An upwind vertex centred Finite Volume solver for Lagrangian solid dynamics

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Abstract

A vertex centred Jameson-Schmidt-Turkel (JST) finite volume algorithm was recently introduced by the authors (Aguirre et al., 2014) in the context of fast solid isothermal dynamics. The spatial discretisation scheme was constructed upon a Lagrangian two-field mixed (linear momentum and the deformation gradient) formulation presented as a system of conservation laws. In this paper, the formulation is further enhanced by introducing a novel upwind vertex centred finite volume algorithm with three key novelties. First, a conservation law for the volume map is incorporated into the existing two-field system to extend the range of applications towards the incompressibility limit (Gil et al., 2014). Second, the use of a linearised Riemann solver and reconstruction limiters is derived for the stabilisation of the scheme together with an efficient edge-based implementation. Third, the treatment of thermo-mechanical processes through a Mie-Grüneisen equation of state is incorporated in the proposed formulation. For completeness, the study of the eigenvalue structure of the resulting system of conservation laws is carried out to demonstrate hyperbolicity and obtain the correct time step bounds for non-isothermal processes. A series of numerical examples are presented in order to assess the robustness of the proposed methodology. The overall scheme shows excellent behaviour in shock and bending dominated nearly incompressible scenarios without spurious pressure oscillations, yielding second order of convergence for both velocities and stresses.

Keywords: Fast dynamics, Mie-Grüneisen, Finite Volume Method, Riemann Solver, Incompressible, Locking, Shock Capturing

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1. Introduction

In practical engineering applications involving extremely complex geometries, meshing typically represents a large portion of the overall design and analysis time. In the computational mechanics community, the ability to perform calculations on tetrahedral meshes has become increasingly important. For these reasons, the automated tetrahedral mesh generators by means of Delaunay and advancing front techniques \(^6\) have recently received increasing attention in a number of important application areas, such as cardiovascular tissue modelling \(^7\), crash impact simulation \(^8\), blast and fracture mechanics and complex multi-physics problems \(^9\text{--}^{12}\).

Unfortunately, modern tetrahedral element technology in solid mechanics (e.g. ANSYS AUTODYN, LS-DYNA, ABAQUS/Explicit, Altair Hyper-Crash), typically based on the use of the traditional Finite Element based second order displacement formulation \(^13\text{,}^{14}\), possesses several distinct disadvantages, namely: (1) Reduced order of convergence for strains and stresses \(^15\text{,}^{16}\); (2) High frequency noise in the vicinity of shocks \(^17\text{--}^{20}\); (3) Stability issues associated to shear locking, volumetric locking \(^21\) and pressure checkerboard instabilities \(^22\).

To address the shortcomings mentioned above, a wide variety of enhanced discretisation technologies have been developed. As an example, for the case of nearly incompressible materials, the mean dilatational hexahedral formulation \(^23\text{--}^{25}\) where constant interpolation is used for the calculation of volumetric stresses \(^26\) has attracted industrial interest, as the modifications associated to the classical displacement based formulation are minor. High order elements \(^27\text{--}^{29}\) (also known as \(p\)-refinement) can alternatively be used. However, the increase in the number of integration points can drastically reduce the computational efficiency of these schemes in comparison with low order approaches \(^30\), specially when either complex constitutive laws (i.e. anisotropic visco-elastic models are often used in the medical field \(^31\)) or contact surfaces \(^32\), or a combination of both, must be modelled.

The success of nodally integrated tetrahedral elements was first reported in \(^33\), where the volumetric strain energy functional was approximated through averaged nodal pressures. Extensive efforts have since been made to further develop this class of averaged nodal strain technologies with the use of various types of stabilisation \(^34\text{--}^{39}\). Despite exhibiting geometric...
locking-free behaviours, the resulting formulation still suffers from spurious hydrostatic pressure fluctuations when simulating nearly incompressible materials.

Several authors have presented an alternative \( p-F \) mixed formulations in both Lagrangian solid and gas dynamics [1–4, 40–42]. Specifically, in references [1, 3, 40, 41], the authors presented a mixed conservation law for applications in Lagrangian fast solid dynamics, which are spatially discretised using tailor-made CFD technology. The use of a mixed approach proved to be very efficient in large strain solid dynamics, circumventing the above-mentioned drawbacks for the traditional displacement based techniques. Early attempts at applying CFD-like numerical techniques in the context of displacement based computational solid dynamics are reported in references [2, 43–48].

The use of total Lagrangian description of the motion has clear advantages in the context of solid dynamics. Firstly, all the calculations are carried out based on undeformed mesh leading to a simple algorithm. Secondly, the Lagrangian setting follows the evolution of any material particle, which is of paramount importance in history dependent constitutive laws. Finally, the imposition of free surface boundary conditions is straightforward. On the contrary, the accuracy of the scheme would be adversely affected when experiencing very large deformations. This can be circumvented by employing adaptive remeshing techniques.

More recently, the \( p-F \) formulation was improved in [5] for the case of nearly incompressible materials, by means of an additional conservation law for the Jacobian of the deformation \( J \) (widely known as volume map conservation law [42, 54–57]), providing extra flexibility for the calculation of the volumetric stress. This innovative idea extended the range of use of the formulation to nearly and fully incompressible media. Moreover, further enhancement of the framework has recently been reported by the authors [58], when considering materials governed by a polyconvex constitutive law [59], enabling the symmetrisation of the resulting hyperbolic system of equations.

In this paper, the mixed \( p-F-J \) is discretised via an adapted upwind vertex centred Finite Volume Method (FVM) for linear tetrahedral meshes [60]. One clear advantage of using the upwind method is the ability to introduce
physically-based numerical dissipation into the formulation derived from the Rankine-Hugoniot jump conditions. In addition, modern shock capturing techniques can be easily incorporated taking advantage of the conservative formulation. This can dramatically improve the performance of the algorithm in the vicinity of sharp spatial gradients. In this paper, a Total Variation Dimishing (TVD) space-time approach [3] is used, combining suitable slope limiters with a one-step two-stage explicit TVD Runge-Kutta time integrator.

Furthermore, the current paper extends the applicability of the formulation to include the consideration of thermo-mechanical processes. This requires the inclusion of the first law of thermodynamics (or known as conservation of the total energy $E$) and the satisfaction of the second law through the entropy production. The fully coupled mixed $p\cdot F\cdot J\cdot E$ system will then be supplemented with the simplest possible thermal-mechanical constitutive law for solids, namely Mie-Grüneisen equation of state [61]. For completeness and ease of understanding, the paper will present an eigenvalue analysis of the complete set of mixed system to ensure the satisfaction of the hyperbolicity, and thus material stability. A series of numerical examples will be examined to assess the robustness and capabilities of the mixed algorithm, yielding second order of convergence for velocities and stresses.

The outline of the present paper is as follows. Section 2 introduces a set of generalised governing equations for large strain non-isothermal fast dynamics, supplemented with appropriate mechanical constitutive models and equations of state. This section ends with the study of the eigenstructure of the problem. Section 3 describes the methodology of edge-based vertex centred FVM. Linear reconstruction, slope limiter and Riemann solver are also presented. Section 4 introduces the TVD Runge-Kutta time integrator used for temporal discretisation and some necessary numerical corrections to preserve the angular momentum. Section 6 summarises the solution procedure of the proposed methodology. In section 7, an extensive set of numerical examples is presented to assess the performance of the proposed method and to draw some comparisons against previous results published by the authors [3, 5]. Finally, section 8 summarises some concluding remarks and current directions of research.
2. Governing equations

2.1. Conservation law formulation

Consider the motion of a continuum which occupies a volume \( V \) in the reference configuration and a volume \( v \) in the deformed configuration. The motion is defined through a deformation mapping \( \mathbf{x} = \mathbf{x}(X, t) \) which, in a mixed formulation, can be described through the following extended set of conservation laws [5, 58]:

\[
\begin{align*}
\frac{\partial \mathbf{p}}{\partial t} - \text{DIV} \mathbf{P} &= \rho_0 \mathbf{b}, \quad (1a) \\
\frac{\partial \mathbf{F}}{\partial t} - \text{DIV} \left( \frac{1}{\rho_0} \mathbf{p} \otimes \mathbf{I} \right) &= 0, \quad (1b) \\
\frac{\partial J}{\partial t} - \text{DIV} \left( \frac{1}{\rho_0} \mathbf{H}_F \mathbf{p} \right) &= 0, \quad (1c) \\
\frac{\partial E}{\partial t} - \text{DIV} \left( \frac{1}{\rho_0} \mathbf{P}^T \mathbf{p} - \mathbf{Q} \right) &= s. \quad (1d)
\end{align*}
\]

The material divergence \( \text{DIV} \) of a second order two-point tensor is defined by the contraction:

\[
(\text{DIV} \ A)_i = \frac{\partial A_{iI}}{\partial X_I},
\]

where Einstein’s summation convention is implied for repeated indices. Note that \( \mathbf{p} = \rho_0 \mathbf{v} \) is the linear momentum, \( \rho_0 \) is the density in the undeformed configuration, \( \mathbf{v} = \frac{\partial \mathbf{x}(X,t)}{\partial t} \) is the velocity field, \( \mathbf{P} \) is the first Piola-Kirchhoff stress tensor, \( \mathbf{b} \) is the body force vector per unit of mass, \( \mathbf{F} = \frac{\partial \mathbf{x}(X,t)}{\partial X} \) is the deformation gradient (also known as fibre map), \( J \) is the Jacobian of the deformation (also known as volume map), \( E \) is the total energy per unit of undeformed volume, \( \mathbf{Q} \) the heat flux and \( s \) the heat source term. In addition, expression \( \mathbf{H}_F \) represents the cofactor of the deformation gradient \( \mathbf{F} \) defined as \( \mathbf{H}_F := J \mathbf{F}^{-T} \) where \( J := \det \mathbf{F} \). Additionally, the system of equations (1a) to (1d) need to satisfy Dirichlet boundary conditions (imposed linear momentum \( \mathbf{p} \) on \( \partial_\alpha V \) and Neumann boundary conditions (imposed traction per unit undeformed area \( \mathbf{t}_0 \)) on \( \partial_t V \), where \( \partial_t V \cup \partial_\alpha V = \partial V \) and \( \partial_t V \cap \partial_\alpha V = \emptyset \). Different types of boundary conditions are represented in Figure 1.

By virtue of equations (1b) and (1c), \( \mathbf{F} \) and \( J \) are treated as independent variables not derived directly from the material gradient of a displacement.
Figure 1: Different boundary conditions to be imposed. The continuous line represents the body at the reference (undeformed) configuration, while the discontinuous line the body at the spatial (deformed) configuration. Four different types of boundary conditions are considered: Fix (condition 1), Free (condition 2), Skew symmetric (condition 3) and Symmetric (condition 4).
field, contrary to the classical displacement based formulation [33, 35, 37–39]. Crucially, the evolution of the fibre map (1b) must be advanced in time satisfying a set of compatibility conditions (known as involutions [62]), namely

$$\text{CURL}(F) = 0.$$  \hfill (3)

This ensures that $F$ corresponds to the material gradient of a real mapping [2, 3, 42]. Notice that the material CURL of a second order two-point tensor is defined in the usual fashion by:

$$\text{CURL}(A)_{ij} = \varepsilon_{ijk} \frac{\partial A_{iK}}{\partial X_J}.$$  \hfill (4)

Equations (1a-1d) can be combined into a system of equations as

$$\frac{\partial U}{\partial t} + \text{DIV } F = S,$$  \hfill (5)

where $U$ is the vector of conservation variables, $F$ denotes the flux matrix and $S$ the source term, namely

$$U = \begin{bmatrix} p \\ F \\ J \\ E \end{bmatrix}, \quad F = - \begin{bmatrix} P \\ \frac{1}{\rho_0} \rho p \otimes I \\ \frac{1}{\rho_0} H_p^T p \\ \frac{1}{\rho_0} P^T p - Q \end{bmatrix}, \quad S = \begin{bmatrix} \rho b \\ 0 \\ 0 \\ s \end{bmatrix}.$$  \hfill (6)

The above conservation laws (5) accept weak solutions with discontinuities (or shocks) travelling at certain propagation speeds through the medium. Within the undeformed domain $V$, a material interface $\Gamma$ defined by the outward unit normal vector $N$ can experience a jump in the conservation variables $[U] = U^+ - U^-$ travelling with speed $U$. The upper indices $\{-, +\}$ indicate both sides of the interface and $N$ is defined pointing from $-$ to $+$. Following a similar methodology to that in [3], a full set of Rankine-Hugoniot jump conditions for conservation variables of interest in this paper, this time
with the inclusion of volume map conservation law, is as follows:

\[
\begin{align*}
U[p] &= -[P]N \quad (7a) \\
U[F] &= -\frac{1}{\rho_0}[p] \otimes N \quad (7b) \\
U[J] &= -\frac{1}{\rho_0}[p] \cdot H_FN \quad (7c) \\
U[E] &= -\frac{1}{\rho_0}[P^T p] \cdot N + [Q] \cdot N, \quad (7d)
\end{align*}
\]

By virtue of (7c), it has been taken into account that \( H_F \) has no jump in the normal direction. This is due to the fact that \( \text{DIV} H_F = 0 \) \[58\], and thus leads to \( \| H_F \| N = 0 \).

For the closure of above system (6), an appropriate constitutive law satisfying both the principle of objectivity and thermodynamic consistency (see Colemann-Noll procedure \[63\]) is supplemented, which will relate \( P \) with \( F \) and \( J \).

### 2.2. Isothermal processes

In the case of isothermal process, equation (1d) is decoupled and does not need to be solved, except to possibly evaluate the numerical dissipation of the final algorithm.

