

Walk With Me

Composition (Binaural soundwalk)

Link: <https://oliviapreye.wixsite.com/walkwithme>

Testimonials: <https://oliviapreye.wixsite.com/walkwithme/testimonials>

Duration: 32 minutes 16 seconds

Format: Stereo (binaural)



About:

Walk with Me is an immersive, interactive sound walk, which combines an original binaural composition with rural walking to transform the grief experience for bereaved adults.

A composition to recreate feelings of release, connection and sense of journeying. Drawing upon rituals in India, Ireland and West Africa using music and self-expression to process emotions, and aiming to confront the culture surrounding death in Britain. The transformation of the experience of grief through words and composition to inspire formative contemplations on life and death.

A collaboration between Olivia Preye, Emma Margetson and Alithea Waterfield.

Credits:

Composer: Olivia Preye

Composer / Sound Artist: Dr Emma Margetson

Mindfulness in Nature therapist: Alithea Waterfield

Partners:

THE CART SHED

HOPE SUPPORT SERVICES

PAINES PLOUGH

Funding: Arts Council England (Research and Development funding)