction between nutrition and wild bee health.

47 We define bee health as a multidimensional concept in a novel integrative framework  
48 linking bee biological traits (physiology, stoichiometry and disease) and environmental  
49 factors (floral diversity, nutritional landscapes). Linking information on tolerated nutritional  
50 niches and health in different bee species will allow us to better predict their distribution  
51 and responses to environmental change and thus support wild pollinator conservation.

52

53 **Keywords:** Hymenoptera, biodiversity loss, plant-insect interactions, conservation,  
54 physiology, pollination, pollinators, ecosystem services

55

## 56 [Bees decline because their food sources disappear](#)

57 Animals pollinate more than 85 % of flowering plants and 75 % of the leading crops  
58 worldwide [1], which provide food and medicines for other animals and humankind. They  
59 also support natural habitats and play a key role for plant productivity, food webs and  
60 ultimately for human well-being [1–3]. Bees (Apidae) are the most important group of  
61 pollinators with the vast majority of species represented by wild species (~20,000 species)  
62 [4].

63 Alarmingly, many wild bee populations are declining due to the impact of different biotic  
64 and abiotic stressors caused by human activities and acting alone or in combination, such  
65 as pesticides, invasive species, pathogens, intensive land-use and climate change [5–  
66 11]. In particular agricultural intensification appears to negatively impact wild bee  
67 communities [12,13]. In fact, overall biodiversity typically decreases with increasing land-  
68 use intensity [14,15], which directly or indirectly leads to the loss of floral diversity and  
69 nesting sites [10,16] and may alter pathogen prevalence [17–19]. Declining floral diversity  
70 in turn decreases the spectrum of flowering plants available as food sources and therefore  
71 restricts the nutritional landscape accessible to bees [20–23].

72

## 73 [Nutritional landscapes of bees](#)

74 As nutritional intake and thus the nutrient composition (henceforth referred to as  
75 nutritional quality) of food strongly determine health, resilience to pathogens and fitness  
76 of animals [24], access to food resources enabling a diverse and balanced nutrition is one  
77 key driver of population stability [21]. In this context, we consider as nutrient any chemical  
78 compound, i.e., from chemical elements, through phospholipids, amino acids to "group

79 components" like proteins, that are part of the food/nutrition of bees. Bees obtain most  
80 nutrients and several potentially medical active plant secondary metabolites from  
81 flowering plants through consuming mostly nectar and pollen [20,25,26]. Nectar primarily  
82 provides carbohydrates needed to maintain energetic and metabolic processes, while  
83 pollen is the main source of all other macro-nutrients (i.e., protein and fat) and micro-  
84 nutrients (e.g., vitamins, sterols) required for metabolic processes, tissue homeostasis  
85 and development (e.g., ovary development) as well as larval growth [27–29]. Ideally, floral  
86 communities provide food resources of both sufficient quality and quantity. The quantity  
87 of food resources is determined by the abundance of flowers present in the landscape,  
88 i.e., the number of plants/flowers present per species and the overall amount of flowering  
89 species [30]. The quality of food resources depends on the composition of different  
90 flowering plant species as each plant species provides pollen and/or nectar with a specific  
91 nutrient profile [31]. In fact, the nutritional profiles of pollen and nectar vary greatly among  
92 different plant species [32–35] and even among plant individuals of the same species  
93 growing in different plant communities [36]. Floral communities, which are characterized  
94 by a specific composition and diversity of flowering plant species, consequently determine  
95 resource availability and diversity and thus the nutritional landscape in which bees are  
96 foraging [21]. For more details on variation in nutritional quality in pollen and nectar, the  
97 effect of different diets on bee performance and fitness as well as on differences in  
98 foraging preferences among bees, see Vaudo et al. [21].

99 While much less understood, the nutritional needs of bee species are also expected to  
100 vary substantially between bee species [21]. The sustainability of bee populations thus  
101 depends on flowering plant communities that provide sufficient amounts and the different

102 nutrients required, because the quality of food and in particular of pollen directly  
103 determines offspring survival and development and can therefore influence the entire  
104 population [21,37,38].

105 Surprisingly, the interaction between flowering plant communities, the nutritional  
106 landscape available and the health status of different wild bee species has hitherto  
107 received little attention (but see [21,34]). This knowledge is, however, crucial for  
108 determining how floral communities and respective conservation measures can support  
109 wild bee populations. We therefore propose a conceptual framework of how  
110 anthropogenic changes in flowering plant communities can affect bee communities by  
111 altering the nutritional landscape and thus niches available to support healthy wild bee  
112 populations.

113

#### 114 [Measuring wild bee health](#)

115 While human health is understood as the physical, mental and social well-being of an  
116 individual or population, the health of wildlife has generally been understood as the  
117 absence of disease [39]. For pollinator communities, the term *health* only recently  
118 appeared in the literature and its precise definition is still subject to debate [40]. López-  
119 Uribe et al. suggested a multilevel approach and the use of various parameters to  
120 measure bee health at the individual, colony and population level [40]. The population's  
121 health status should then be a direct consequence of the average health status of  
122 individuals, with population size likely being positively correlated with average individual  
123 health.

124 We propose to apply a multidimensional concept of bee health to wild bees defined as  
125 the status of well-being of each individual as a result of their interaction with the local  
126 environment (Fig.1). We suggest recording and integrating all or several of the following  
127 physiological parameters to comprehensively capture individual bee health: composition  
128 and amount of stored nutrients in bee bodies (such as proteins, lipids, glycogen, chemical  
129 elements), body size [41], pathogen load, beneficial microbiota [42], immunocompetence  
130 [43] and fertility [44].