#### 2.2.1. Compressible Mooney-Rivlin model

The strain energy functional describing this constitutive model can be formulated as:

\[
W_{\text{MR}} = \alpha F : F + \beta \mathcal{H}_F : \mathcal{H}_F + f(J); \quad f(J) = -4\beta J - 2\alpha \ln J + \frac{\lambda}{2}(J - 1)^2,
\]

where \( \alpha \) and \( \beta \) are positive material parameters, with \( \alpha + \beta = \frac{\mu}{2} \), being \( \lambda \) and \( \mu \) the Lamé coefficients. The first Piola-Kirchhoff stress tensor can be simply derived by taking the derivative of the above functional \( W_{\text{MR}} \) (8) with respect to \( F \) and \( J \) to give [58, 64]

\[
P = \frac{\partial W_{\text{MR}}}{\partial F} + f'(J)H_F; \quad f'(J) = -4\beta - \frac{2\alpha}{J} + \lambda(J - 1),
\]

where

\[
\frac{\partial W_{\text{MR}}}{\partial F} = 2\alpha F + 2\beta \left[ \frac{1}{J_F}(\mathcal{H}_F : \mathcal{H}_F)\mathcal{H}_F - J_F\mathcal{H}_FC^{-1} \right]; \quad C = F^T F, \quad (10)
\]
In the particular case where $\beta = 0$, the first Piola-Kirchhoff stress tensor of a compressible Neo-Hookean (NH) model is simply recovered, given by
\[ P = \mu \left( F - \frac{1}{J} H_F \right) + \lambda (J - 1) H_F. \] (11)

The energy functional defined by (8) satisfies the so-called polyconvexity condition [59], ensuring hence rank one convexity, also known as the Legendre and Hadamard condition [63], which guarantees the existence of travelling waves with real wave speeds.

### 2.2.2. Nearly incompressible Neo-Hookean model

The energy functional describing this constitutive model is formulated (see for example [26, 31]) with an additive decomposition into the summation of a deviatoric strain energy $W^{\text{dev}}_{\text{NH}}(J - 1/3 F : F)$ and a volumetric strain energy $W^{\text{vol}}_{\text{NH}}(J)$ defined by
\[ W^{\text{dev}}_{\text{NH}} = \frac{1}{2} \mu \left( J_F^{-2/3} (F : F) - 3 \right); \quad W^{\text{vol}}_{\text{NH}} = \frac{1}{2} \kappa (J - 1)^2, \] (12)

where $\kappa$ is the bulk modulus. The corresponding first Piola-Kirchhoff stress tensor can now be obtained as
\[ P = P^{\text{dev}} + P^{\text{vol}}, \quad P^{\text{dev}} = \frac{\partial W^{\text{dev}}_{\text{NH}}}{\partial F}, \quad P^{\text{vol}} = \frac{dW^{\text{vol}}_{\text{NH}}}{dJ} H_F = p H_F, \] (13)

where the deviatoric stress $P^{\text{dev}}$ and the pressure $p$ are
\[ P^{\text{dev}} = \mu J_F^{-2/3} \left( F - \frac{1}{3} (F : F) F^{-T} \right), \quad p = \kappa (J - 1). \] (14)

It is possible to demonstrate that the above model satisfies the rank one convexity condition [5].

### 2.3. Irreversible processes

Two different types of irreversible processes are considered: strictly thermoelastic processes and isothermal elasto-plastic processes. The first one is implemented using the well-known Mie-Grüneisen equation of state, whereas the second a rate-independent von Mises plasticity model.
2.3.1. Mie-Grüneisen equation of state

The total energy $E$ can be additively decomposed into a kinetic energy contribution $\frac{1}{2\rho_0} p \cdot p$, a potential energy contribution $W_{\text{ext}}$ due to the presence of body forces $\rho_0 \mathbf{b}$ and an internal energy contribution $e$ which includes strain and heat effects

$$E = \frac{1}{2\rho_0} p \cdot p + W_{\text{ext}} + e; \quad W_{\text{ext}} = -\rho_0 \mathbf{b} \cdot \mathbf{x}. \quad (15)$$

Substitution of equations (1a) and (15) into (1d) enables the rate of internal energy $e$ to be obtained in non-conservative form as

$$\frac{\partial e}{\partial t} = \mathbf{P} : \nabla_0 \left( \frac{p}{\rho_0} \right) - \text{DIV} \mathbf{Q} + s. \quad (16)$$

where $\nabla_0$ is the material gradient operator described by $[\nabla_0 I] \equiv \frac{\partial}{\partial \mathbf{X}}$.

In the case of strict thermoelasticity\(^2\), the internal energy $e$ can be defined in terms of the fibre map $\mathbf{F}$, the volume map $J$ and the specific entropy per unit of undeformed volume $\eta$, namely $e = e(\mathbf{F}, J, \eta)$. Moreover, the temperature $\theta$ can now be introduced as the state variable conjugate of the specific entropy $\eta$ as $\theta = \frac{\partial e}{\partial \eta} \bigg|_{F,J}$.\(^3\) Considering the conservation laws for the fibre map $\mathbf{F}$ (1b) and the volume map $J$ (1c), it is now possible to expand the time rate of the internal energy $e$ as,

$$\frac{\partial e}{\partial t} = \left[ \frac{\partial e}{\partial \mathbf{F}} \bigg|_{J,\eta} + \frac{\partial e}{\partial J} \bigg|_{\mathbf{F},\eta} \mathbf{H}_F \right] : \nabla_0 \left( \frac{p}{\rho_0} \right) + \theta \frac{\partial \eta}{\partial t}. \quad (17)$$

Comparison of (16) and (17) leads to expressions for the Piola-Kirchhoff stress tensor and the evolution of the specific entropy in time, as follows,

$$\mathbf{P} = \frac{\partial e}{\partial \mathbf{F}} \bigg|_{J,\eta} + \frac{\partial e}{\partial J} \bigg|_{\mathbf{F},\eta} \mathbf{H}_F; \quad \frac{\partial \eta}{\partial t} = -\frac{1}{\theta} \text{DIV} \mathbf{Q} + \frac{s}{\theta}. \quad (18)$$

\(^2\)In the absence of other state variables such as plastic strain.

\(^3\)For completeness, and in order to avoid ambiguity, the variables that remain fixed whilst carrying out the partial differentiation have been included, namely $\frac{\partial e(\mathbf{F}, J, \eta)}{\partial \eta} \bigg|_{\mathbf{F}, J}$. 
By means of the Legendre transform, the Helmholtz’s free energy per unit of undeformed volume $W = W(F, J, \theta)$ can be introduced as

$$W(F, J, \theta) = e(F, J, \eta) - \theta \eta,$$

leading to stress-strain relations at constant temperature

$$P = \frac{\partial W}{\partial F} \bigg|_{J, \theta} + \frac{\partial W}{\partial J} \bigg|_{F, \theta} \Phi_F$$
and
$$\eta = -\frac{\partial W}{\partial \theta} \bigg|_{F, J}.$$  

(20)

It is possible to provide a relationship between the internal energy $e$ and the temperature $\theta$ through the specific heat coefficient at constant deformation, $C_F$, defined by the amount of energy to heat up a unit mass of material by a unit amount of temperature, as:

$$\rho_0 C_F = \frac{\partial e}{\partial \theta} \bigg|_{F, J},$$

(21)

where, for simplicity, the specific heat coefficient $C_F$ is assumed to be temperature independent\(^4\). In this case, the internal energy $e$ can be obtained as:

$$e(F, J, \theta) = e_0(F, J, \rho_0 C_F \Delta \theta; \Delta \theta = \theta - \theta_0; \quad e_0(F, J) = e(F, J, \theta_0),$$

(22)

where $\theta_0$ denotes a reference temperature in the undeformed configuration and $e_0(F, J)$ represents the internal energy as a function of the deformation for a fixed reference temperature $\theta_0$. It is now possible to express the increment in temperature $\Delta \theta$ in terms of the internal energy of the system as

$$\Delta \theta = \frac{1}{\rho_0 C_F} [e(F, J, \theta) - W_0(F, J, \theta_0 \eta_0(F, J))]; \quad \eta_0(F, J) = \eta(F, J, \theta_0),$$

(23)

where use has been made of the Legendre transform (19) in the reference temperature state $\theta_0$, namely $W_0(F, J) = e_0(F, J) - \theta_0 \eta_0(F, J)$. In this case, $W_0(F, J)$ and $\eta_0(F, J)$ represent the Helmholtz’s free energy and the

\(^4\)Notice that in equation (21), the internal energy has been re-defined in terms of the variables $F, J, \eta$. Hence, technically speaking, a different function $\tilde{e}$ should have been introduced, namely $e(F, J, \eta) \equiv \tilde{e}(F, J, \theta)$. 

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entropy of the system as a function of the deformation for a fixed reference temperature $\theta_0$. Knowledge of expressions for $W_0(F, J)$ and $\eta_0(F, J)$ enable the computation of $\Delta\theta$, once the internal energy of the system is obtained via equations (1d) and (15).

Moreover, making use of the chain rule, equation (21) can be re-written as:

$$\rho_0 C_F = \frac{\partial e}{\partial \eta} \bigg|_{F,J} \frac{\partial \eta}{\partial \theta} \bigg|_{F,J} = \theta \frac{\partial \eta}{\partial \theta} \bigg|_{F,J},$$

or

$$\frac{\partial \eta}{\partial \theta} \bigg|_{F,J} = \frac{\rho_0 C_F}{\theta}. \quad (25)$$

Above equation (25) can be integrated to give an expression for the entropy $\eta$ of the system, for a constant specific heat coefficient,

$$\eta(F, J, \theta) = \eta_0(F, J) + \rho_0 C_F \ln \left(\frac{\theta}{\theta_0}\right). \quad (26)$$

Recalling equation (20b), further integration of above equation (26), yields

$$W(F, J, \theta) = W_0(F, J) - \eta_0(F, J) \Delta \theta + T(\theta); \quad T(\theta) = \rho_0 C_F \left[\Delta \theta - \theta \ln \left(\frac{\theta}{\theta_0}\right)\right]. \quad (27)$$

It is clear from above equation (27), that the Helmholtz’s free energy function $W(F, J, \theta)$ is decomposed additively into three terms: a purely mechanical term $W_0(F, J)$, a purely thermal term $T(\theta)$ and a coupled term $\eta_0(F, J)$. The term $W_0(F, J)$ is usually defined via a standard hyperelastic constitutive model (see equations (8) or (12)) and thus, the complete closure of the system requires the definition of the entropy function $\eta_0(F, J)$. In its simplest form, $\eta_0$ can be assumed to depend only on the Jacobian of the motion $J$, that is $\eta_0(F, J) = \eta_0(J)$. Using (20a) and (27), the corresponding first Piola-Kirchoff stress tensor becomes

$$P(F, J, \theta) = P_0^{dev}(F) + p(J, \theta) H_F, \quad (28)$$

with

$$P_0^{dev}(F) = \frac{\partial W_0^{dev}(F)}{\partial F}; \quad p(J, \theta) = p_0(J) - \Delta \theta \eta_0'(J). \quad (29)$$
where \( p_0(J) \) is already defined in (14b). A well known equation of state for solids that satisfies the condition \( \eta_0 = \eta_0(J) \) is the Mie-Grüneisen equation of state [61, 65], in which the Mie-Grüneisen coefficient \( \Gamma \) is defined as
\[
\Gamma(J) = -J \left. \frac{\partial p}{\partial e} \right|_J; \quad \Gamma(J) = \Gamma_0 J^q. \tag{30}
\]

\( \Gamma_0 \) is a material parameter and the coefficient \( q \) is usually taken to be 1 for solids and 0 for fluids. Application of the chain rule to equation (30) yields:
\[
\Gamma(J) = -J \left. \frac{\partial p}{\partial \theta} \right|_J \left. \frac{\partial \theta}{\partial e} \right|_J
= -J \left. \frac{\partial p}{\partial \theta} \right|_J \frac{1}{J} \left. \frac{\partial e}{\partial \theta} \right|_J
= -\frac{J}{\rho_0 C_F} \left. \frac{\partial p}{\partial \theta} \right|_J. \tag{31}
\]

Substitution of (29b) into (31) results in
\[
\eta_0'(J) = \rho_0 C_F \Gamma_0 J^{(q-1)}. \tag{32}
\]

Using equation (32), the entropy at the reference temperature can now be integrated to give
\[
\eta_0(J) = \begin{cases} 
\rho_0 C_F \Gamma_0 \frac{J^{q-1}}{q} & \text{if } q > 0 \\
\rho_0 C_F \Gamma_0 \ln J & \text{if } q = 0,
\end{cases} \tag{33}
\]
where the value of entropy at the reference temperature and undeformed configuration \( \eta_0(J = 1) \) has been taken as zero. Finally, substitution of equation (32) into (29b), the explicit expression for pressure becomes
\[
p(J, \theta) = p_0(J) - \rho_0 C_F \Gamma_0 J^{q-1} \Delta \theta, \tag{34}
\]
which evaluates the pressure in terms of the Jacobian of the deformation \( J \) and the temperature increase \( \Delta \theta \), the latter obtained via equations (23). Above equation (34) reduces in the case of an ideal gas to
\[
p(J, \theta) = -\rho_0 C_F \Gamma_0 J^{-1} \Delta \theta, \tag{35}
\]
based on two assumptions, namely \( q = 0 \) and \( W_0(F, J) = 0 \).
Another possible reference state is the locus of states behind a shock, named the Hugoniot locus. This locus is obtained by taking the conservation of mass, linear momentum and energy in Eulerian form and using the Rankine-Hugoniot jump conditions in the direction of the shock (see [50, 65–67]) which yields

\[ v_H = c_p (1 - J), \]  
\[ p_H = -\rho_0 c_p v_H, \]  
\[ e_H = \frac{1}{2} \rho_0 J v_H^2. \]  

where the subscript \( H \) refers to the state behind a shock and \( c_p \) is the velocity of the shock. These equations are usually complemented with experimental data that relates the shock velocity \( c_p \) to the particle velocity \( v_H \) behind the shock in the form \( c_p = c_p(v_H) \). For metals in the absence of phase transitions, it is proved that this relation is linear [65] and given by

\[ c_p = c_{p,0} + s v_H, \]  

where \( c_{p,0} \) is the volumetric wave speed of the material at rest and \( s \) is a material depending parameter. Using \( p_H \) and \( e_H \) as reference pressure and energy and the Mie-Grüneisen formalism, the pressure behind a shock can be formulated as [50]

\[ p(e, J) = \frac{\rho_0 c_{p,0}^2 (J - 1)}{(1 - s (1 - J))^2} - \frac{\Gamma(J)}{J} \left[ e - \frac{1}{2} \rho_0 c_{p,0}^2 \left( \frac{(J - 1)}{1 - s (1 - J)} \right)^2 \right], \]  

The pressure associated to an adiabatic process (14), namely \( p = \rho_0 c_{p,0}^2 (J - 1) \), can be simply recovered when using \( s = \Gamma_0 = 0. \) With regard to gas dynamics, where \( \kappa = q = 0 \), above equation (40) simplifies to

\[ p(J, e) = -\Gamma_0 J^{-1} e. \]  

which can also be recovered from (35)\(^5\).

