



Fig. 2 One way ANOVA between Δ SBP (mean \pm SEM) and %MVC (mean \pm SEM) during the estimation task and production trials 1-3. **Panel A)** * = significant differences between production trials 1-3 and estimation task ($p < 0.05$). † = significant differences between estimation task and production trials 1-2 ($p < 0.05$). **Panel B)** No significant differences between %MVC estimation task and %MVC production trials 1-3, reps 1-4.