

Appendix C

Resources table

Resource Type	Name	Description	Evaluation	Reference and/or links
Risk Assessment tools	Sexual Exploitation And Missing Measurement Tool (SEAM)	Pan-agency CSE risk assessment tool. Developed through collaboration between public agencies involved in safeguarding and third sector	No	Project Phoenix (2014) http://www.itsnotokay.co.uk/wp-content/uploads/Project-Phoenix-Handbook-v2.pdf
	Safeguarding Children Assessment and Analysis framework (SAFF)	Used to assess level of harm, risk-levels and predict success of intervention. Tool not developed specifically for CSE	Study is currently underway	Macdonald et al (2014)
	Children Abused Through Sexual Exploitation Project (CATSE)	Includes example framework for establishing risk levels across CSE contexts	Yes	Lebloch & King 2006
	Local Government Association	Provides links to a selection of locally developed risk assessment tools for information sharing	NA	Local Government Association http://www.local.gov.uk/web/guest/safeguarding-children/-/journal_content/56/10180/6900735/
	Brook Sexual behaviours traffic light tool	Tool for professionals who work with children to categorise sexual behaviours to identify risk and safeguarding concerns (used by GPs). Brook also offers training courses for professionals in using the tool.	Not formal – but feedback is being collected as the tool is used	Brook – adapted from Family Planning Queensland 2012) http://www.brook.org.uk/our-work/category/sexual-behaviours-traffic-light-tool

research in practice

	BASHH & Brook Child Sexual Exploitation (CSE) Proforma 'Spotting the Signs'	Standardised pro forma for UK health professionals to assess the signs of CSE and to be used alongside existing sexual and social health frameworks. Launched in 2014	Yes	Rogstad & Johnson (2014) http://www.fsrh.org/pdfs/SpottingTheSignsNationalProforma.pdf
	Sexual Exploitation Risk Assessment Framework (SERAF)	Developed by Barnardo's Cymru. The tool includes a checklist of vulnerabilities and moderate and significant risks for social workers to produce a cumulative score, which corresponds to different levels of risk (including no risk, mild, moderate and significant).	Yes	Clutton & Coles (2007)
	Graded Care Profile	A tool for social workers to assess the quality of care a child is receiving. It assesses the four domains of physical care, safety, love and esteem and measures strengths, weaknesses and areas for change	Currently underway	Srivastava & Polnay (1997) http://www.nspcc.org.uk/services-and-resources/services-for-children-and-families/graded-care-profile/
Prevention: Education and Awareness raising – young people	Kizzy Speaks	Animated film for use in schools to raise awareness on CSE as well as healthy relationships and coercion Animage, Open University & University of Greenwich (2014) Kizzy Speaks. Animage Films.	No	Contacts Ruth Beni - ruthbeni@aol.com Lesley Hoggart - lesley.hoggart@open.ac.uk Victoria Newton - victoria.newton@open.ac.uk
	Chelsea's Choice	Play addressing the risks surrounding CSE and what can be done to help address personal risks as well as to support peers, presented through the story of a young girl groomed by an older man.	User feedback gathered	Alter Ego http://www.alteregocreativesolutions.co.uk/chelseas-choice/
	Wud U App?	Interactive app for educators to raise awareness of CSE and present realistic scenarios to help young people assess risks and make safe decisions	No	Barnardo's http://www.barnardos.org.uk/what_we_do/our_work/sexual_exploitation/wud-u.htm