\(^5\)Notice the sign convention adopted in this paper that a negative value of pressure indicates compression.
2.3.2. Hyperelastic plastic model

In order to model plastic behaviour, a rate-independent von Mises plasticity model with isotropic hardening, such as that presented in [26, 68], is used. The deformation gradient tensor $F$ is multiplicatively decomposed into an elastic component $F_e$ and a plastic component $F_p$ as

$$ F = F_e F_p; \quad b_e = F C_p^{-1} F^T; \quad C_p = F_p^T F_p $$  \hspace{1cm} (42)

In addition, a strain energy functional in terms of the elastic principal stretches ($\lambda_{e,1}, \lambda_{e,2}, \lambda_{e,3}$) is defined as

$$ \psi(\lambda_{e,1}, \lambda_{e,2}, \lambda_{e,3}) = \psi_{\text{dev}}(J^{-1/3} \lambda_{e,1}, J^{-1/3} \lambda_{e,2}, J^{-1/3} \lambda_{e,3}) + \psi_{\text{vol}}(J) $$  \hspace{1cm} (43)

where

$$ \psi_{\text{dev}} = \mu \left[ (\ln \lambda_{e,1})^2 + (\ln \lambda_{e,2})^2 + (\ln \lambda_{e,3})^2 \right] - \frac{1}{3} \mu (\ln J)^2 $$  \hspace{1cm} (44)

and

$$ \psi_{\text{vol}} = \frac{1}{2} \kappa (\ln J)^2; \quad \ln J = \ln \lambda_{e,1} + \ln \lambda_{e,2} + \ln \lambda_{e,3} $$  \hspace{1cm} (45)

The algorithm to update the plastic strain $C_p$ is summarised in Algorithm
2.1 [26].

Algorithm 2.1: Evaluation of $P_{n+1}(F_{n+1}, C_{p,n}^{-1}, \bar{\varepsilon}_{p,n})$

1. Given $F_{n+1}$, $C_{p,n}^{-1}$ and $\bar{\varepsilon}_{p,n}$
2. Initiate $\Delta \gamma = \nu_{n+1} = 0$
3. Evaluate $J_{n+1} = \det F_{n+1}$
4. Solve pressure $p = \kappa \ln J_{n+1}$
5. Compute trial left strain tensor $b^{\text{trial}}_{e,n+1} = F_{n+1} C_{p,n}^{-1} F_{n+1}^T$
6. Spectral decomposition: $b^{\text{trial}}_{e,n+1} = \sum_{\alpha=1}^{3} (\lambda_{\text{trial}}^{e,\alpha})^2 n_{\alpha}^{\text{trial}} \otimes n_{\alpha}^{\text{trial}}$
7. Set $n_{\alpha}^{n+1} = n_{\alpha}^{\text{trial}}$
8. Trial Kirchhoff stress: $\tau_{\alpha\alpha}^{\text{trial}} = 2\mu \ln \lambda_{\text{trial}}^{e,\alpha} - \frac{2}{3} \mu \ln J_{n+1}$ if $(f(\tau_{\alpha\alpha}^{\text{trial}}, \bar{\varepsilon}_{p,n}) > 0)$
   (9) Direction vector: $\nu_{\alpha}^{n+1} = \frac{\tau_{\alpha\alpha}^{\text{trial}}}{\sqrt{2\|\tau_{\alpha\alpha}^{\text{trial}}\|}}$
   (10) Incremental plastic multiplier: $\Delta \gamma = \frac{f(\tau_{\alpha\alpha}^{\text{trial}}, \bar{\varepsilon}_{p,n})}{3\mu + H}$
9. Elastic stretch: $\lambda_{e,\alpha}^{n+1} = \text{Exp} (\ln \lambda_{\text{trial}}^{e,\alpha} - \Delta \gamma \nu_{\alpha}^{n+1})$
10. Return map: $\tau_{\alpha\alpha}^{\prime} = \left(1 - \frac{2\mu \Delta \gamma}{\sqrt{2/3\|\tau_{\alpha\alpha}^{\text{trial}}\|}}\right) \tau_{\alpha\alpha}^{\text{trial}}$
11. Update stress: $\tau_{\alpha\alpha} = \tau_{\alpha\alpha}^{\prime} + J p$; $\tau = \sum_{\alpha=1}^{3} \tau_{\alpha\alpha} n_{\alpha}^{n+1} \otimes n_{\alpha}^{n+1}$
12. First Piola-Kirchhoff stress tensor: $P = \tau F^{-T}$
13. Update $b_{e,n+1} = \sum_{\alpha=1}^{3} (\lambda_{e,\alpha}^{n+1})^2 n_{\alpha}^{n+1} \otimes n_{\alpha}^{n+1}$
14. Update $C_{p,n+1}^{-1} = F_{n+1}^{-1} b_{e,n+1} F_{n+1}^{-T}$; $\bar{\varepsilon}_{p,n+1} = \bar{\varepsilon}_{p,n} + \Delta \gamma$
15. Return $(P_{n+1})$

2.4. Eigenvalue structure

Satisfaction of rank one convexity [63] is equivalent to the existence of travelling waves with real wave speeds. Therefore, the study of the eigenvalue structure of the system of conservation laws becomes of paramount importance. The study of the eigenstructure of the hyperbolic system has been presented previously by other authors [2, 3, 5]. Extension of the analysis to include the conservation law of Jacobian and the consideration of thermo-mechanical processes is presented in this section.

The eigenvalues and eigenvectors of the system (5) can be evaluated con-
sidering plane wave solutions of the form

\[ U = \phi (X \cdot N - c_\alpha t) \bar{U}_\alpha = \phi (X \cdot N - c_\alpha t) \begin{bmatrix} p_\alpha \\ F_\alpha \\ J_\alpha \\ E_\alpha \end{bmatrix} \] (46)

where \( c_\alpha \) are the wave speeds corresponding to the eigenvector \( \bar{U}_\alpha \). The resulting eigen-system is of the form

\[ c_\alpha \bar{U}_\alpha = A_N \bar{U}_\alpha; \quad A_N = A_I N I; \quad A_I = \frac{\partial \mathcal{F}_I}{\partial \mathbf{U}}, \] (47)

where \( \mathcal{F}_I \) is the flux vector in the material direction \( I \) and \( A_N \) is the flux Jacobian matrix of the system given by

\[
A_N = \begin{bmatrix}
\frac{\partial (P N)}{\partial p} & \frac{\partial (P N)}{\partial F} & \frac{\partial (P N)}{\partial J} & \frac{\partial (P N)}{\partial E} \\
\frac{\partial (\frac{1}{\rho_0} p \otimes N)}{\partial p} & \frac{\partial (\frac{1}{\rho_0} p \otimes N)}{\partial F} & \frac{\partial (\frac{1}{\rho_0} p \otimes N)}{\partial J} & \frac{\partial (\frac{1}{\rho_0} p \otimes N)}{\partial E} \\
\frac{\partial (\frac{1}{\rho_0} p H_F N)}{\partial p} & \frac{\partial (\frac{1}{\rho_0} p H_F N)}{\partial F} & \frac{\partial (\frac{1}{\rho_0} p H_F N)}{\partial J} & \frac{\partial (\frac{1}{\rho_0} p H_F N)}{\partial E} \\
\frac{\partial (\frac{1}{\rho_0} p PN)}{\partial p} & \frac{\partial (\frac{1}{\rho_0} p PN)}{\partial F} & \frac{\partial (\frac{1}{\rho_0} p PN)}{\partial J} & \frac{\partial (\frac{1}{\rho_0} p PN)}{\partial E}
\end{bmatrix}.
\] (48)

A thorough study of the eigenstructure analysis of the three-field \( p - F - J \) system was carried out in detail in [5] for isothermal elasticity. In what follows, the eigen-analysis will be extended to the consideration of thermoelasticity together with a Mie-Grüneisen equation of state. Upon substitution of equations (29) and (33) into (48), it yields

\[
A_N = \begin{bmatrix}
[A_N]_{p,p} & [A_N]_{p,F} & [A_N]_{p,J} & [A_N]_{p,E} \\
-\frac{1}{\rho_0} I_N & 0_{3 \times 3} & 0_{3 \times 3} & 0_{3 \times 3} \\
-\frac{1}{\rho_0} H_F N & 0 & 0 & 0 \\
-\frac{1}{\rho_0} PN + \frac{1}{\rho_0} p^T [A_N]_{p,p} & \frac{1}{\rho_0} p^T [A_N]_{p,F} & \frac{1}{\rho_0} p \cdot [A_N]_{p,J} & \frac{1}{\rho_0} p \cdot [A_N]_{p,E}
\end{bmatrix}
\] (49)
Substituting the expression for $A_N$ derived above into (47a), and particularisation of each of the conservation variables, gives

\[ c_\alpha p_\alpha = \left[ \eta_0'(J)(HF_N) \otimes \left( \frac{\partial \Delta \theta}{\partial p} \right) \right] p_\alpha + \left[ -C_N + \eta_0'(J)(HF_N) \otimes \frac{\partial \Delta \theta}{\partial F} + \Delta \theta \eta_0'(J) \frac{\partial (HF_N)}{\partial F} \right] : F_\alpha \]

\[ + \left[ -p_0'(J)(HF_N) + \eta_0''(J) \Delta \theta (HF_N) + \eta_0'(J) \frac{\partial \Delta \theta}{\partial J} (HF_N) \right] J_\alpha \]

\[ + \left[ \eta_0'(J) \frac{\partial \Delta \theta}{\partial E} (HF_N) \right] E_\alpha, \]  

(51a)

\[ c_\alpha F_\alpha = -\frac{1}{\rho_0} p_\alpha \otimes N, \]  

(51b)

\[ c_\alpha J_\alpha = -\frac{1}{\rho_0} (HF_N) \cdot p_\alpha - \frac{1}{\rho_0} \left[ p \otimes N : \frac{\partial HF}{\partial F} : F_\alpha \right], \]  

(51c)

\[ c_\alpha E_\alpha = -\frac{1}{\rho_0} PN \cdot p_\alpha + \frac{c_\alpha}{\rho_0} p \cdot p_\alpha. \]  

(51d)

Using equation (51b) and some algebra, it is possible to show that the squared bracket term on the right hand side of (51c) simply vanishes. Substituting (51b), (51c) and (51d) into (51a), together with the aid of (23), renders

\[ \rho_0 c_\alpha^2 p_\alpha = [C_{NN} + p_0'(J)m \otimes m] p_\alpha + \left[ \frac{1}{\rho_0 C_F} \theta(\eta_0'(J))^2 - \eta_0''(J) \Delta \theta \right] m \otimes m \]  

(52)
where \( \mathbf{m} = H_F \mathbf{N} \). Instead of deriving a close form solution for the expression above (52), it is just sufficient to obtain bounds of the wave speeds by assuming \( \mathbf{N} \) is a principal direction. In this particular case, \( \mathbf{m} = \frac{J_F}{\lambda} \mathbf{n} \) where \( \lambda \) represents stretch in the spatial direction \( \mathbf{n} \). This would yield

\[
\rho_0 c^2_{\alpha \alpha} p_{\alpha} = \left[ C_{NN} + \left( p'_{0}(J) + \frac{1}{\rho_0 C_F} \theta(\eta'_0(J))^2 - \eta''_0(J) \Delta \theta \right) \left( \frac{J_F}{\lambda} \right)^2 n \otimes n \right] p_{\alpha}.
\]

(53)

The above system contains three pairs of non-zero eigenvalues that correspond to the volumetric and shear waves as

\[
c_{1,2} = \pm c_p, \quad c_p = \sqrt{c^2_{0,p,\alpha} - \frac{\eta''_0(J) \Delta \theta J^2_F}{\rho_0 \lambda^2} + \frac{(\eta'_0(J))^2 \theta J^2_F}{\rho^2_0 C_F \lambda^2}}, \quad c_{3,4} = c_{5,6} = \pm c_{s,0}
\]

with eigenvectors

\[
\mathbf{U}_{1,2} = \begin{bmatrix}
\frac{1}{\rho_0 c_p} \mathbf{n} \\
\pm \frac{1}{\rho_0 c_p} \mathbf{n} \otimes \mathbf{N} \\
\pm \frac{1}{\rho_0 c_p} J_F \mathbf{n} \\
\pm \frac{1}{\rho_0 c_p} \mathbf{N} \cdot \mathbf{n} + \frac{1}{\rho_0} \mathbf{p} \cdot \mathbf{n}
\end{bmatrix}, \quad \mathbf{U}_{3,4} = \begin{bmatrix}
\frac{1}{\rho_0 c_s} \mathbf{t}_1 \\
\pm \frac{1}{\rho_0 c_s} \mathbf{t}_1 \otimes \mathbf{N} \\
0 \\
\pm \frac{1}{\rho_0 c_s} \mathbf{N} \cdot \mathbf{t}_1 + \frac{1}{\rho_0} \mathbf{p} \cdot \mathbf{t}_1
\end{bmatrix},
\]

\[
\mathbf{U}_{5,6} = \begin{bmatrix}
\pm \frac{1}{\rho_0 c_s} \mathbf{t}_2 \otimes \mathbf{N} \\
0 \\
\pm \frac{1}{\rho_0 c_s} \mathbf{N} \cdot \mathbf{t}_2 + \frac{1}{\rho_0} \mathbf{p} \cdot \mathbf{t}_2
\end{bmatrix}.
\]

Note that \( \mathbf{t}_1, \mathbf{t}_2 \) are two arbitrary tangential vectors orthogonal to \( \mathbf{n} \) while \( c_{0,p} \) and \( c_{0,s} \) are the wave speeds of (49) at reference temperature (see [5], equation (55), pg. 671), given by

\[
\rho_0 c^2_{0,p} \mathbf{n} = \left[ C_{NN} + p'_{0}(J) \left( \frac{J_F}{\lambda} \right)^2 \mathbf{I} \right] \mathbf{n}; \quad \rho_0 c^2_{0,s} \mathbf{t}_{1,2} = C_{NN} \mathbf{t}_{1,2}.
\]

(55)

Insofar as the Mie-Grüneisen equation is considered, the volumetric wave speed becomes:

\[
c_p = \sqrt{c^2_{0,p} + C_F \Gamma_0 J^2_F J^{q-2} \left[ (1 - q) \Delta \theta + \Gamma_0 J^q \theta \right]}. \tag{56}
\]
To ensure the hyperbolicity of the system, the following inequality needs to be satisfied

\[(1 - q)\Delta \theta + \Gamma_0 J^q \theta > 0. \tag{57}\]

This is easy to prove noticing that all coefficients are positive since \(0 \leq q \leq 1\).