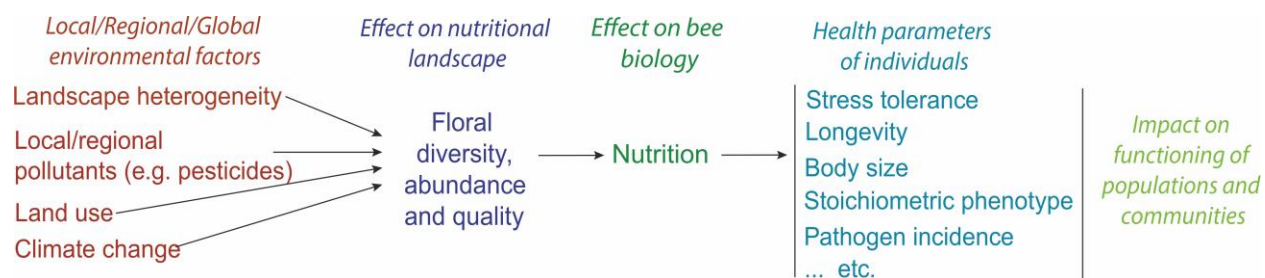
131 Physiological parameters were shown to be important for understanding species'  
132 sensitivity to environmental modifications [45], because the physiology of individuals  
133 responds before changes in populations become visible [46]. For instance, diet quality  
134 correlates with increased levels of the storage protein and antioxidant vitellogenin in  
135 individual honey bees, which correlates with higher overwintering survival of the entire  
136 colony [19,47]. Energy storage is critical to bee survival. The main categories of  
137 macronutrients used for energy storage in insects (glycogen, lipids and proteins) affect  
138 several life-history traits such as dispersal capacities, reproduction, diapause and survival  
139 [48]. Moreover, both macro- and micronutrients are acquired through the consumption of  
140 pollen and nectar and thus are at the interface between bees and floral resources.  
141 Variations in floral resource availability will therefore influence the energy budget and  
142 ultimately the health of bees.

143 Additional physiological health parameters *sensu lato* include morphometrics,  
144 stoichiometry, microbial communities or pathogen loads. For example, wing morphometry  
145 and wing fluctuating asymmetry were found to correlate with different stressors [49–51].  
146 Also, floral composition and diversity are known to shape the bee microbiome

147 composition, particularly in solitary bees, with consequences on nutrient uptake,  
 148 detoxification, immunity and health [44,52–54]. By defining stoichiometric phenotypes  
 149 (i.e., the elemental composition of bee bodies) [55] deviations from optimal phenotypes,  
 150 as expected in nutritionally impoverished landscapes and for declining populations, can  
 151 be revealed, which can then also indicate reduced health.

152 All physiological health parameters mentioned above are likely affected by multiple  
 153 environmental parameters related to variation in floral resource diversity, abundance and  
 154 quality, but also environmental pollutants (e.g., pesticides, antibiotics, heavy metals) and  
 155 pathogens (Fig. 1). Measurement of multiple variables can therefore provide a more  
 156 complete picture of pollinator health status than focus on a single one.

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158

159 **Fig. 1: The multifaceted nature of bee health.** The main landscape-scale environmental  
 160 factors, their effects on the floral community and thus nutritional landscape and bee diets,  
 161 and consequences for bee nutrition and health. These can be observed by recording and  
 162 integrating different parameters (right column). Bee health based on the physiology of  
 163 individual bees can then be related to additional parameters, such as population density  
 164 (i.e. the number of bees caught per plot for a given species and time period) or variation  
 165 in population dynamics over time, ideally obtained for multiple seasons to infer changes  
 166 in population densities across years.

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169 [Floral diversity as environmental driver of bee health](#)

170 Floral diversity, abundance and community composition correlate with the abundance and  
171 diversity of wild bee species [56,57] through food availability [58], nutritional quality or  
172 content [21,27,59,60] and resource phenology [23,58,61]. Bees thrive in environments  
173 where plant species diversity is high [12,62,63] and so is the diversity and quantity of  
174 available food resources [23,64,65]. Moreover, resource diversity increases the  
175 opportunities for specialist (oligolectic) bee species with restricted pollen host plants to  
176 find suitable food resources. In generalist (polylectic) species, access to a diverse  
177 spectrum of resources supports immunity, health, performance and survival (Table 1),  
178 likely due to access to adequate nutrition and beneficial plant secondary metabolites. In  
179 contrast, chronic intake of monotonous, non-suitable, low quality or toxic food reduces  
180 the immune-competence and vitellogenin levels of bees, thus affecting bee health,  
181 through “nutritional stress” [47,66]. Poor nutrition can also lead to higher susceptibility to  
182 disease [67] and pesticides [68]. In fact, nutritional stress as a consequence of restricted  
183 access to adequate floral resources is considered one of the main drivers of bee pollinator  
184 decline [21,69,70]. While floral diversity may not provide an added value *per se* or  
185 automatically yield beneficial synergistic effects as compared to higher quality monofloral  
186 diets [34,71,72] it can clearly mitigate negative effects of poor diets and provide overall  
187 more choices to various bee species (Table 1).