	Sex Education Forum	Tools to guide educators in conducting PSHE lessons around exploitation, healthy relationships and consent	No	Sex Education Forum http://www.sexeducationforum.org.uk/resources/resources-a-z.aspx
	Sex and relationships education (SRE) for the 21st century	Guidance for educators on teaching of sex education including healthy relationships.	NA	Brook, PSHE Association & Sex Education Forum (2014) http://www.sexeducationforum.org.uk/media/17706/sreadvice.pdf
	Real Love Rocks	Tools for young people, families and educators on healthy relationships. Also includes free membership and resource hub for professionals working in and around CSE – includes videos, posters and interactive resources.	No	Barnardo's http://www.barnardosrealloverocks.org.uk/
	Think U Know	Website including video resources and lesson plans from CEOP for educators to present guided lessons to young people on healthy relationships and recognising the risks and signs of exploitation.	NA	CEOP https://www.thinkuknow.co.uk/Teachers/
	Unity Radio: The NGY (Next Gen Youths) Show	Weekly youth radio programme featuring a weekly discussion on issues relating to CSE. Part of the It's Not Okay campaign in Greater Manchester	NA	http://www.unityradio.fm/the-ngy-next-gen-youths-show-each-and-every-thursday-7-9pm/
Prevention: Education and awareness raising – families and carers	Families and Communities Against Child Sexual Exploitation (FCASE)	Barnardo's pilot project (2013-15). Community awareness raising and work with target families and children at risk of CSE. Awareness raising training with multiagency teams. The project has just completed and online learning resources should be available in 2015.	Yes	D'Arcy et al (2015) http://www.barnardos.org.uk/university_of_bedfordshire_FCASE_report.pdf
	Keep them Safe	Interactive online course for parents on recognising the signs and impact of CSE and how to act on concerns.	No	PACE http://www.paceuk.info/the-problem/keep-them-safe/

**Information,
training and
support for
practitioners**

Think U Know	Short videos and factsheets for parents and carers from CEOP.	No	https://www.thinkuknow.co.uk/Teachers/Resources/
The Relational Safeguarding Model: Best practice in working with families affected by child sexual exploitation	Guide for multi-agency CSE professionals on working in partnership with families to safeguard young people	No	PACE (2014) http://www.paceuk.info/wp-content/uploads/2013/11/Relational-Safeguarding-Model-FINAL-PRINTED-May-2014.pdf
Families and Communities Against Child Sexual Exploitation (FCASE)	Barnardo's pilot project (2013-15). Community awareness raising and work with target families and children at risk of CSE. Awareness raising training with multiagency teams. The project has just completed and online learning resources should be available in 2015.	Yes	D'Arcy et al (2015) http://www.barnardos.org.uk/university_of_bedfordshire_FCASE_report.pdf
Spot the Signs	Short overview of the key risks surrounding CSE and indicators from Barnardo's.	NA	Barnardo's http://www.barnardos.org.uk/spot_the_signs_professionals.pdf
The RCGP/NSPCC Safeguarding Children Toolkit for General Practice	A toolkit for GPs to assist with the identification of children who may be suffering maltreatment including CSE. Includes guidance on spotting the signs as well as training staff and working with other agencies.	NA	RCGP & NSPCC (2014) http://www.rcgp.org.uk/clinical-and-research/clinical-resources/~/_media/Files/CIRC/Safeguarding-Children-Toolkit-2014/RCGP-NSPCC-Safeguarding-Children-Toolkit.ashx
Safeguarding Children and Young People from Sexual Exploitation	Guidelines for LSCBs from the Department for Children, Schools and Families. Includes information on the roles and responsibilities of different professional organisations, prevention of CSE and managing individual cases.	NA	DCSF (2009) https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/278849/Safeguarding_Children_and_Young_People_from_Sexual_Exploitation.pdf

Working with children and young people who experience running away and child sexual exploitation: An evidence-based guide for practitioners	Explores the relationship between running away and CSE and provides guidance for professional practice.	NA	Smeaton (2013a) http://www.barnardos.org.uk/CSE_practitioners_guide_v2_hr.pdf
Promoting resilience in children and young people	Research briefing on principles of building resilience in children and families including considerations of practice and accompanying reference chart outlining key challenges to resilience in children at different ages and in intrapersonal, family and community contexts	NA	Research in Practice (Newman 2014) https://www.rip.org.uk/resources/publications/frontline-resources/frontline-briefing-promoting-resilience-in-children-young-people-and-families-briefing
Adolescent Development	Briefing for frontline staff, with accompanying chart, outlining some of the key areas of development applying to adolescence - physical development, the role of the family, identity, peer relationships, health and risk and resilience.	NA	https://www.rip.org.uk/resources/publications/frontline-resources/frontline-briefing-understanding-adolescence-briefing/
Blast Project	Resources for professionals tackling grooming and sexual exploitation of boys and young men. Includes 30 minute video Same risk, different gender highlighting risks and guiding through practice scenarios	NA	Blast (2015) http://mesmac.co.uk/resources-for-professionals And https://vimeo.com/90513351
Supporting emotional resilience within social workers	Includes practical tools for supervising individuals and teams and for managers to assess their ability to promote resilience in staff and reducing unnecessary stressors in the work environment	NA	Research in Practice (2014) https://www.rip.org.uk/resources/publications/practice-tools-and-guides/practice-tool--supporting-emotional-resilience-within-social-workers/