3. Finite volume spatial discretisation

3.1. Dual mesh and area vectors

This section will present the spatial discretisation of a first order hyperbolic system of equations (5) using an edge-based upwind vertex centred Finite Volume Method (FVM). Following references [1, 69, 70], the upwind FVM requires the definition of a dual mesh, which will be constructed using the median dual approach [71].

![Diagram](image)

Figure 2: Control volume for (a) an interior node and (b) a boundary node using the median dual approach in a two-dimensional triangular mesh. The red shaded area is the control volume associated to node \(a\). The blue lines are the edges connecting node \(a\) to its neighbouring nodes \(b_i\), that is, the set \(\Lambda_a\). The magenta lines are the boundary edges connecting node \(a\) to its neighbouring nodes \(b_i\), that is, the subset \(\Lambda^B_a\).

The dual mesh is constructed by connecting edge midpoints with element centroids in two dimensions (see Figure 2a,b) and edge midpoints with face
centroids and element centroids in three dimensions. For a given node \( a \), the set of nodes connected to it through an edge is denoted by \( \Lambda_a \) (see Figure 2a) and the subset of nodes connected to \( a \) through a boundary edge is written as \( \Lambda_a^B \) (see Figure 2b). For a given edge connecting nodes \( a \) and \( b \), an area vector is then defined as

\[
C_{ab} = \sum_{k \in \Gamma_{ab}} A_k N_k
\]

where \( \Gamma_{ab} \) is the set of facets belonging to edge \( ab \), \( A_k \) is the area of a given facet \( k \) and \( N_k \) its outward unit normal. Due to the definition of the dual mesh, the area vectors satisfy \( C_{ab} = -C_{ba} \). These area vectors enable a substantial reduction in the computational cost when computing the boundary integral used in the Green Gauss divergence theorem, since they save an additional loop on facets per edge \( ab \). In the case of a boundary edge, the contribution of the boundary facets to which it belongs has to be taken into account. This set of faces will be defined as \( \Gamma_a^B \) (see Figure 2b).

By using this approach, the discretisation of the fluxes using centred differences is equivalent to a classical Bubnov Galerkin spatial discretisation with linear elements [72–74]. This type of dual mesh also allows for the computation of the gradients by means of the Green-Gauss approach [75].

3.2. Integration of the fluxes

Consider a hyperbolic system of conservation laws (5) where \( \mathbf{U} \) is the vector of conserved variables (6a), \( \mathbf{F} \) represents the flux matrix (6b) and the source term \( \mathbf{S} \) has been neglected for simplicity. This expression is integrated within a given control volume \( V_a \) followed by the divergence theorem to give,

\[
V_a \frac{d\mathbf{U}_a}{dt} = -\int_{\partial V_a} \mathbf{F} \cdot \mathbf{N} \, dA
\]

where \( \mathbf{U}_a \) is the average value of the variable within the control volume \( V_a \) and \( \mathbf{N} \) is the outward unit normal vector associated to the boundary \( \partial V_a \). Equation (59) can be spatially approximated by means of an upwind FVM\(^6\):

\[
V_a \frac{d\mathbf{U}_a}{dt} = -\sum_{b \in \Lambda_a} \sum_{k \in \Gamma_{ab}} \mathbf{F}_{N,k}^C A_k - \sum_{\gamma \in \Gamma_a^B} \mathbf{F}_\gamma^a N_\gamma \frac{A_\gamma}{3}.
\]

\(^6\)Note that the boundary contributions associated to node \( a \) are discretised using a mesh of linear 4-noded tetrahedral elements whose partial nodal area is one-third of the surface area \( A_\gamma \) [60].

where $F_{N_k}^C = F_{N}^C(U_a, U_b, N_k)$ is the normal contact flux at facet $k$. This contact flux is obtained as the solution of the Riemann problem established by the contact discontinuity at each of the facets. In the specific case of a physical interface (i.e. several materials present in a unique solid), this would have to be treated as a new numerical interface. It would result into duplication of nodes at each side, creation of their respective control volumes and the enforcement of continuity via a Riemann solver.

A wide variety of approximate Riemann solvers [60, 76] exist in the literature, being the ones of Roe [77] and Osher [78] the most popular. For (small) numerical jumps, it is also possible to derive a linearised acoustic Riemann solver by means of the Rankine-Hugoniot jump conditions, where the shock speed $U$ in (7) is simply replaced by the speed of sound in a material [3, 79]. This will be the approach followed in this paper.

By virtue of (60), the spatial discretisation requires the computation of a contact flux per each of the facets $k$ associated to a given edge $ab$. This is not necessary when using linear elements [80] and the solution may be assumed to be constant for all the facets grouped at a particular edge. With the aid of a normalised area vector (58), defined as $N_{ab} = \frac{C_{ab}}{||C_{ab}||}$, a unique normal contact flux at the midpoint of each edge $F_{N_{ab}}^C$ can be obtained. This would simplify equation (60) to

$$V_a \frac{dU_a}{dt} = -\sum_{b \in \Lambda_a} F_{N_{ab}}^C ||C_{ab}|| - \sum_{\gamma \in \Gamma_a^B} F_{\gamma}^C N_{\gamma} A_{\gamma} \frac{A_{\gamma}}{3},$$

(61)

where $F_{N_{ab}}^C = F_N^C(F(U_a), F(U_b), N_{ab})$ is the normal contact flux associated to edge $ab$. Comparing equation (60) and equation (61), the former requires to store the complex facet stencil grouped at each edge, whereas the latter requires to store the nodal variables and the edge structure. Hence, expression (61) can be solved using a unique loop on edges, resulting into a computationally more efficient discretisation. More importantly, the use of this simplification does not compromise the overall accuracy of the scheme (see for example [81], where a unique Roe Riemann Solver is used per area vector).

It is worth noting that equation (61) would only lead to a first order solution in space [76] since $U_a$ and $U_b$ are modelled following a piecewise constant representation. To improve this, a suitable reconstruction procedure over each control volume will be discussed in the next section.
3.3. Piecewise linear reconstruction

To obtain second order accuracy in space, the numerical contact fluxes, \( F_{C_{ab}} \), need to be evaluated based upon the piecewise linear reconstructed variables of interest in this paper. Particularly, the numerical contact flux at each edge depends on the actual fluxes of the conservation variables at its two ends. This reconstruction can be achieved using two different strategies. The first standard approach is to reconstruct the conservation variables \( (U^-_{ab} \text{ and } U^+_{ab}) \), followed by the computation of the corresponding fluxes at each contact regions \( (F(U^-_{ab}) \text{ and } F(U^+_{ab})) \). The second strategy is to first compute the fluxes at each control volume \( (F(U_a) \text{ and } F(U_b)) \) and then reconstruct the computed fluxes to the contact surface \( (F^-_{ab} \text{ and } F^+_{ab}) \). The latter is of particular interest since it will require less evaluations of the variable fluxes, and complex constitutive models are typically used in solid mechanics, resulting in a faster algorithm.

The numerical flux evaluation expressed in the first term on the right-hand side of (61) can now be written in terms of the reconstructed fluxes on either side of the edge:

\[
F_{C_{ab}} = F_{N} (F^-, F^+, N_{ab})
\]

(62)

where

\[
F^- = F(U_a) + \frac{1}{2} \phi_a G_a \Delta X; \quad F^+ = F(U_b) - \frac{1}{2} \phi_b G_b \Delta X.
\]

(63)

Here, \( \Delta X = X_b - X_a \), \( \phi_{(a,b)} \) are the slope limiters \[75\] and the gradient \( G \) is approximated through the use of Green-Gauss approach \[75\] defined as:

\[
V_a G_a = \sum_{b \in A_a} \frac{F(U_a) + F(U_b)}{2} \otimes C_{ab} + \sum_{\gamma \in \Gamma^B_a} (F(U_a) \otimes N_\gamma) \frac{A_\gamma}{3}
\]

(64)

The remaining unknown to be determined in (62) is the definition of numerical contact flux at mid-edge \( F_{C_{ab}} \), which will be discussed in the following section.

Observe that the solutions exhibit undershoots and overshoots in the vicinity of sharp spatial gradients if \( \phi = 1 \). The inclusion of the slope limiter is to prevent the creation of new local extrema at flux integration points, fulfilling the principle of local maximum \[82\].

Following is the Barth and Jespersen limiter \[83\] used in this paper:
1. Find the smallest and largest averaged values among adjacent control volumes $V_b$ and the current control volume $V_a$:

$$U_a^{\text{min}} = \min_{b \in \Lambda_a} (U_a, U_b) \quad \text{and} \quad U_a^{\text{max}} = \max_{b \in \Lambda_a} (U_a, U_b).$$

2. Compute an unlimited reconstructed value at each flux integration point, namely

$$U_{ab}^- = U_a + \frac{1}{2} G_a \Delta X$$

3. Obtain a maximum allowable value of $\phi_{ab}$ for each edge $ab$.

$$\phi_{ab} = \begin{cases} 
\min \left( 1, \frac{U_a^{\text{max}} - U_a}{U_{ab}^- - U_a} \right), & \text{if } U_{ab}^- - U_a > 0 \\
\min \left( 1, \frac{U_a^{\text{min}} - U_a}{U_{ab}^- - U_a} \right), & \text{if } U_{ab}^- - U_a < 0 \\
1, & \text{if } U_{ab}^- - U_a = 0 
\end{cases}$$

4. Select $\phi_a = \min_{b \in \Lambda_a} (\phi_{ab})$.

### 3.4. Numerical contact flux: linearised Riemann solver

The upwind finite volume spatial discretisation (61) involving the definition of the numerical contact flux can be particularised into a set of conservation variables of interest in this paper, as follows:

$$V_a \frac{d \vec{p}_a}{dt} = \sum_{b \in \Lambda_a} t^C ||C_{ab}|| + \sum_{\gamma \in \Gamma_a^b} t^\gamma \frac{A_{\gamma}}{3}; \quad (65a)$$

$$V_a \frac{d \vec{F}_a}{dt} = \sum_{b \in \Lambda_a} \frac{1}{\rho_0} \vec{p}^C \otimes C_{ab} + \sum_{\gamma \in \Gamma_a^b} \frac{1}{\rho_0} (\vec{p}^\gamma \otimes \vec{N}) \frac{A_{\gamma}}{3}; \quad (65b)$$

$$V_a \frac{d J_a}{dt} = \sum_{b \in \Lambda_a} \frac{1}{\rho_0} (H_{F_a}^T \vec{p}^C) \cdot C_{ab} + \sum_{\gamma \in \Gamma_a^b} \frac{1}{\rho_0} (H_{F_a}^T \vec{p}^\gamma) \cdot \vec{N} \frac{A_{\gamma}}{3}; \quad (65c)$$

$$V_a \frac{d E_a}{dt} = \sum_{b \in \Lambda_a} \frac{1}{\rho_0} (t^C \cdot \vec{p}^C) ||C_{ab}|| + \sum_{\gamma \in \Gamma_a^b} \frac{1}{\rho_0} (t^\gamma \cdot \vec{p}^\gamma) \frac{A_{\gamma}}{3}, \quad (65d)$$

where $t^C$ and $\vec{p}^C$ are the contact traction and contact linear momentum, yet to be defined. In applying the contact linear momentum $\vec{p}^C$ in (65b), the deformation gradient $\vec{F}$ will no longer be a discrete gradient of a continuous
velocity field. This implies that the involutions described by equation (3) are no longer enforced. For this reason, the contact linear momentum should only be applied to the third and fourth equations above for $J$ and $E$. The central difference approximation (equivalent to a linear Galerkin discretisation) for the linear momentum is used in expression (65b) to give:

$$V_a \frac{dF_a}{dt} = \sum_{b \in \Lambda_a} \frac{1}{2\rho_0} (p_a + p_b) \otimes C_{ab} + \sum_{\gamma \in \Gamma_a^b} \frac{1}{\rho_0} (p_a^\gamma \otimes N_\gamma) A_\gamma^a. \quad (66)$$

It can be clearly seen that the above equation updates the deformation gradient $F_a$ using a discrete gradient of the velocities. This will ensure the satisfaction of the involutions (3) in a discrete manner [84].