188  
189 **Table 1:** Effect of floral diet on bee health. Key studies on effects of monofloral and  
190 polyfloral diets on health and performance in different generalist (i.e. polylectic) bee  
191 species under both lab and field conditions.  
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Experiment	Bee species	Effects	Response variable	Citation
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Landscapes, enriched or not with melliferous catch crops, effect on colony overwintering	Honeybee ( <i>Apis mellifera</i> )	Access to more diverse floral resources was linked to a higher bee vitality (vitellogenin expression level)	Bee health (vitellogenin expression level)	Alaux et al., 2017 [47]
Monofloral diet combined with pesticides, effects on colony performance	Buff tailed bumblebee ( <i>Bombus terrestris</i> )	Additive negative effects of monofloral diet and pesticides on colony growth, drone size and reproductive effort	Worker mortality, worker weight, colony weight gain, number of males, food uptake	Dance et al., 2017 [73]
Monofloral vs. polyfloral pollen diets	Honeybee ( <i>Apis mellifera</i> )	When parasitized, bees fed with the polyfloral blend lived longer than bees fed with monofloral pollens	Longevity of adults	Di Pasquale et al., 2013 [74]
Diets with varying proportions of <i>Ranunculus</i> and <i>Sinapsis</i>	European orchard bee ( <i>Osmia cornuta</i> )	Monofloral diets of <i>Ranunculus</i> are detrimental for larval performance	Larval performance	Eckhardt et al., 2014 [75]
Royal jelly supplemented with mono- or polyfloral pollen diets	Honeybee ( <i>Apis mellifera</i> )	Larval resistance to disease was enhanced on a diet supplemented with either dandelion or polyfloral pollen	Larval resistance to disease	Foley et al., 2012 [76]
Landscapes differing in floral resource diversity, effect on colony performance and reproduction	Sugarbag bee ( <i>Tetragonula carbonaria</i> )	Colony performance and reproduction was positively correlated with floral diversity in the landscape	Colony performance and reproduction (brood)	Kaluza et al., 2017 [64]
Wild plant diversity gradient diet (including oilseed rape treated with a neonicotinoid)	Red mason bee ( <i>Osmia bicornis</i> )	Resource diversity offset the effects of insecticides (interactive effects) and increased reproduction parameters	Brood cell production, bee reproduction, larval to adult development	Klaus et al. 2021 [71]
Monofloral and mixed diets combined with pesticide in nectar, effect on nesting success	Common eastern bumblebee ( <i>Bombus impatiens</i> )	Exposure to pesticides reduces survival and activity and brood size, effect increased on monofloral diet	Nesting success, queen mortality and activity levels, queen nectar consumption, colony development (brood)	Leza et al. 2018 [77]

Mixture of pollen in diet, effect on lifespan	Common eastern bumblebee ( <i>Bombus impatiens</i> )	Survival of bees fed a pollen mixture with 50% unfavourable pollen ( <i>Helianthus annuus</i> , Asteraceae) was as good as on a high quality monofloral diet	Lifespan of bees in captivity	McAulay et al., 2019 [78]
Mono-, di- and trifloral diets, effect on colony development	Buff tailed bumblebee ( <i>Bombus terrestris</i> )	Colonies developed best on mixed pollen diets or high quality monofloral pollen diets	Colony development (brood)	Moerman et al., 2017 [38]
High pollen diversity and protein vs. low pollen diversity and protein diets combined with pesticide, effect on development of hypopharyngeal glands	Honeybee ( <i>Apis mellifera</i> )	Size and shape of hypopharyngeal acini was affected by pesticide and diet, while protein content in bee head was affected only by pesticide.	Physiological development	Renzi et al., 2016 [79]
Landscape gradient in floral resource abundance and diversity	Honeybee ( <i>Apis mellifera</i> )	Decline in pollen availability in summer led to decrease in pollen harvest, colony performance and to overwintering failure	Colony performance (brood, adult population size, honey reserve) and overwintering	Requier et al., 2017 [80]
Landscape gradient of semi-natural habitats	Buff tailed bumblebee ( <i>Bombus terrestris</i> )	Higher abundance of seminatural habitats improved reproductive performance	Colony growth and reproductive performance (number of new queens produced)	Requier et al., 2020 [35]
Food resource limitation and pesticide exposure	Orchard mason bee or blue orchard bee ( <i>Osmia lignaria</i> )	Pesticides and food limitation had additive effects and reduced reproduction	Survival, nesting, and reproduction	Stuligross and Williams 2020 [72]
Diets differing in floral composition, effect on resilience to heat stress	Buff tailed bumblebee ( <i>Bombus terrestris</i> )	Colonies were less susceptible to heat stress when fed suitable/high quality diets	Colony resistance to stress	Vanderplanck et al., 2019 [81]

193

194 However, how floral resource diversity and nutritional quality interact and affect bee health

195 is still largely unclear. This is particularly true for wild bees considered less resilient to

196 environmental changes and more difficult to study than managed honeybees [72,82]. For  
197 example, it is little understood how different nutrients or nutrient groups contribute to bee  
198 health, and if bee species differ in their tolerance towards deviations from optimal  
199 nutritional profiles and thus available nutritional landscapes. Understanding these links  
200 will shed light on the mechanisms underlying the observed positive effects of, for  
201 example, polyfloral diets on bee performance (Table 1). This knowledge will also enable  
202 better strategies for conservation or restoration of biodiversity for pollinators and thus  
203 contribute to combat ongoing bee declines (see below). We therefore propose to link floral  
204 communities, nutritional landscapes and bee health and diversity through assessing bee  
205 species-specific nutritional niches.