	Frontline Briefing: Adult attachment - application in practice with children and families	Designed for practitioners and managers, this publication explores adult attachment theory and the evolution of patterns, adult attachment patterns, care-giving and children's attachment as well as applying adult attachment informed ideas to practice, including fostering, adoption and supervision.	NA	Research in Practice 2014 www.rip.org.uk/resources/publications/frontline-resources/frontline-briefing-adult-attachment--application-in-practice-with-children-and-families-briefing/
	CSE self-assessment tool for LSCBs	A checklist for LSCB's to monitor their progress in developing an effective strategy to address CSE	NA	University of Bedfordshire www.beds.ac.uk/_data/assets/pdf_file/0007/152179/Self-assessment-tool.pdf
	Short films for Practice - CSE research	Short films from the University of Bedfordshire on the key issues surrounding CSE	NA	University of Bedfordshire www.beds.ac.uk/intcent/films
	ACTA handbook	This handbook includes key research and practice messages around analysis and critical thinking in assessment.	NA	Research in Practice 2014 www.rip.org.uk/resources/publications/practice-tools-and-guides/analysis-and-critical-thinking-in-assessment-2nd-edition
User-centred Service Design	Embedding the Voice of Children and Young People in Service Evaluation	Framework and guidance for including and working with young people in the development of young people's services	NA	Research in Practice (Wilkinson & Gutherson 2014) www.rip.org.uk/resources/publications/evaluation-tools-and-guides/embedding-the-voice-of-children-and-young-people-in-service-evaluation/
	Appreciative Inquiry in Child Protection	This Practice Tool provides a starting point for practitioners, managers, supervisors and LSCBs in understanding Appreciative Inquiry and its potential as a tool in service evaluation and promoting and implementing service improvement. Designed to explain AI and to support practitioners and managers to use it as a method for evidence-gathering, analysis and action planning.	NA	Research in Practice (2015) https://www.rip.org.uk/resources/publications/practice-tools-and-guides/practice-tool-appreciative-inquiry-in-child-protection--identifying-and-promoting-good-practice-and-creating-a-learning-culture/

By Us, For Us: the power of co-design and co-delivery	One of a series of learning products from NESTA and the Innovation Unit exploring People Powered Helath.	NA	NESTA (2013) https://www.nesta.org.uk/sites/default/files/the_power_of_co-design_and_co-delivery.pdf
Developing Young Researchers Online Guidance	Useful guidance for those wanting to develop and engage young researchers.	NA	NFER (2015) http://www.nfer.ac.uk/schools/developing-young-researchers/involving-young-people.cfm
OCC Participation Strategy	'Ensuring the voice of children and young people in the work of the Office of the Children's Commissioner' - the OCC participation strategy, May 2013 - April 2014	NA	Office of the Children's Commissioner (2013) http://dera.ioe.ac.uk/17915/1/FINAL_PARTICIPATION_STRATEGY_Children_and_Young_People_s_Voice_2013-2014.pdf
Co-production in Social Care: What is it and how to do it,	Resource from the Social Care Institute for Excellence	NA	www.scie.org.uk/publications/guides/guide51/files/guide51.pdf
Young Scot	The national youth information and citizenship agency for Scotland, who have a specific co-design function.	NA	www.youngscot.net/what-we-do/co-design-service/ and http://www.youngscot.net/wp-content/uploads/2015/02/Co-design-Offer.pdf
Co-production in Local Government,	TUC resource, published 2013, looking at co-production within the context of local government	NA	https://www.tuc.org.uk/sites/default/files/APSE%20making%20co-production%20work%20in%20local%20government.pdf
Putting Participation into Practice, Benefits of Participation	Resource from Young Minds, published 2005, exploring practice and benefits of participation	NA	http://www.youngminds.org.uk/assets/0000/1315/PPP_Participation.pdf