Given an edge $ab$, its normalised area vector $N_{ab}$ and the reconstructed values of the fluxes at its two sides (namely, $p^{-+}$ and $P^{-+}$), an acoustic Riemann solver can be derived via the Rankine-Hugoniot jump conditions. This will provide two contact fluxes $p^C$ and $t^C$ to be used in computing the numerical fluxes [3, 41].

To achieve this, the contact fluxes are decomposed into their normal and
tangential components. The former relates to frictionless contact, whereas the latter associates with infinite friction contact. Given the redundant character of the system (1), only the jump condition for the linear momentum (equation (7a)) is considered.

In the case of frictionless contact, the generated shock waves will travel with volumetric wave speed $c_p$. The normal components of momentum and traction after contact can be written as

$$c_p^- (p_n^--p_n^C) = t_n^- - t_n^C, \quad (67a)$$
$$c_p^+ (p_n^+-p_n^C) = -(t_n^+ - t_n^C). \quad (67b)$$

After some algebraic manipulations, equation (67) gives

$$p_n^C = \frac{c_p^- p_n^- + c_p^+ p_n^+}{c_p^- + c_p^+} + \frac{t_n^+ - t_n^-}{c_p^- + c_p^+}, \quad (68a)$$
$$t_n^C = \frac{c_p^- c_p^+}{c_p^- + c_p^+} \left( \frac{t_n^-}{c_p^-} + \frac{t_n^+}{c_p^+} \right) + \frac{c_p^- c_p^+}{c_p^- + c_p^+} (p_n^+ - p_n^-). \quad (68b)$$

Here, $p_n^-$ and $p_n^+$ denote the left and right normal components of the linear momentum before contact, that is, $p_n^{-,+} = p^{-,+} \cdot n$. Analogously, $t_n^{-,+}$ describe the normal components of the traction vector before contact, that is, $t_n^{-,+} = n \cdot (P^{-,+} N)$. Note that the surface normal is defined outwards for the (−) body and inwards for the (+) body (see Figure 3).

Additional shock waves will propagate with shear wave speed $c_s$ under infinite friction contact. An analogous derivation can now be followed for the tangential components of the traction and linear momentum:

$$c_s^- (p_t^- - p_t^C) = t_t^- - t_t^C, \quad (69a)$$
$$c_s^+ (p_t^+ - p_t^C) = -(t_t^+ - t_t^C). \quad (69b)$$

The tangential contact fluxes can then be obtained:

$$p_t^C = \frac{c_s^- p_t^- + c_s^+ p_t^+}{c_s^- + c_s^+} + \frac{t_t^+ - t_t^-}{c_s^- + c_s^+}, \quad (70a)$$
$$t_t^C = \frac{c_s^- c_s^+}{c_s^- + c_s^+} \left( \frac{t_t^-}{c_s^-} + \frac{t_t^+}{c_s^+} \right) + \frac{c_s^- c_s^+}{c_s^- + c_s^+} (p_t^+ - p_t^-). \quad (70b)$$
With the aid of above expressions (68) and (70), the complete contact momentum and traction vectors are defined by

\[ \mathbf{p} = \mathbf{p}_t + \mathbf{p}_n; \quad \mathbf{t} = \mathbf{t}_t + \mathbf{t}_n. \tag{71} \]

The spatial unit outward normal is defined as

\[ \mathbf{n} = \left[ \frac{1}{2}(\mathbf{F}_a + \mathbf{F}_b) \right]^{-T} \mathbf{N} \left\| \left[ \frac{1}{2}(\mathbf{F}_a + \mathbf{F}_b) \right]^{-T} \mathbf{N} \right\|, \tag{72} \]

where the central difference approximation for \( \mathbf{F} \) is used. The linear reconstruction of linear momentum and first Piola at both sides of the interface, namely \( \mathbf{p}^{-+} \) and \( \mathbf{P}^{-+} \), can be easily obtained with the aid of (63).

4. Time integration

The spatial semidiscretisation leaves a system of Ordinary Differential Equations (ODE’s) in time for each node \( a \) written as,

\[ V_a \frac{d\mathbf{U}_a}{dt} = -\mathbf{R}_a(\mathbf{U}_a, t) \tag{73} \]

where \( \mathbf{R}_a(\mathbf{U}_a, t) \) represents the right hand side of the discretised system (see (65a), (65c), (65d), and (66)) at node \( a \).

Equation (73) is discretised using a Total Variation Diminishing Runge-Kutta (TVD-RK) time integrator as proposed by Shu and Osher \([85, 86]\). The Runge-Kutta method computes the solution at time step \( t^{n+1} \) from the solution at time step \( t^n \) as

\[ \begin{align*}
\mathbf{U}_a^* &= \mathbf{U}_a^n - \Delta t \mathbf{R}_a(\mathbf{U}_a^n, t^n) \\
\mathbf{U}_a^{**} &= \mathbf{U}_a^* - \Delta t \mathbf{R}_a(\mathbf{U}_a^*, t^{n+1}) \\
\mathbf{U}_a^{n+1} &= \frac{1}{2} (\mathbf{U}_a^n + \mathbf{U}_a^{**}).
\end{align*} \tag{74} \]

The maximum time step is governed by a standard Courant–Friedrichs–Lewy (CFL) condition \([76, 87]\) given as

\[ \Delta t \leq \alpha_{CFL} \min_a \left( \frac{h_a}{c_{p,a}} \right), \tag{75} \]
where $h_a$ and $c_{a,a}$ are the minimum length and the volumetric wave speed (56) associated to node $a$ at the reference domain and $\alpha_{CFL}$ is the CFL stability number. For a linear advection problem, the combination of a Finite Volume technique and a two-step Runge-Kutta time integrator has a stability region given by $0 \leq \alpha_{CFL} \leq 1$ [76]. For the test cases presented in this paper, a value of $\alpha_{CFL} = 0.4$ has been chosen, which is sufficient to ensure accuracy and stability.

In addition, the displacements are integrated in time using the trapezoidal rule as,

$$x_a^{n+1} = x_a^n + \frac{\Delta t}{2} (v_a^n + v_a^{n+1}).$$  

(76)

5. Discrete angular momentum conserving algorithm

As presented in [1, 3, 40], a Lagrangian correction procedure for a set of internal forces $f_k = t^C ||C_{ab}||$ needs to be carried out to ensure the preservation of angular momentum. To achieve this, a minimization procedure will be carried out such that the internal forces are minimally modified while ensuring the discrete conservation of angular momentum. Moreover, given the conservative properties of the numerical scheme, the use of a modified contact traction will not affect the conservation of linear momentum and total energy. The procedure is detailed in what follows.

In the absence of external tractions, the conservation of the discrete angular momentum after a time step can be written as

$$\sum_{a=1}^{N_{nodes}} x_a^{n+1} \times m_a v_a^{n+1} - \sum_{a=1}^{N_{nodes}} x_a^n \times m_a v_a^n = 0.$$  

(77)

By taking into account the trapezoidal rule for the time integration of the positions (see equation (76)), the above equation can be rewritten as

$$\sum_{a=1}^{N_{nodes}} x_a^{n+1/2} \times m_a \Delta v_a = 0; \quad \Delta v_a = v_a^{n+1} - v_a^n; \quad x_a^{n+1/2} = x_a^n + \frac{\Delta t}{2} v_a^n.$$  

(78)

Considering the TVD Runge-Kutta time integration as presented in equation (74), the velocity increment reads
\[ \Delta v_a = -\frac{\Delta t}{2\rho_0} (\mathcal{R}_a^n(p_a^n, t^n) + \mathcal{R}_a^*(p_a^*, t^*)) , \]  
where \( \mathcal{R}_a(p_a, t) \) corresponds to the right hand side of the nodal linear momentum \((65a)\). Substituting \((79)\) into \((78)\), the following equation is obtained

\[ \sum_{c=1}^{N_{\text{nodes}}} x_a^{n+1/2} \times m_a \left( -\frac{\Delta t}{2\rho_0} (\mathcal{R}_a^n(p_a^n, t^n) + \mathcal{R}_a^*(p_a^*, t^*)) \right) = 0. \]  

Sufficient conditions to satisfy expression \((80)\) is described as

\[ \sum_{a=1}^{N_{\text{nodes}}} x_a^{n+1/2} \times m_a \mathcal{R}_a^\alpha(p_a, t^\alpha) = 0, \]  
where the equation above needs to be fulfilled at each stage of the Runge-Kutta time integrator (i.e., \( \forall \alpha \in \{n, \star\} \)). Substituting the right hand side of equation \((65a)\) into \((81)\) and omitting the time superindex for simplicity, to give:

\[ \sum_{a=1}^{N_{\text{nodes}}} x_a \times \frac{m_a}{\rho_0 V_a} \left( \sum_{\alpha \in \Lambda_a} t^C||C_{ab}|| + \sum_{\gamma \in \Gamma_a^\beta} \hat{t}_{\gamma} \frac{A^{\gamma}}{3} \right) = 0. \]  

Assuming a free boundary traction (that could otherwise contribute to an external torque) and rearranging the term into a summation over edges:

\[ \sum_{k=1}^{N_{\text{ed\int}}} f_k \times \Delta x = 0; \quad \Delta x = x_b^{n+1/2} - x_a^{n+1/2} \]  
where \( N_{ab} = -N_{ba} \) and \( f_k = t^C||C_{ab}|| \) is the force related to edge \( k \).

A Lagrangian minimisation procedure is used to obtain a modified set of internal forces \( \hat{f}_k \). This can be achieved by minimising the following functional

\[ \Pi_f(\hat{f}_k, \lambda_f) = \left( \frac{1}{2} \sum_{k=1}^{N_{\text{ed\int}}} (\hat{f}_k - f_k) \cdot (\hat{f}_k - f_k) \right) + \lambda_f \cdot \sum_{k=1}^{N_{\text{ed\int}}} \hat{f}_k \times \Delta x_k. \]
After some algebraic manipulations, a modified set of internal forces \( \hat{f}_k \) is obtained as

\[
\hat{f}_k = f_k + \lambda_f \times \Delta x_k.
\]

The Lagrange multiplier \( \lambda_f \) is the solution of the following \( 3 \times 3 \) system of equations

\[
K_f \lambda_f = b_f,
\]

where

\[
K_f = \sum_{k=1}^{N_{\text{edint}}} (\Delta x_k \cdot \Delta x_k) I - \Delta x_k \otimes \Delta x_k; \quad b_f = \sum_{k=1}^{N_{\text{edint}}} f_k \times \Delta x_k. \tag{85}
\]

6. Solution procedure

The algorithm 6.1 summarises the solution procedure of the upwind vertex centred FVM (see section 3) in conjunction with the one-step two-stage
explicit TVD-RK time integrator (see section 4):

**Algorithm 6.1: Evaluation of** \( \mathcal{U}_{n+1}(\mathcal{U}_n) \)

(1) GIVEN \( \mathcal{U}_n = (\mathbf{p}_a^n, \mathbf{F}_a^n, J_a^n, E_a^n)^T, \mathbf{x}_a^n \)
(2) LOOP over Runge-Kutta stages (to compute \( \mathcal{U}_a^*, \mathcal{U}_a^{**} \))

(2.1) LOOP over edges \( k \) \((ab)\)

\[
G_k^n := G_k^p + \frac{1}{2V_a}(\mathbf{p}_a + \mathbf{p}_b) \otimes \mathcal{C}_{ab} \\
G_k^p := G_k^p + \frac{1}{2V_a}(\mathbf{p}_a + \mathbf{p}_b) \otimes \mathcal{C}_{ab}
\]

(proceed equivalently for node \( b \))

(2.2) LOOP over boundary faces \( \gamma \) \((abc)\)

\[
G_k^n := G_k^n + \frac{1}{V_a} (\mathbf{p}_a \otimes N_\gamma) \frac{A_\gamma}{3} \\
G_k^p := G_k^p + \frac{1}{V_a} (\mathbf{P}_a \otimes N_\gamma) \frac{A_\gamma}{3}
\]

(proceed equivalently for nodes \( b, c \))

(2.3) LOOP over edges \( k \) \((ab)\)

\[
f_k^n = t^{C,n} || \mathcal{C}_{ab} || \\
b_f := f_f + f_k^n \times \Delta x_k^{n+1/2} \\
K_f := K_f + (\Delta x_k^{n+1/2} \cdot \Delta x_k^{n+1/2}) I - \Delta x_k^{n+1/2} \otimes \Delta x_k^{n+1/2}
\]

(2.4) COMPUTE \( \lambda_f = K_f^{-1} b_f \)

(2.5) LOOP over edges \( k \) \((ab)\)

\[
f_k^n := f_k^n + \lambda_f \times \Delta x_k^{n+1/2} \\
\mathcal{R}_{ja}^n := \mathcal{R}_{ja}^n + (H_{F_a}^T v^{C,n}) \cdot \mathcal{C}_{ab} \\
\mathcal{R}_{ja}^n := \mathcal{R}_{ja}^n + \frac{1}{2} (v_a^n + v_b^n) \otimes \mathcal{C}_{ab}
\]

(proceed equivalently for node \( b \))

(2.6) LOOP over boundary faces \( \gamma \) \((abc)\) according to B.C.

\[
\mathcal{R}_{ja}^n := \mathcal{R}_{ja}^n + t_a^A \frac{A_\gamma}{3} || \mathcal{C}_{ab} || \\
\mathcal{R}_{ja}^n := \mathcal{R}_{ja}^n + (\mathbf{H}_{F_a}^T v_a^n) \cdot N_\gamma \frac{A_\gamma}{3} \\
\mathcal{R}_{ja}^n := \mathcal{R}_{ja}^n + (t_a^n \cdot v_a^n) \frac{A_\gamma}{3}
\]