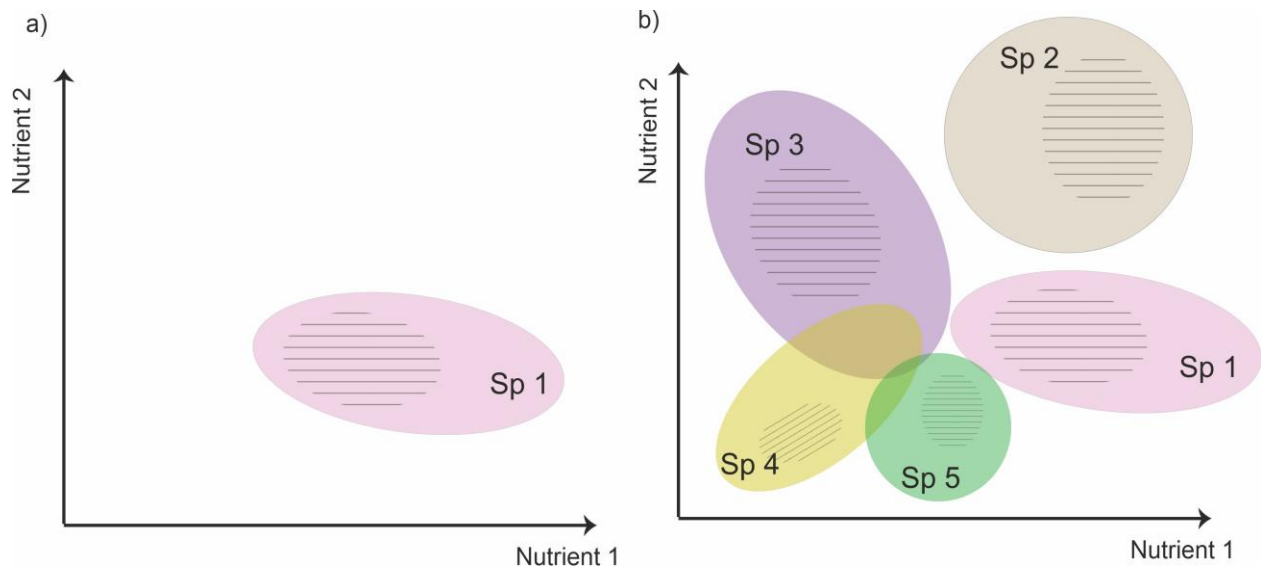
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### 207 Nutritional niches of bees

208 The *ecological niche* of a species describes a range of environmental conditions and  
209 resources required for its persistence; it positions each species in relation to others in  
210 ecosystem space [83], taking into account physical conditions, such as climate, and food  
211 resources[84]. The *nutritional niche* is nested within the ecological niche and describes a  
212 specific proportion and ratio of nutrients, which enable maximum growth, development,  
213 performance and fitness (Fig. 2a) [85–87]. Notably, precise values of the optimal niche  
214 can change with an animal’s internal state (e.g., larva vs. adult) and with changing  
215 environmental conditions [87]. The nutritional niche can consequently be described by a  
216 multidimensional geometric space defined by food chemistry, where each axis represents  
217 a nutrient (e.g., specific amino acids, chemical elements or group of components)  
218 functionally relevant to a species, i.e. required for development, survival and reproduction

219 [37,87,88] (Fig 2). Within this space, some combinations of nutrients are more important  
220 for performance and fitness than others. If they are limited in the environment this can  
221 result in a discrepancy between the consumer's optimal nutritional niche and the niche  
222 provided by the environment as suggested by ecological stoichiometry (stoichiometric  
223 mismatch) [89]. Such important nutrients are often regulated by animals, as revealed by  
224 the Geometric Framework of Nutrition (GFN) [85,90]. For instance, honey bees (*Apis*  
225 *mellifera*), bumble bees (*Bombus* spp.) and mason bees (*Osmia bicornis*) regulate  
226 protein, lipid and/or carbohydrate intake depending on their age and the presence of  
227 brood [91,92]. For such important nutrients, species likely show little tolerance to  
228 deviations from those concentrations which best support their performance/fitness, while  
229 they are likely more tolerant to deviations from concentrations that are less  
230 important/regulated for performance/fitness (as shown for *B. terrestris* [93]).  
231 Such differences in tolerance to deviations is captured by the *tolerated nutritional niche*  
232 which is a deviant of the optimal niche and captures the range that is still physiologically  
233 manageable by organisms and results in a positive growth, development and fitness[87].  
234 If the realized nutritional niche as offered by the available nutritional landscape deviates  
235 too far from the tolerated nutritional niche, individuals will fail to achieve successful  
236 growth, development or reproduction [87]. The degree of variation in niche space  
237 tolerated, in turn, denotes the tolerance of a specific animal for suboptimal diets. Different  
238 species likely vary not only in the position of their optimal niche (i.e., the specific  
239 proportions and ratios required), but also their tolerance for deviations from the optimum,  
240 resulting in species-specific nutritional niche shapes and sizes (Fig. 2b). Determining the  
241 tolerated nutritional niche of species can thus provide valuable information to predict the

242 spatial and temporal distribution of that species and its responses to environmental  
243 change [87,94].



