Appendix A

Methodology

The scoping exercise took place between April and July 2015 and has focused on the following key areas: definitions and the interpretation of CSE within the UK; contextual factors that inform understanding of, recognition and response to CSE; and what is important when working with sexually exploited young people, or those at risk of CSE.

It is important to emphasis that this is not a systematic review as the literature is too wide ranging and no attempt has been made to assess the reliability and validity of any of the research findings referred to. However, the work does largely draw on peer-reviewed and usually published research which supports the findings of the scope and offers assurance regarding the quality of the research. The intention was to identify principles for best practice from the evidence available in order to enable change and inform service and practice development.

Searches have been undertaken on a range of databases and using different search engines. Additionally, searches were undertaken on Hansard and charity/voluntary organisation websites and policy documents. As Brodies et al note (2011) policy is often ahead of academic research. This evidence scope includes empirical academic studies and a large selection of grey literature including unpublished material, case studies, systematic reviews, inquiries, empirical non-academic studies, evaluations, policy documents and practical resources designed for practitioners and those at risk of CSE. The sources accessed include databases, search engines, books, journals and websites. The scope does not include international comparisons; case studies; parents, families and young people’s views - other than that reported in existing literature; and although there has been considerable media interest in the issues of CSE, analysis of media reports is outside the remit of this work.

Search strategy

Key texts which informed the selection of keywords and provided an initial scope of resources included Corby (2006), Corby et al 2012 and Hanson & Holmes (2014) and publications and resources on the website of the University of Bedfordshire: The International Centre: researching child sexual exploitation, violence and trafficking.

Both general literature on child safeguarding, child sexual abuse (CSA), organisational practices, and specific literature on CSE (CSA) were reviewed. Specific searches were conducted for the following categories:

- Definitions of CSA and CSE – including historical definitions
- Definitions of a vulnerable or ‘at risk’ young person
- CSE policy and practice - including the historical development of policy and practice
- How vulnerability to CSE is currently assessed
- Prevalence of CSE
- Interventions and resources to tackle CSE
- User-led / needs focused service development

For each of the above categories, sources related to CSE policy and practice in the UK were prioritised, although global sources were also considered for context or to supplement a lack of UK-based resources in particular areas.
For electronic searching, terms concerned with CSE definitions, context and practice were used as well as multi-agency practices, user-led service design and organisation change in consideration of informing future service developments. Keywords were tailored to those used by particular databases and search engines and the following were used:

**Keywords:**

<table>
<thead>
<tr>
<th>Category</th>
<th>Keyword 1</th>
<th>Keyword 2</th>
<th>Keyword 3</th>
<th>Key phrases</th>
</tr>
</thead>
<tbody>
<tr>
<td>Definitions of CSA and CSE</td>
<td>Definitions</td>
<td>Discourse / language of</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Definitions of vulnerable or ‘at risk’ YP</td>
<td>Vulnerable / high risk / risk factors</td>
<td>Teenagers / adolescents / young people</td>
<td>Gangs / missing / run away / online / sexual health</td>
<td>“High risk young people” “exploiter exploitee relationships”</td>
</tr>
<tr>
<td>CSE policy and practice</td>
<td>Policy / framework</td>
<td></td>
<td></td>
<td>“Safeguarding and Child Sexual Exploitation”</td>
</tr>
<tr>
<td>How vulnerability to CSE is assessed</td>
<td>Assessment / assess</td>
<td>Teenagers / adolescents / young people / perpetrator</td>
<td>Risk / need</td>
<td>Young People (Reported Missing) Sexual Health and Risk Assessment for Young People “Recognising Child Sexual Exploitation” Risk Assessment and Young People Recognising Child Sexual Exploitation Assessment of Need and Young People “Approaches to Assessment and Child Sexual Exploitation” “Rights and Young People” “Child Sexual Exploitation and Emotional Well-Being”</td>
</tr>
</tbody>
</table>
### Prevalence of CSE

<table>
<thead>
<tr>
<th>Prevalence / Incidence</th>
<th>Interventions / resources / tackling</th>
</tr>
</thead>
<tbody>
<tr>
<td>Multi-agency / inter-professional</td>
<td>“Working with traumatised Young People”</td>
</tr>
<tr>
<td>Interventions / resources / tackling</td>
<td>“Professional Responses to Child Sexual Exploitation”</td>
</tr>
<tr>
<td>Interventions / resources / tackling</td>
<td>“Responding to Child Sexual Exploitation – and Thresholds for Intervention”</td>
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<tr>
<td>Interventions / resources / tackling</td>
<td>“Interventions for Child Sexual Exploitation”</td>
</tr>
<tr>
<td>Interventions / resources / tackling</td>
<td>“Inter-Professional Working and Child Sexual Exploitation”</td>
</tr>
<tr>
<td>Interventions / resources / tackling</td>
<td>“Early Help Agendas for Young People”</td>
</tr>
</tbody>
</table>

### Needs focused service development

| User-led / user control / user-centred / service user involvement / personalisation / needs led | Multi-agency / inter-professional / public organisation / healthcare / social care / social work / Children’s services | resistance to user-led change in social services |
| Change-theory / theory of change / in practice / Lewin’s theory of change / resistance to change | / public organisation / healthcare / social care / social work / Children’s services | Service change / service culture change / service development / Service design |

*Very few resources were found for these particular search terms specifically in relation to CSE service design, so wider resources relating to user-led service design and organisation change in health and social care were consulted.

Only English language sources were accessed.

Results from the initial search numbered in excess of 2,000. After a number of duplicate results were removed, exclusion criteria included:

- Studies related to other countries – unless for comparative context or if no UK-related results could be found
- Resources before the year 2000, unless relevant to historical context
- Serious case reviews, case studies and resources for tackling CSE were prioritised in terms of recency.
Databases searched:
EBSCO
Medline
CINAHL Plus with Full text
Academic Search Premier
PsycInfo
Psychology and Behavioural Sciences Collection
Social Care Online

Websites Consulted:
Barnardo’s
Children and Family Court Advisory and Support Service (CAFCASS)
Child Exploitation and Online Protection Centre (CEOP)
Children’s social care research and development centre (CASCADE – Cardiff University)
NSPCC – including NSPCC National Case review repository
National Working Group Network for Tackling Child Sex Exploitation
Research in Practice (RIP)
Social Care Institute for Excellence
Social Care Workforce Research Unit (King’s College London)
The Children’s Society
University of Bedfordshire – The International Centre: Researching child sexual exploitation, violence and trafficking.

Government sites:
Department for Children, Schools and Families – archived.
Department for Education
Department of Health
Local Government Association and Local Government Websites (various – re: serious case reviews and working practices)
Office of the Children’s Commissioner for England

Hand searched journals - Child Abuse Review