(proceed equivalently for nodes \( b, c \))

(2.7) UPDATE conservation variables at stage

\( \mathcal{U}_a = \mathcal{U}_a^n + \frac{1}{V_a} \mathcal{R}_{ja}^n \)

(2.8) EVALUATE \( \mathbf{P}_a = \mathbf{P}(\mathbf{F}_a^*, J_a^*, E_a^*) \) (only after stage 1)

(2.9) APPLY strong BC

(3) UPDATE conservation variables and positions

\[
\mathcal{U}_a^{n+1} = \frac{1}{2} (\mathcal{U}_a^n + \mathcal{U}_a^{**}) \\
\mathbf{x}_a^{n+1} = \mathbf{x}_a^n + \frac{\Delta t}{2} (v_a^n + v_a^{n+1})
\]

(4) EVALUATE \( \mathbf{P}_a^{n+1} = \mathbf{P}(\mathbf{F}_a^{n+1}, J_a^{n+1}, E_a^{n+1}) \)

(5) APPLY strong BC
7. Numerical examples

7.1. Low dispersion cube

This example is a three dimensional extension of the swinging plate presented in [3, 40] and was previously assessed in [1, 5]. A cube of unit side has symmetric boundary conditions (roller supports) at the faces \( X = 0, Y = 0 \) and \( Z = 0 \) and skew-symmetric boundary conditions (restricted tangential displacement) at the faces \( X = 1, Y = 1 \) and \( Z = 1 \) (see Figure 1 for a schematic representation of the different types of boundary conditions). For small deformations, the problem has an analytical displacement field of the form

\[
\mathbf{u}(\mathbf{X}, t) = U_0 \cos \left( \frac{\sqrt{3}}{2} c_d \pi t \right) \begin{bmatrix}
A \sin \left( \frac{\pi X_1}{2} \right) \\
B \cos \left( \frac{\pi X_1}{2} \right) \\
C \cos \left( \frac{\pi X_1}{2} \right)
\end{bmatrix} \begin{bmatrix}
\sin \left( \frac{\pi X_2}{2} \right) \\
\cos \left( \frac{\pi X_2}{2} \right) \\
\cos \left( \frac{\pi X_3}{2} \right)
\end{bmatrix}.
\] (86)

Parameters \( \{A,B,C\} \) are user-defined arbitrary constants such that \( A + B + C = 0 \) ensuring no contribution from volumetric deformation. For values of \( U_0 \) below 0.001 m, the solution can be considered to be linear and the closed-form expression (86) holds. The problem is initialised with a known deformation gradient field \( \mathbf{F}(\mathbf{X}, 0) = \mathbf{I} + \nabla_0 \mathbf{u} \), and the initial Jacobian \( J(\mathbf{X}, 0) = \det \mathbf{F} \) is similarly obtained. In this particular example, a linear elastic material is chosen with a Poisson’s ratio of \( \nu = (1 - \mu/\kappa)/2 = 0.45 \), Young’s modulus \( E = 1.7 \times 10^7 \) Pa and density \( \rho_0 = 1.1 \times 10^3 \) kg/m\(^3\). The solution parameters are set as \( A = 1, B = 1, C = -2 \) and \( U_0 = 5 \times 10^{-4} \) m.

The main aim of this example is to assess the convergence behaviour of the upwind FVM. Tables 1 to 4 show a global convergence analysis (e.g. \( L^1 \) and \( L^2 \) norm errors) of the linear momentum \( \mathbf{p} \) and the first Piola \( \mathbf{P} \) as compared to the analytical solution given in (86). Figure 4 shows these results graphically. As expected, the upwind method shows a second order convergence pattern with a lower translation error that that of Jameson-Schmidt-Turkel (JST) algorithm. Given the same target error for all norms and variables, the upwind method requires less computational time compared to the JST algorithm, as shown in Figure (5).

7.2. One dimensional Sod shock tube

This example was first presented in [88] and later used by many authors [55, 60, 89]. The example is designed to assess the shock capturing capabilities of the method. A gas, governed by the ideal gas law (41), remains at rest
Table 1: Low dispersion cube. Numerical values for the relative error of the linear momentum as compared to the exact solution, measured with the $L^1$ norm. Comparison between the upwind and JST FVM. Convergence rate calculated using the results of the two finest meshes

<table>
<thead>
<tr>
<th>$h$</th>
<th>JST, $\kappa^{(4)} = 1/128$</th>
<th>JST, $\kappa^{(4)} = 1/256$</th>
<th>UW</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/3</td>
<td>$2.123 \times 10^{-1}$</td>
<td>$1.894 \times 10^{-1}$</td>
<td>$9.912 \times 10^{-2}$</td>
</tr>
<tr>
<td>1/6</td>
<td>$9.891 \times 10^{-2}$</td>
<td>$7.597 \times 10^{-2}$</td>
<td>$1.871 \times 10^{-2}$</td>
</tr>
<tr>
<td>1/12</td>
<td>$3.433 \times 10^{-2}$</td>
<td>$2.294 \times 10^{-2}$</td>
<td>$3.022 \times 10^{-3}$</td>
</tr>
<tr>
<td>1/24</td>
<td>$9.829 \times 10^{-3}$</td>
<td>$6.159 \times 10^{-3}$</td>
<td>$7.605 \times 10^{-4}$</td>
</tr>
<tr>
<td>conv. rate</td>
<td>1.805</td>
<td>1.897</td>
<td>1.991</td>
</tr>
</tbody>
</table>

Table 2: Low dispersion cube. Numerical values for the relative error of the linear momentum as compared to the exact solution, measured with the $L^2$ norm. Comparison between the upwind and JST FVM. Convergence rate calculated using the results of the two finest meshes

<table>
<thead>
<tr>
<th>$h$</th>
<th>JST, $\kappa^{(4)} = 1/128$</th>
<th>JST, $\kappa^{(4)} = 1/256$</th>
<th>UW</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/3</td>
<td>$2.236 \times 10^{-1}$</td>
<td>$1.965 \times 10^{-1}$</td>
<td>$1.000 \times 10^{-1}$</td>
</tr>
<tr>
<td>1/6</td>
<td>$1.003 \times 10^{-1}$</td>
<td>$7.565 \times 10^{-2}$</td>
<td>$1.939 \times 10^{-2}$</td>
</tr>
<tr>
<td>1/12</td>
<td>$3.409 \times 10^{-2}$</td>
<td>$2.298 \times 10^{-2}$</td>
<td>$3.284 \times 10^{-3}$</td>
</tr>
<tr>
<td>1/24</td>
<td>$1.056 \times 10^{-2}$</td>
<td>$6.656 \times 10^{-3}$</td>
<td>$8.232 \times 10^{-4}$</td>
</tr>
<tr>
<td>conv. rate</td>
<td>1.691</td>
<td>1.788</td>
<td>1.996</td>
</tr>
</tbody>
</table>
Table 3: Low dispersion cube. Numerical values for the relative error of the stress as compared to the exact solution, measured with the $L^1$ norm. Comparison between the upwind and JST FVM. Convergence rate calculated using the results of the two finest meshes

<table>
<thead>
<tr>
<th>$h$</th>
<th>$JST, \kappa^{(4)} = 1/128$</th>
<th>$JST, \kappa^{(4)} = 1/256$</th>
<th>UW</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/3</td>
<td>$2.200 \times 10^{-3}$</td>
<td>$1.964 \times 10^{-3}$</td>
<td>$1.028 \times 10^{-3}$</td>
</tr>
<tr>
<td>1/6</td>
<td>$9.617 \times 10^{-4}$</td>
<td>$7.386 \times 10^{-4}$</td>
<td>$1.819 \times 10^{-4}$</td>
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<tr>
<td>1/12</td>
<td>$3.295 \times 10^{-4}$</td>
<td>$2.201 \times 10^{-4}$</td>
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</tr>
<tr>
<td>1/24</td>
<td>$9.399 \times 10^{-5}$</td>
<td>$5.889 \times 10^{-5}$</td>
<td>$7.272 \times 10^{-6}$</td>
</tr>
<tr>
<td>conv. rate</td>
<td>1.810</td>
<td>1.902</td>
<td>1.996</td>
</tr>
</tbody>
</table>

Table 4: Low dispersion cube. Numerical values for the relative error of the stress as compared to the exact solution, measured with the $L^2$ norm. Comparison between the upwind and JST FVM. Convergence rate calculated using the results of the two finest meshes

<table>
<thead>
<tr>
<th>$h$</th>
<th>$JST, \kappa^{(4)} = 1/128$</th>
<th>$JST, \kappa^{(4)} = 1/256$</th>
<th>UW</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/3</td>
<td>$2.555 \times 10^{-1}$</td>
<td>$2.271 \times 10^{-1}$</td>
<td>$1.912 \times 10^{-1}$</td>
</tr>
<tr>
<td>1/6</td>
<td>$1.302 \times 10^{-1}$</td>
<td>$1.018 \times 10^{-1}$</td>
<td>$6.280 \times 10^{-2}$</td>
</tr>
<tr>
<td>1/12</td>
<td>$5.597 \times 10^{-2}$</td>
<td>$3.781 \times 10^{-2}$</td>
<td>$1.797 \times 10^{-2}$</td>
</tr>
<tr>
<td>1/24</td>
<td>$1.820 \times 10^{-2}$</td>
<td>$1.156 \times 10^{-2}$</td>
<td>$5.173 \times 10^{-3}$</td>
</tr>
<tr>
<td>conv. rate</td>
<td>1.621</td>
<td>1.709</td>
<td>1.800</td>
</tr>
</tbody>
</table>
Figure 4: Low dispersion cube. Convergence of the $L^1$ and $L^2$ norms for linear momentum and stress at time $t = 0.004$ s. Comparison of the order of convergence between the upwind and the JST FVM. Linear elastic material with Poisson’s ratio $\nu = (1 - \mu/\kappa)/2 = 0.45$, Young’s modulus $E = 1.7 \times 10^7$ Pa and density $\rho_0 = 1.1 \times 10^3$ kg/m$^3$. 
Figure 5: Low dispersion cube. Computational time against \( L^1 \) and \( L^2 \) norm errors for linear momentum and stress at time \( t = 0.004 \) s. Comparison between the upwind and the JST FVM. Linear elastic material with Poisson’s ratio \( \nu = (1 - \mu/\kappa)/2 = 0.45 \), Young’s modulus \( E = 1.7 \times 10^7 \) Pa and density \( \rho_0 = 1.1 \times 10^3 \) kg/m\(^3\).
inside a tube of 2 m length which is divided into two halves by a diaphragm (see Figure 6). The gas has a Grüneisen coefficient of $\Gamma_0 = \frac{2}{5}$ and a density at the reference temperature of $\rho_0 = 1 \text{ kg/m}^3$. At time $t = 0$, the gas on the left half side of the domain remains undeformed, whilst the gas on the right half side is expanded from a reference state where it was occupying one eighth of the current volume. Hence, the Jacobian of the deformation on the left half is $J_L = 1$ whilst $J_R = 8$ on the right half (or equivalently, $\rho_L = 1 \text{ kg/m}^3$ and $\rho_R = 0.125 \text{ kg/m}^3$). In addition, there is a jump in pressure between the left and right domain, $p_L = -1 \text{ Pa}$ and $p_R = -0.1 \text{ Pa}$, which can be imposed through a jump in the total energy ($E_L = 2.5 \text{ J}$ and $E_R = 2 \text{ J}$). At time $t = 0$, the diaphragm is removed allowing the gas particles of the whole domain interact with each other. The predicted solution is compared against an analytical solution \[60\] at a particular time $t = 0.25 \text{ s}$.

Figures 7 and 8 show the solution profiles for the velocity, Jacobian of the deformation, total energy and pressure against the analytical solution using a discretisation of 100 elements and $\alpha_{CFL} = 0.4$. Figure 7 corresponds to the JST solution \[1\] by activating a tailor-made discontinuity switch (e.g. $\kappa^{(2)} = 1/4$ and $\kappa^{(4)} = 1/16$), whereas Figure 8 corresponds to the solution obtained with the upwind FVM imposing limiter reconstruction (without the need to tune stabilising parameters). It is clear that the upwind FVM with slope limiter provides a relatively better resolution in the vicinity of sharp spatial gradients.

### 7.3. One dimensional Woodward-Colella blast test

Similar to the previous Sod shock tube problem (see Section 7.2), this example \[90\] is a severe numerical test to assess the performance of a shock capturing algorithm in an extreme scenario. A shock tube has an ideal gas
with material properties \( \rho_0 = 1 \text{ kg/m}^3 \) and \( \Gamma_0 = \frac{2}{5} \) (see Figure 6). The gas is initially at rest but has a rapid jump in pressure between the left and right domains. The pressure on the left domain is \( p_L = -1000 \text{ Pa} \), whilst on the right domain \( p_R = -0.01 \text{ Pa} \). These conditions can be imposed through the total energy, namely \( E_L = 2.5 \times 10^3 \text{ Pa} \) and \( E_R = 2.5 \times 10^{-2} \text{ Pa} \). At time \( t = 0 \), the diaphragm is opened and the solution allowed to evolve in time. Figure 9 shows the solutions obtained from upwind FVM at time \( t = 1.2 \times 10^{-2} \text{ s} \), using 100 elements and \( \alpha_{CFL} = 0.4 \), as compared to the analytical solutions [60]. The predicted solution is relatively smooth, but a small overshoot can be seen at the vicinity of the shock in three of the variables (\( J \), \( E \) and \( p \)). This is most likely due to the fact that an acoustic Riemann solver is used. In order to improve the shock capturing capabilities of the scheme, a nonlinear Riemann solver should be implemented [60].