244

245

246 **Fig. 2: Nutritional niches of bee species in a multidimensional nutritional space.**  
247 The optimal niche space (shaded) and the tolerated niche space (lighter color) of a  
248 species (Sp) and species-specific nutritional niches. Each shaded space represents the  
249 combinations and concentration ranges of nutrients tolerated and therefore supporting a  
250 species' growth, development, performance and fitness. Strong deviations from the  
251 nutritional niche over extended time periods will likely lead to negative impacts on health.  
252

253 As a consequence of the complex and variable chemistry encountered in different plant  
254 species, animals need to perform nutrient selective foraging in order to ensure healthy  
255 offspring development [95]. In the case of bees, this means that they should choose pollen  
256 with nutritional composition that match their nutritional needs, as shown for several  
257 bumble bee species that thrive on pollen with high protein to lipid (P:L) ratios and low lipid  
258 content [21,96] or bee larvae of *O. bicornis* that prefer high carbohydrate content diets  
259 [91]. The chemical profile of pollen jointly collected by individual (female) bees of a  
260 population can therefore be considered a proxy for their species-specific nutritional niche.

261 Recent advances in analytical methods facilitate the accurate quantitative chemical  
262 analysis of pollen, including fatty acids and protein-bound and free amino acids [97],  
263 sterols [98–100], plant secondary metabolites [101] and atoms of chemical elements [89].  
264 The chemical/nutritional profile of the overall pollen diet composed by a bee individual  
265 can thus be calculated through integrating information on the proportional contribution of  
266 nutritional profiles of pollen of all plant species visited for pollen collection (e.g., obtained  
267 through metabarcoding or palynological studies). Notably, this approach does not allow  
268 to determine the optimal nutritional niches of species, which would require cage (semi-  
269 field) experiments with manipulated artificial diets. However, through linking measured  
270 (realized) nutritional niches and animal health the nutritional niches measured at sites  
271 where populations show a generally good health status and high population density can  
272 be a good proxy for the species' tolerated nutritional niches.

273

#### 274 [Dietary vs. nutritional generalists and specialists in bees](#)

275 The degree of dietary specialization of a species is determined by its physiological (e.g.,  
276 ability to break down/tolerate specific plant compounds), sensory (e.g., intrinsic bias  
277 towards specific flowers/plants) and morphological (e.g., proboscis length and wing  
278 morphology) characteristics. It is typically described by the range of plant taxa used for  
279 pollen collection (i.e., pollen hosts) [102,103]. In bees, the full spectrum of flower  
280 specialization - sometimes referred to as dietary breadth [53,104] - ranges from species  
281 that collect floral pollen from a single plant species or genus only (monolecty, oligolecty)  
282 to generalists that do not appear to have distinct flower preferences (polylecty) [20].  
283 However, even generalists, including many social bees, forage pollen from a limited range

284 of flowering species [105–107]. A classification of floral specificity of pollen collection in  
285 bees covering all levels of specialization was suggested by Cane & Sipes [108] and Müller  
286 & Kuhlmann [105]. This classification, however, does not consider pollen nutrients, thus  
287 is not based on the species' nutritional niches [105,108].

288 We propose that bee species differ not only in the specific nutrient amounts and ratios  
289 required for optimal survival and reproduction (see above), but also in the degree of  
290 variation in nutrient space tolerated, i.e., the tolerated nutritional niche, and thus in the  
291 nutritional landscape in which they can thrive. Nutritional specialists are thus species with  
292 comparatively narrow nutritional niches, and generalists are species with a comparatively  
293 wide nutritional niche (Fig. 3). Nutritional niche breadth and dietary breadth can be, but  
294 do not necessarily have to be correlated. While it is likely that dietary specialists also show  
295 a narrow nutritional niche, some dietary specialists may have a broader nutritional niche  
296 than some generalists. For example, some bees may visit a broad spectrum of plant  
297 species with chemically similar pollen profiles, e.g., bee species collecting pollen from  
298 Asteraceae. These are mostly specialized bees foraging on many different Asteraceae  
299 species, while generalist bee species avoid Asteraceae pollen despite the ubiquitous  
300 distribution of this plant family and the substantial amount of pollen provision (known as  
301 the Asteraceae paradox [105]). While the reasons for this Asteraceae paradox remain  
302 unresolved, the abundance of specific chemical compounds, e.g.  $\Delta^7$ -sterols, found in  
303 pollen of Asteraceae species may offer an explanation [100].