7.4. Two dimensional Woodward-Colella blast test

This example is an extension of the one dimensional Colella blast test presented in section 7.3. The one dimensional shock tube is solved using an axisymmetric domain (as it was done for the Noh test in [91]), and therefore the one dimensional analytical solution of [60] remains still valid. Figure 10 shows the setup of the problem. The solution is obtained using \( 2 \times 64 \times 64 \) triangular elements and \( \alpha_{CFL} = 0.4 \). A series of snapshots are shown in Figure 11 for four different variables at a particular time: velocity, Jacobian of the deformation, total energy and pressure. Figure 12 shows the spatial distribution of the same variables, but this time plot as a function of the radius. It can be clearly seen that the upwind FVM imposing suitable slope limiter is very efficient in this shock-dominated problem.

7.5. Elastic vibration of a Beryllium plate

The main aim of this example is to evaluate the dissipation properties of the method in the linear elastic regime [1, 48, 92]. A plate of 6 cm length and 1 cm width is made of Beryllium [1, 48] using a compressible Neo-Hookean material with properties \( \rho_0 = 1845 \text{ kg/m}^3 \), \( E = 3.1827 \times 10^{11} \text{ Pa} \) and \( \nu = 0.05390 \). The plate is free of constraints and has an initial velocity that excites the first flexural mode (see Figure 13) described by

\[
\mathbf{v}_0 = (0, v(X_1))^T \text{ m/s},
\]  

(87)
Figure 7: Sod’s shock tube. Comparison of the profiles for the velocity, Jacobian of the deformation, total energy and pressure against the analytical solution at time $t=0.25$ s. Ideal gas with $\Gamma_0 = \frac{2}{5}$. Solutions obtained using the JST FVM with 100 elements imposing $\kappa^{(4)} = 1/16$ and $\kappa^{(2)} = 1/4$. Temporal discretisation using $\alpha_{CFL} = 0.4$. 
Figure 8: Sod’s shock tube. Comparison of the profiles for the velocity, Jacobian of the deformation, total energy and pressure against the analytical solution at time \( t=0.25 \) s. Ideal gas with \( \Gamma_0 = \frac{5}{3} \). Solutions obtained using the upwind FVM with 100 elements and Barth-Jespersen limiter. Temporal discretisation using \( \alpha_{CFL} = 0.4 \).
Figure 9: Woodward-Colella blast test. Comparison of the profiles for the velocity, Jacobian of the deformation, total energy and pressure against the analytical solution at time $t=0.012$ s. Ideal gas with $\Gamma_0 = \frac{2}{5}$. Solutions obtained using the upwind FVM with 100 elements and Barth-Jespersen limiter. Temporal discretisation using $\alpha_{CFL} = 0.4$. 
Figure 10: Setup for the axisymmetric Woodward-Colella blast test.

where \( v(X_1) = A\omega [g_1 (\sinh(\Omega l) + \sin(\Omega l)) - g_2 (\cosh(\Omega l) + \cos(\Omega l))] \). The parameters are given as [48, 92]

\[
\begin{align*}
g_1 &= 56.637, & g_2 &= 57.646, & \omega &= 2.3597 \times 10^5 \text{ s}^{-1}, & A &= 4.3369 \times 10^{-5} \text{ m} \\
\Omega &= 78.834 \text{ m}^{-1}, & l &= X_1 + 0.03.
\end{align*}
\]

The plate is left oscillating at time \( t = 0 \). Figure 14 shows the velocity distribution at two different instants of time when using \( 2 \times 50 \times 12 \) linear triangular elements and \( \alpha_{CFL} = 0.4 \). The solutions compare very well against those provided in [1, 92].

The dissipation of the solution is analysed in Figure 15. The evolution of the kinetic, internal and (numerical) total energies are plotted against the conserved total energy measured from the first law of thermodynamics (1d). For isothermal processes, the difference between the numerical total energy and the conserved total energy is the actual dissipation of the algorithm. It can be seen that the numerical dissipation is clearly reduced as the mesh is refined. The frequency and amplitude of the oscillations are in good agreement with the results reported in [1, 48]. Comparison of the numerical total energy obtained using two CFD-like methodologies, namely JST and upwind FVM, is shown in Figure 16. Observe that the upwind FVM is less dissipative and thus provides a better resolution than the JST method.
Figure 11: Axisymmetric Woodward-Colella blast test. Elevation plots for the velocity, Jacobian of the deformation, total energy and pressure at time \(t=0.012\) s. Ideal gas with \(\Gamma_0 = \frac{2}{5}\). Spatial discretisation using the upwind FVM with \(2 \times 64 \times 64\) linear triangular elements and Barth-Jespersen limiter. Temporal discretisation using \(\alpha_{CFL} = 0.4\).
Figure 12: Axisymmetric Woodward-Colella blast test. Radial profiles for the velocity, Jacobian of the deformation, total energy and pressure at time $t=0.012$ s. Ideal gas with $\Gamma_0 = \frac{5}{3}$. Spatial discretisation using the upwind with $2 \times 64 \times 64$ linear triangular elements and Barth-Jespersen limiter. Temporal discretisation using $\alpha_{CFL} = 0.4$. 
7.6. Collapse of a thick-walled cylindrical Beryllium shell

This test is designed to assess the ability of the algorithm in the modelling of plastic flows. It was initially proposed in [52] and later implemented in [1, 2, 53]. A Beryllium shell, of an inner radius $R_i = 80 \cdot 10^{-3}$ m and an outer radius $R_o = 100 \cdot 10^{-3}$ m, has an initial radial velocity field. The shell collapses towards its centre until all the kinetic energy is transformed into its plastic dissipation. That instant is called the stopping time. Accordingly, the inner and outer radii at the stopping time are called the stopping radii.

In this particular case, the material is modelled using a hyperelastic-plastic constitutive model (see [68] or algorithm 6.1 in [1]) together with the use of a Mie-Gruneisen shock-related equation of state (40). Its material parameters are defined as follows: density $\rho_0 = 1845$ kg/m$^3$, Gruneisen coefficient $\Gamma_0 = 2$, $c_{p,0} = 12870$ m/s, $s = 1.124$, shear modulus $\mu = 151.9 \times 10^9$ Pa, yield strength $Y^0 = 330 \times 10^6$ Pa and hardening modulus $H = 0$ Pa (perfectly plastic material).

The initial velocity field is given by

$$v(X, t_0) = -V_0 \frac{R_i}{\|X_1^2 + X_2^2\|} (X_1, X_2)^T \text{ m/s}$$

and the exterior pressure is defined as $p = 1 \times 10^{-6}$ Pa. The shell is simulated using symmetric boundary conditions or roller supports (see Figure 17).

For completeness, this problem is simulated using three different initial velocities (e.g. 417.1 m/s, 454.7 m/s and 490.2 m/s) with various level of
Figure 14: Beryllium plate. Material properties $\rho_0 = 1845 \text{ kg/m}^3$, $E = 3.1827 \times 10^{11} \text{ Pa}$, $\nu = 0.05390$ and yield strength $Y^0 = 1 \times 10^{11} \text{ Pa}$. Evolution in time of the deformed shaped. The contour plot represents the norm of the velocity vector. Solutions obtained using $2 \times 50 \times 12$ linear triangular elements and $\alpha_{CFL} = 0.4$. 
Figure 15: Beryllium plate. Material properties $\rho_0 = 1845 \text{ kg/m}^3$, $E = 3.1827 \times 10^{11} \text{ Pa}$, $\nu = 0.05390$ and yield strength $Y^0 = 1 \times 10^{11} \text{ Pa}$. Evolution in time of the internal energy (blue lines), kinetic energy (red lines), summation of both (green lines) against the total conserved energy (black discontinuous line) for three different meshes of $2 \times 24 \times 6, 2 \times 50 \times 12$ and $2 \times 100 \times 25$ linear triangular elements. Temporal discretisation using $\alpha_{CFL} = 0.4$.

Figure 16: Beryllium plate. Material properties $\rho_0 = 1845 \text{ kg/m}^3$, $E = 3.1827 \times 10^{11} \text{ Pa}$, $\nu = 0.05390$ and yield strength $Y^0 = 1 \times 10^{11} \text{ Pa}$. Comparison of the total numerical energy using both the JST and upwind FVM and for three different meshes of $2 \times 24 \times 6, 2 \times 50 \times 12$ and $2 \times 100 \times 25$ linear triangular elements.
meshes (e.g. $2 \times (8 \times 10)$, $2 \times (16 \times 20)$ and $2 \times (32 \times 40)$ linear triangular elements per quarter of shell), and compared against the analytical solution provided in [52]. The time step is controlled by $\alpha_{CFL} = 0.4$. The final inner and outer radii and the stopping time are shown in Table 5. It can be clearly seen that the numerical results obtained from upwind FVM converge to the closed form solution as the mesh is refined.

It is worth mentioning that the JST solution [1] converged relatively faster than its counterpart upwind FVM. This is due to the fact that the amount of dissipation added into the JST algorithm can be tuned through the tailor-made artificial dissipative parameter (see (35) in [1]). The upwind FVM, on the other hand, has a fixed physically based numerical dissipation contributed from Riemann solver, making it less convenient for problems where physical diffusion is present.

In addition, the axisymmetry of the solutions is quantified as in [52]. Table 6 shows the results associated to the standard, minimum and maximum deviations of the radius for each of the layers of the mesh. It can be seen how the algorithm is capable of preserving an excellent axisymmetry, giving maximum standard deviation of the order $10^{-9}$.

7.7. L-shaped block

This example was proposed by Simo et al. in [93] and later used by other authors [94, 95]. Its objective is to assess the capability of the upwind $p$-$F$-J
Table 5: Numerical results for the Beryllium shell problem. The table shows the numerical inner and outer radii, the analytical inner and outer radii and the stopping time for each of the problems and mesh discretisations ($n_l$: number of layers, $n_s$: number of sectors).

<table>
<thead>
<tr>
<th>$V_0$</th>
<th>$n_l \times n_s$</th>
<th>$R_{i}^{num} (mm)$</th>
<th>$R_{o}^{i} (mm)$</th>
<th>$R_{o}^{num} (mm)$</th>
<th>$t_f (\mu s)$</th>
</tr>
</thead>
<tbody>
<tr>
<td>417.1</td>
<td>8 $\times$ 10</td>
<td>52.47</td>
<td>50.00</td>
<td>79.65</td>
<td>78.10</td>
</tr>
<tr>
<td>417.1</td>
<td>16 $\times$ 20</td>
<td>50.38</td>
<td>50.00</td>
<td>78.32</td>
<td>78.10</td>
</tr>
<tr>
<td>417.1</td>
<td>32 $\times$ 40</td>
<td>50.06</td>
<td>50.00</td>
<td>78.12</td>
<td>78.10</td>
</tr>
<tr>
<td>454.7</td>
<td>8 $\times$ 10</td>
<td>48.36</td>
<td>45.00</td>
<td>76.99</td>
<td>75.00</td>
</tr>
<tr>
<td>454.7</td>
<td>16 $\times$ 20</td>
<td>45.53</td>
<td>45.00</td>
<td>75.29</td>
<td>75.00</td>
</tr>
<tr>
<td>454.7</td>
<td>32 $\times$ 40</td>
<td>45.08</td>
<td>45.00</td>
<td>75.03</td>
<td>75.00</td>
</tr>
<tr>
<td>490.2</td>
<td>8 $\times$ 10</td>
<td>44.89</td>
<td>40.00</td>
<td>74.61</td>
<td>72.12</td>
</tr>
<tr>
<td>490.2</td>
<td>16 $\times$ 20</td>
<td>40.08</td>
<td>40.00</td>
<td>72.50</td>
<td>72.12</td>
</tr>
<tr>
<td>490.2</td>
<td>32 $\times$ 40</td>
<td>40.04</td>
<td>40.00</td>
<td>72.17</td>
<td>72.12</td>
</tr>
</tbody>
</table>

Table 6: Numerical results for the Beryllium shell problem. The table shows the standard deviation of the radius for each of the layers of the mesh. The minimum and maximum deviation among all the nodes is as well presented ($n_l$: number of layers, $n_s$: number of sectors).

<table>
<thead>
<tr>
<th>$V_0$</th>
<th>$n_l \times n_s$</th>
<th>Standard deviation $\sigma$ (%)</th>
<th>Minimum deviation (%)</th>
<th>Maximum deviation (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>417.1</td>
<td>8 $\times$ 10</td>
<td>$3.08 \times 10^{-10}$</td>
<td>$-9.43 \times 10^{-11}$</td>
<td>$1.29 \times 10^{-11}$</td>
</tr>
<tr>
<td>417.1</td>
<td>16 $\times$ 20</td>
<td>$3.27 \times 10^{-10}$</td>
<td>$-9.48 \times 10^{-12}$</td>
<td>$1.62 \times 10^{-11}$</td>
</tr>
<tr>
<td>417.1</td>
<td>32 $\times$ 40</td>
<td>$4.74 \times 10^{-10}$</td>
<td>$-2.71 \times 10^{-11}$</td>
<td>$2.14 \times 10^{-11}$</td>
</tr>
<tr>
<td>454.7</td>
<td>8 $\times$ 10</td>
<td>$2.71 \times 10^{-10}$</td>
<td>$-7.39 \times 10^{-12}$</td>
<td>$9.15 \times 10^{-12}$</td>
</tr>
<tr>
<td>454.7</td>
<td>16 $\times$ 20</td>
<td>$5.31 \times 10^{-10}$</td>
<td>$-1.96 \times 10^{-11}$</td>
<td>$2.23 \times 10^{-11}$</td>
</tr>
<tr>
<td>454.7</td>
<td>32 $\times$ 40</td>
<td>$6.24 \times 10^{-10}$</td>
<td>$-3.62 \times 10^{-11}$</td>
<td>$3.15 \times 10^{-11}$</td>
</tr>
<tr>
<td>490.2</td>
<td>8 $\times$ 10</td>
<td>$4.46 \times 10^{-10}$</td>
<td>$-1.32 \times 10^{-11}$</td>
<td>$1.41 \times 10^{-11}$</td>
</tr>
<tr>
<td>490.2</td>
<td>16 $\times$ 20</td>
<td>$7.56 \times 10^{-10}$</td>
<td>$-4.63 \times 10^{-11}$</td>
<td>$5.05 \times 10^{-11}$</td>
</tr>
<tr>
<td>490.2</td>
<td>32 $\times$ 40</td>
<td>$1.10 \times 10^{-9}$</td>
<td>$-5.95 \times 10^{-11}$</td>
<td>$6.42 \times 10^{-11}$</td>
</tr>
</tbody>
</table>
Figure 18: Beryllium shell problem. Hyperelastic-plastic constitutive model and Mie-Gruneisen equation of state. Material parameters: $\rho_0 = 1845 \text{ kg/m}^3$, $\Gamma_0 = 2$, $c_0 = 12870 \text{ m/s}$, $s = 1.124$, $\mu = 151.9 \times 10^9 \text{ Pa}$, $Y^0 = 330 \times 10^6 \text{ Pa}$ and $H = 0 \text{ Pa}$. Mesh of $2 \times 40 \times 32$ linear triangular elements. From top to bottom rows, results are shown for initial velocities $v_0 = 417.1 \text{ m/s}$, $v_0 = 454.7 \text{ m/s}$ and $v_0 = 490.2 \text{ m/s}$ at their stopping time. Plastic strain is shown in the left column. Initial mesh (green) and final mesh (red) against the analytical solution (thick blue line) are shown in the right column.
mixed FVM in preserving the angular momentum within a system. A three-dimensional L-shaped block is subjected to time varying forces at both of its sides (see Figure 19) and is imposed traction-free condition at the rest of the boundaries. The forces are described by the following equations

\[ \mathbf{F}_1(t) = -\mathbf{F}_2(t) = (150, 300, 450)p(t), \quad p(t) = \begin{cases} 
  t, & 0 \leq t < 2.5, \\
  5 - t, & 2.5 \leq t < 5, \\
  0, & t \geq 5.
\end{cases} \]

In this particular case, a Neo-Hookean model is chosen and its material properties are: \( \mu = 1.925 \times 10^4 \) Pa, \( \lambda = 2.885 \times 10^4 \) Pa and \( \rho_0 = 1.0 \times 10^3 \) kg/m\(^3\). The simulation is run using 388 elements for the spatial discretisation and \(\alpha_{CFL} = 0.4\). Figure 20 shows a series of snapshots of the deformed configuration at different times. Figure 21 demonstrates the ability of the algorithm to preserve the angular momentum (once the external forces are released) and linear momentum (the external torque is applied at the centre of mass of the block).

It is important to note that the correction in the internal tractions is very small, as compared to the actual value of these tractions. This is shown in Figures 22 and 23. Figure 22 shows the distribution of the ratio between the norm of the modification of the edge forces against the norm of the actual edge forces, that is \( \frac{||\hat{f}_k - f_k||}{||f_k||} \). Figure 23 shows the time history of the \(L^2\) norm of the edge forces, \( f_k \), against the \(L^2\) norm of the modification of the edge forces \( \hat{f}_k - f_k \).

Finally, in order to prove the convergence of the method, the problem is run with a finer mesh of 1178 nodes. Figure 24 shows the deformed shape for different time instants, where clearly more detailed pressure distribution patterns can be observed. Figure 25 compares the numerical total energy (summation of the linear momentum and internal energy) against the preserved total energy (obtained from solving equation (1d)) for the two different meshes. It can be seen that, as the mesh is refined, the dissipation of the solution is clearly reduced.

7.8. Bending column

The following example assesses the behaviour of the numerical method in bending dominated scenarios [1, 5]. A rubber-like material column with a cross section of \(1 \times 1\) m\(^2\) and 6 m tall (see Figure 26) is clamped on its
bottom face ($X_3 = 0$) and has an initial uniform velocity given by

$$v(X, t = 0) = 10 \left( \frac{\sqrt{3}}{2}, \frac{1}{2}, 0 \right) \text{ m/s } \text{ if } X_3 > 0.$$  

The bar is left oscillating freely in time and a Neo-Hookean material is chosen such that Young’s modulus $E = 1.7 \times 10^7$ Pa and density $\rho_0 = 1.1 \times 10^3$ kg/m$^3$. To assess the ability of the algorithm in near incompressibility limit, a range of Poisson’s ratios will be examined.

Figure 27 shows the evolution in time of the deformed shape for a mesh discretisation of $2 \times (2 \times 2 \times 12)$ elements, $\alpha_{CFL} = 0.4$ and a Poisson’s ratio $\nu = 0.495$. Figure 27a shows the solution simulated using the upwind $p-F$ FVM, in which non-physical hydrostatic pressure modes are clearly seen. As it is proven in [5], this can be overcome by adding the volume map conservation law (65c) into the existing two-field $p-F$ formulation. The flexibility associated with the volumetric deformation is further enhanced by adding extra velocity stabilisation (65c). This will alleviate the hydrostatic pressure oscillations typically appeared in nearly incompressible deformations. However, this was not the case with $p-F$ formulation, since no velocity correction (see equation (66)) can be added with the aims at satisfying the involutions. For this reason, a sequence of locking-free deformed states modelled
Figure 20: L-shaped block. Evolution in time of deformation and pressure distribution. Neo-Hookean material with material properties $\mu = 1.925 \times 10^4$ Pa, $\lambda = 2.885 \times 10^4$ Pa and $\rho_0 = 1.0 \times 10^3$ kg/m$^3$. Upwind spatial discretisation using a linear tetrahedral mesh of 388 nodes and $\alpha_{CFL} = 0.4$. 

$t = 2.50$ s  $t = 5.00$ s  $t = 7.50$ s

$t = 10.00$ s  $t = 12.50$ s  $t = 15.00$ s
Figure 21: L-shaped block. Neo-Hookean material with material properties \( \mu = 1.925 \times 10^4 \text{ Pa}, \lambda = 2.885 \times 10^4 \text{ Pa} \) and \( \rho_0 = 1.0 \times 10^3 \text{ kg/m}^3 \). Upwind FVM and \( \alpha_{CFL} = 0.4 \). Conservation of linear momentum \( \mathbf{p} = [L_1, L_2, L_3]^T \) and angular momentum \( \mathbf{A} = [A_1, A_2, A_3]^T \) for a mesh of 388 nodes.

using the enhanced \( \mathbf{p}-\mathbf{F} - \mathbf{J} \) upwind FVM is depicted in Figure 27b, showing smooth pressure distribution without spurious modes. Figure 28 shows the robustness of the \( \mathbf{p}-\mathbf{F} - \mathbf{J} \) upwind FVM formulation by comparing the solution at time \( t = 2.45 \text{ s} \) (i.e. two and a half cycles) with three different values of Poisson’s ratios: \( \nu = 0.45, \nu = 0.495 \) and \( \nu = 0.4995 \) and the same spatial and temporal discretisations as in the previous example. It is worth pointing out that these solutions are obtained with only two elements across the thickness, without exhibiting detrimental locking difficulties. This would not be possible with either the JST discretisation [1] or any classical displacement based formulations in bending dominated nearly incompressible deformations.

7.9. Twisting column

This example examines the robustness of the proposed \( \mathbf{p}-\mathbf{F} - \mathbf{J} \) upwind FVM when dealing with problems involving highly nonlinear large deformations [5]. A squared section column of 1 m side length and 6 m height is clamped on its bottom and subjected to an initial rotational velocity field given by

\[
\mathbf{v}(\mathbf{X}, t = 0) = \mathbf{\omega}_0 \times \mathbf{X}; \quad \mathbf{\omega}_0 = \left[0, 0, \Omega \sin \left(\frac{\pi X_3}{2L}\right)\right]^T.
\]
Figure 22: L-shaped block, distribution of the normalised norm of the vector resulting from the difference between the modified edge forces, and the original edge forces, $\frac{\|f_k - \hat{f}_k\|}{\|f_k\|}$. The plot shows the average at the nodes from its surrounding edge values. Neo-Hookean material with material properties $\mu = 1.925 \times 10^4$ Pa, $\lambda = 2.885 \times 10^4$ Pa, $\rho_0 = 1.0 \times 10^3$ kg/m$^3$. Upwind spatial discretisation using a linear tetrahedral mesh of 388 nodes and $\alpha_{CFL} = 0.4$. 
Figure 23: L-shaped block, evolution of the $L^2$ norm of the edge forces (blue) against the $L^2$ norm of the modification of the edge forces (red). The bottom plot shows a zoomed version of the above plot. Neo-Hookean material with material properties $\mu = 1.925 \times 10^4$ Pa, $\lambda = 2.885 \times 10^4$ Pa, $\rho_0 = 1.0 \times 10^3$ kg/m$^3$. Upwind spatial discretisation using a linear tetrahedral mesh of 388 nodes and $\alpha_{CFL} = 0.4$. 
Figure 24: L-shaped block. Evolution in time of deformation and pressure distribution. Neo-Hookean material with material properties $\mu = 1.925 \times 10^4$ Pa, $\lambda = 2.885 \times 10^4$ Pa and $\rho_0 = 1.0 \times 10^3$ kg/m$^3$. Upwind spatial discretisation using a linear tetrahedral mesh of 1178 nodes and $\alpha_{CFL} = 0.4$. 
Figure 25: L-shaped block. Neo-Hookean material with material properties $\mu = 1.925 \times 10^4$ Pa, $\lambda = 2.885 \times 10^4$ Pa and $\rho_0 = 1.0 \times 10^3$ kg/m$^3$. Comparison of the total numerical energy using the upwind FVM for two different meshes of 388 and 1178 nodes.

Figure 26: Three dimensional bending column.
Figure 27: Bending column. Evolution in time of deformation and pressure distribution: (a) Upwind $p-F$ formulation; and (b) Upwind $p-F-J$ formulation. Neo-Hookean material with material properties $E = 1.7 \times 10^7$ Pa, density $\rho_0 = 1.1 \times 10^3$ Kg/m$^3$ and $\nu = 0.495$. Linear tetrahedral mesh of $6 \times 2 \times 2 \times 12$ and $\alpha_{CFL} = 0.4$. 
Figure 28: Bending column. Comparison of the deformed shape at time $t = 2.45$ s for three different Poisson ratios. Neo-Hookean material with material properties $E = 1.7 \times 10^7$ Pa and density $\rho_0 = 1.1 \times 10^3$ kg/m$^3$. Upwind spatial discretisation of the $p-F-J$ formulation using a linear tetrahedral mesh of $6 \times 2 \times 2 \times 12$ and $\alpha_{CFL} = 0.4$.

Figure 29: Setup of the column twist problem.
This problem is modelled using a compressible Mooney-Rivlin material with parameters $\alpha = \beta = \frac{\mu}{4}$ (see equation (9)). Material properties are Young’s modulus $E = 1.7 \times 10^7$ Pa, material density $\rho_0 = 1.1 \times 10^3$ kg/m$^3$ and Poisson’s ratio $\nu = 0.3$.

For benchmarking purposes, we simulate the exact same problem using available methodologies, namely the JST $pFJ$ formulation [1] and the stabilised $pFJ$ Petrov-Galerkin formulation [5]. Figure 30 shows a series of snapshots using three different discretisation techniques: JST, stabilised Petrov-Galerkin and Upwind FVM. It can be clearly seen that, with the same number of meshes ($6 \times 6 \times 6 \times 36$ elements), the upwind FVM solution resembles the one obtained using the Petrov-Galerkin formulation. In the case of the JST algorithm, a finer mesh of $6 \times 12 \times 12 \times 72$ linear tetrahedral elements is required in order to obtain similar results, due to the higher numerical dissipation introduced by the scheme. All examples are simulated using $\alpha_{CFL} = 0.4$

8. Conclusions

In this paper, a new computational framework adapted from CFD has been presented for the numerical analysis of shock and nearly incompressible bending dominated scenarios for both isothermal and non-isothermal materials. The methodology is based on a system of first order conservation laws, where the linear momentum $p$, the deformation gradient $F$, the Jacobian of the deformation $J$ and the total energy $E$ are regarded as four primary conservation variables in this mixed approach. To complete the above system, a Mie-Grüneisen equation of state associated with volumetric deformation is presented for thermo-elastic materials. A thorough study of the eigenstructure analysis of the full system is presented ensuring the satisfaction of the rank one convexity condition.

From the spatial discretisation point of view, a second order edge-based upwind Finite Volume Method (FVM) typically used in the field of fluid dynamics is presented. In this paper, an acoustic Riemann solver derived from the associated Rankine-Hugoniot jump conditions is used. To this end, a comprehensive list of numerical examples in one, two and three dimensions has been presented. The overall methodology shows excellent behaviour in both shock-related hydrodynamics problems [55, 89, 96–98] and bending dominated nearly incompressible solids.
Figure 30: Twisting column. Evolution in time of deformation and pressure distribution: (a) JST $p-F-J$ formulation (6 × 12 × 12 × 72); (b) Stabilised $p-F-J$ Petrov-Galerkin formulation (6 × 6 × 6 × 36); and (c) Upwind $p-F-J$ FVM (6 × 6 × 6 × 36). Compressible Mooney-Rivlin material with parameters $\alpha = \beta = \frac{\mu}{4}$, $E = 1.7 \times 10^7$ Pa, $\rho_0 = 1.1 \times 10^3$ kg/m$^3$ and $\nu = 0.3$. 
The consideration of an iterative Riemann solver [99] to further enhance the robustness of the formulation is the next step of our work along with an alternative Runge-Kutta time integrator tailor-made to preserve angular momentum without the need to employ a posteriori projection procedure.

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