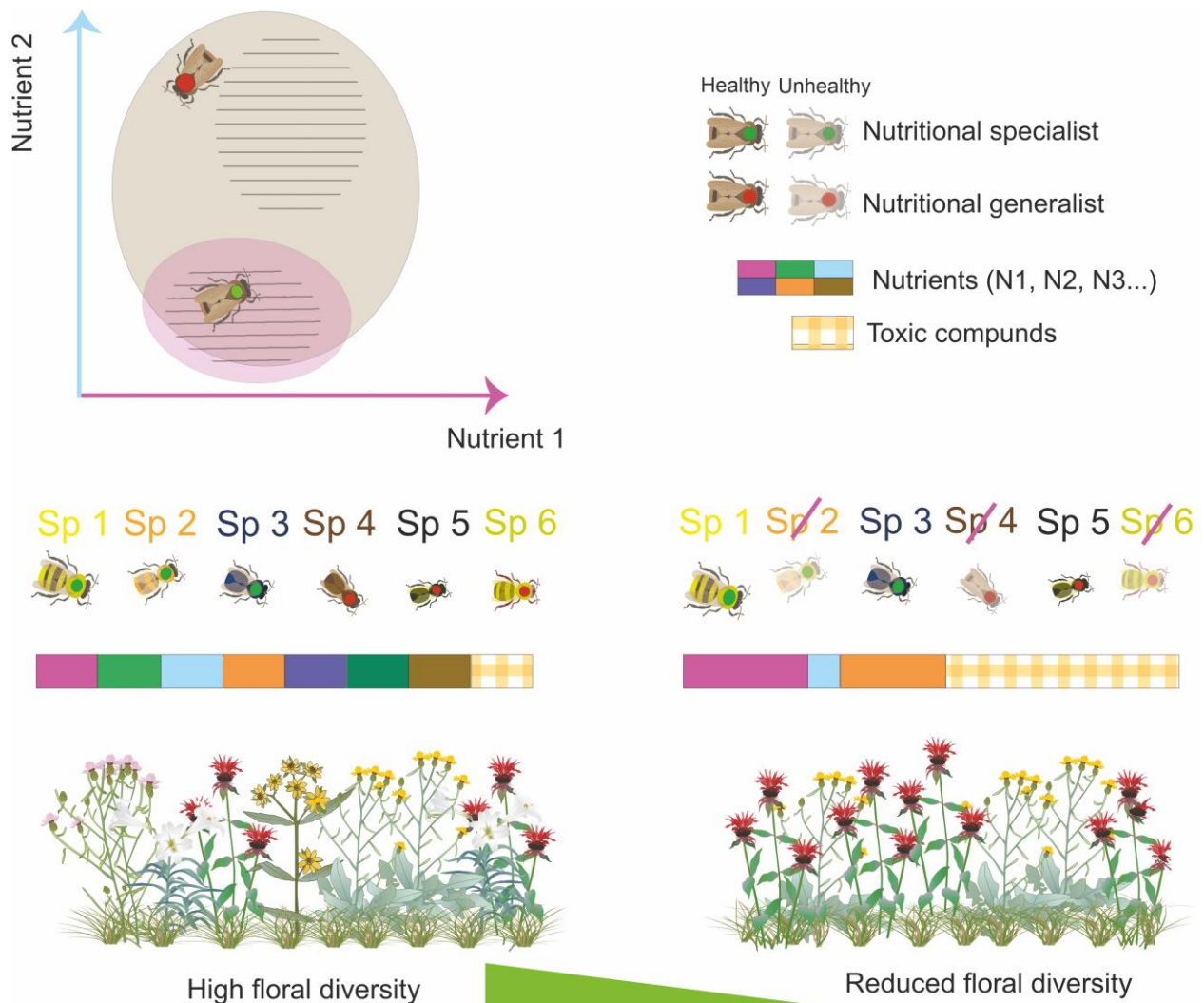
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### 305 [Linking bee health, floral diversity and nutritional niches](#)

306 Some generalist bees have been shown to mix pollen from different plant sources, either  
307 during one or several foraging trips, likely to achieve a nutritional balance and/or to dilute  
308 toxic compounds [72,75], indicating that nutritional generalists may even specifically  
309 target and clearly benefit from diverse pollen sources in florally diverse environments  
310 (Table 1). Nutritional specialists, on the other hand, depend on the presence of specific  
311 plant species which provide pollen with nutrient profiles that are close to their nutritional  
312 niches. Access to a nutritionally diverse landscape as typically provided in florally diverse  
313 environments would ensure that different species-specific macro- and micro-nutrient  
314 requirements can be met [24,109]. We therefore predict that nutritional specialists with a  
315 comparatively small nutritional niche are more common in florally diverse habitats and  
316 thus nutritionally diverse landscape, where they have access to a broader spectrum of  
317 resources and thus of potential nutritional niches, including their own [110] (Fig. 3).

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**Fig. 3: Link between floral diversity, nutritional landscapes and nutritional niches.** Bee species (Sp) with narrow nutritional niches (nutritional specialists, green dotted marked bees) and thus little tolerance for changes in the nutritional space (purple area in nutritional space) are likely to be more susceptible to changes in the floral diversity than bee species with broad nutritional niches (nutritional generalists, red dotted marked bees) and a higher tolerance (brown area in nutritional space). The nutritional landscape of each environment is reflected by different colours of nutrients (bars in the centre). It is more diverse, balanced and thus provides more nutritional niches in florally diverse environments (left) compared to environments with reduced floral diversity (right). Florally diverse environments also enable bees to dilute toxic compounds (e.g., harmful plant secondary metabolites or pesticides) exposing them to overall less harmful compounds than environments with reduced floral diversity.

334 Both nutritional generalists and nutritional specialists should therefore thrive in  
 335 nutritionally diverse landscapes, which are expected to provide more nutritional niches

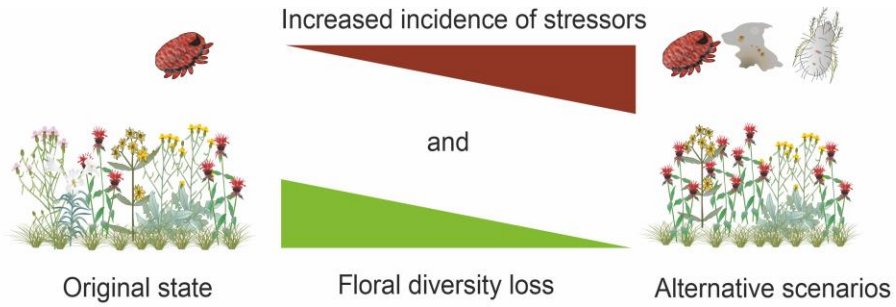
336 than nutritionally poor landscapes (Fig. 3). Bees in nutritionally diverse landscapes will  
337 more likely encounter their (potentially even optimal) nutritional niche. As a consequence,  
338 they should be better nourished and therefore be healthier than bees in nutritionally poor  
339 landscapes.

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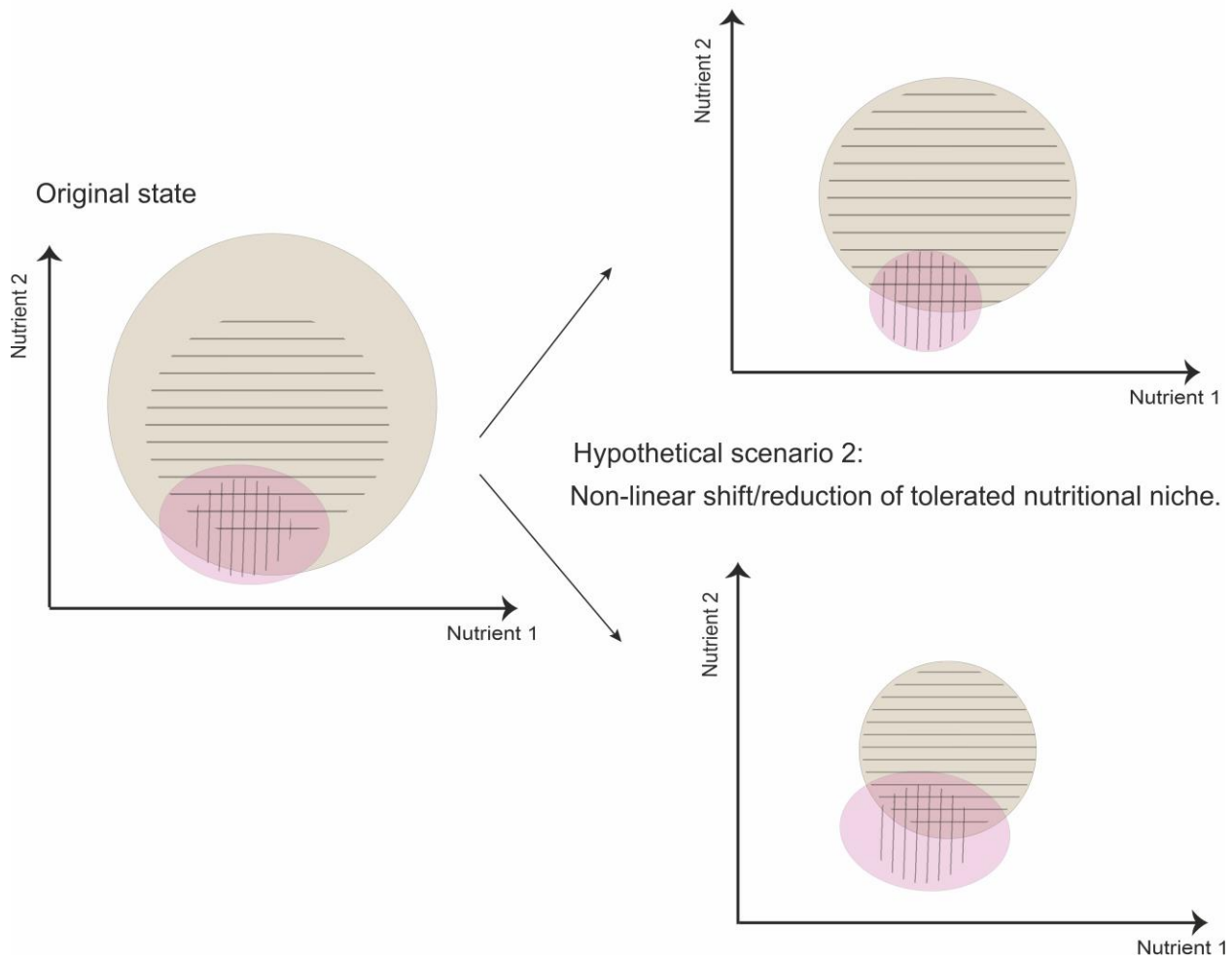
341 Notably, bees in more biodiverse environments may also harbour more diverse  
342 pathogens and parasites [44,67,111,112]. However, access to (nutritionally) diverse  
343 resources may render them more tolerant and resilient to pathogens and parasite  
344 virulence factors (through optimal physiology) and/or more resistant to associated  
345 infection risks (through optimal immunity) [10,74,81,113]. They may also more easily  
346 adjust their diet to combat infection, e.g., through increasing the proportion of protein in  
347 diets [114,115] or collecting resources with antimicrobial plant secondary metabolites  
348 [25,33,116]. In fact, the bees' resilience to diseases, but also other stressors (e.g., climatic  
349 or weather extremes), varies with floral/nutritional quality [81,117]. We therefore do not  
350 expect that more stressors are necessarily linked with decreased health, but rather predict  
351 a three-way-interaction between nutrition, health and stressors, such as pathogen loads,  
352 which may result in different scenarios, such as linear and non-linear shifts in nutritional  
353 niches (Fig. 4). For example, protein-rich diets improve the immune-competence of  
354 bumble bees (*B. terrestris*) exposed to a parasite [66] and lipid-rich diets increase survival  
355 in honey bees (*A. mellifera*) exposed to an organophosphate insecticide [117]. These  
356 studies indicate that bees can adjust their diets to compensate different stressors, which  
357 will result in altered nutritional niche spaces (Fig. 4). Consequently, floral/nutritional  
358 diversity may convey health benefits to generalist and specialist bee species through

359 providing a variety of nutritional niches, which can increase nutritional flexibility and  
360 resilience when facing additional stressors.

361



Hypothetical scenario 1:  
Linear shift/reduction of tolerated nutritional niche.



362  
363

364 **Fig 4: Interaction between nutrition, health and stressors altered in addition to**  
365 **florally impoverished landscapes.** Hypothetical scenarios depict linear and non-linear  
366 changes in nutritional niches of nutritional specialists (purple area) and generalists (brown  
367 area) following loss of floral diversity plus additional stressors (e.g. increased pathogen  
368 prevalence). Stressors may simply decrease the bees' tolerated nutritional niche space  
369 without affecting their optimal nutritional niches (scenario 1). Alternatively, it may result in  
370 a non-linear change in overall nutritional niches (including both the optimal and tolerated  
371 niche space). Moreover, the magnitude and direction of ecological niche shifts under  
372 stressed scenarios is known to differ among taxonomic groups [118], demonstrating  
373 highly species-specific responses. Likewise, the nutritional niche of one species may be  
374 strongly decreased, while the optimal and tolerated nutritional niche of another species  
375 may remain unaffected in the presence of additional stressors (scenario 2). This may in  
376 turn result in a species-specific likeliness of becoming (locally) extinct under stressed  
377 conditions. To our knowledge there is hitherto no study that assessed nutritional niche  
378 shifts in different bee species exposed to different stressors.  
379

## 380 [Concluding Remarks and Outstanding Questions](#)

381 Through integrating different physiological health measures and nutritional niches with  
382 floral diversity and composition, we can reveal meaningful interactions between nutritional  
383 landscapes and bee health (Fig. 3, Fig. 4). We can also investigate hitherto unknown  
384 interactive effects between different physiological health parameters, such as  
385 stoichiometry, physiology and disease loads.

386 This integrative approach will enable better tailored management recommendations for  
387 bee conservation. Until now, most conservation measures implicitly assumed that wild  
388 bee populations can be enhanced by increasing floral diversity [8]. This can however lead  
389 to shortages in types, amounts and proportions of specific nutrients and thus in a lack of  
390 the nutritional niches required by different bees, in particular by nutritional specialists.

391 Such shortages can be elucidated e.g. by comparing bee and pollen stoichiometry to  
392 reveal stoichiometric mismatches [89]. Similarly, bee-nutrient networks and ordination  
393 analyses could reveal differences in link strength between specific nutrients or nutrient  
394 ratios and specific bee species, with strong links indicating important nutrients, nutrient

395 groups or nutrient ratios and the plant species providing them. This information can then  
396 be used to improve flower seed mixes or support the conservation of key plant species  
397 and their habitats.

398 Notably, the quantity and quality of available floral resources can be modulated by  
399 environmental conditions, such as water availability [119], rendering nutritional  
400 landscapes and bee foraging highly sensitive to global change [120]. For example, global  
401 change will likely affect the functional complementarity of bee-plant interactions, e.g.  
402 through advancing seasonal flowering events. It remains open which bee species are  
403 sufficiently plastic in their phenology and/or resource requirements to maintain their floral  
404 associations and pollination service [121,122]. It is also little understood how such global  
405 change induced shifts in phenology or resource use interact with bee health. Can we use  
406 knowledge on links between species-specific nutritional niches (breadth) and health to  
407 predict which bees will be able to forage in specific landscapes? How can we adjust floral  
408 enhancement schemes to take into consideration additional factors besides bee nutrition,  
409 such as edaphic conditions, climate sensitivity, interactions with other plants within  
410 communities and stakeholder interests? Understanding how global change affects the  
411 physiology and adaptability of both bees and plants and thus (nutritional) niche shifts and  
412 health requirements across species is one of the biggest challenges of ongoing and future  
413 research.

414

#### 415 [Acknowledgements](#)

416 This research was funded through the 2018-2019 BiodivERsA joint call for research  
417 proposals, under the BiodivERsA3 ERA-Net COFUND programme, and with the funding

418 organisations: Agence nationale de la recherche in France (ANR-19-EBI3-0003),  
419 Deutsche Forschungsgemeinschaft in Germany (DFG: LE 2750/8-1, KL 1849/19-1 and  
420 KE1743/10-1), National Science Centre (2019/31/Z/NZ8/04030) and Jagiellonian  
421 University (Faculty of Biology, N18/DBS/000003) in Poland, and Research Foundation –  
422 Flanders (FWO) in Belgium (1SC7120N). PCS was supported by UKRI funding from  
423 BBSRC (BB/T014210/1) and NERC (NE/V012282/1). LB is holder of a doctoral grant from  
424 Research Foundation-Flanders (FWO-SB 1SC7120N). GS acknowledges support by the  
425 Special Research Fund of Ghent University and the Research Foundation-Flanders  
426 (FWO-Vlaanderen). We are very grateful for the constructive comments provided by two  
427 anonymous reviewers.

428

#### 429 [Author contributions](#)

430 M.A.P. drafted the manuscript, developed figures and tables and coordinated co-authors  
431 contributions until finalization. All co-authors contributed to the original grant application  
432 upon which this conceptual paper is based. All co-authors provided comments, proof-  
433 checked citations, contributed to text and figures in particular to develop paragraphs  
434 specific to their expertise areas (pathogens, stoichiometry, niche theory). S.D.L. initialized  
435 the manuscript, invited co-authors and supervised manuscript development until  
436 finalization.

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